



# Sherman Oaks Hospital

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HOSPITALS®**  
2018



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# 2019 SHERMAN OAKS HOSPITAL COMMUNITY HEALTH NEEDS ASSESSMENT

## EXECUTIVE SUMMARY

The 2019 Sherman Oaks Hospital (**SOH**) Community Health Needs Assessment (**CHNA**) updates the hospital's 2016 CHNA, and updates conditions found in the community as of 2019. As the process of reviewing and analyzing community needs has progressed, it is clear that while changes have occurred in the San Fernando Valley as a whole, and in Sherman Oaks Hospital's immediate area, the changes have not been uniform throughout the valley.

This Community Health Needs Assessment incorporates data from area-wide analyses provided by the Los Angeles County Department of Public Health (**LADPH**) *Strategic Plan 2013-2017 (Strategic Plan)* as well as more focused data concentrating on the area immediately surrounding SOH. Some data is not directly comparable between the two areas, but each discussion provides insight into needs found in the SOH service area.

The larger study incorporates zip codes located mostly in the San Fernando Valley, and described by the LADPH as the County of Los Angeles' Service Planning Area 2 (**SPA 2**). It is shown in the following map of Los Angeles County. SOH's approximate location is shown in red.

### San Fernando Valley

**Service Planning Area 2, or SPA 2, serves the communities of Burbank, Calabasas, Canoga Park, Canyon Country, Encino, Glendale, La Cañada-Flintridge, San Fernando, Sherman Oaks, Sun Valley, Van Nuys, Woodland Hills, and others.**



While Sherman Oaks and its surrounding communities are nearly at the center of this area, the community of clients for Sherman Oaks Hospital is a much smaller area. Los Angeles County performed a County Health Survey in 2015 which is very similar to the surveys conducted by KeyGroup and its cooperating agencies in 2016. The results of both surveys are presented along with comments relating the two.

Sherman Oaks Hospital contracted KEYGROUP to oversee the process of developing a CHNA directly addressing needs in Sherman Oaks Hospital's service area. This CHNA is designed to comply with California's Senate Bill 697 (**SB 697**) and to meet the requirements under the Patient Protection and Affordable Care Act (**ACA**). KEYGROUP also studied Valley Care Community Consortium's (**VCCC**) 2016 Community Health Needs Assessment. This document covers the entire SPA 2 area, and provides a higher-level view of needs in the general area. VCCC has over 15 years of

experience in conducting CHNAs in the San Fernando Valley and has significant research expertise that harnesses the collective wisdom of its membership representing multiple institutions and disciplines. To better understand the health needs in the hospital service area, KEYGROUP and VCCC reviewed numerous state and county sources. A local literature review was conducted, and community assets and resources were documented. This analysis process concentrated on the whole of SPA 2, and uses data from various years.

KEYGROUP also obtained data from focus groups, surveys and data analysis focusing on Sherman Oaks Hospital's Primary Service Area (PSA). This area is defined as the zip codes from which more than 50% of all discharges originate. This analysis allows for more concentrated focus on needs nearest the hospital, and on health needs that the hospital is most able to address. A map of the PSA as defined by 74% of all discharges in 2018 is shown below.



Health needs in the SPA 2 area were identified by KEYGROUP and VCCC through focus groups, key informant interviews and surveys conducted in 2016 and 2019. Additional data was obtained from Speedtrack and Stratasan, data sources which obtain utilization information directly from hospitals and aggregate it, while still allowing for small-area analysis with permission from specific hospitals. SOH provided permission and obtained the data directly. This data on utilization of various hospital services is hospital specific. Some utilization patterns for SOH differ from those of SPA 2 as a whole.

Surveys for all of SPA 2 were obtained, and KEYGROUP conducted additional surveys of local respondents. This data was analyzed in terms of overall SPA 2 responses and by segregating the responses from the SOH PSA.

Focus Group interviews were conducted by KEYGROUP, with the KEYGROUP focus group concentrating on issues most important to local participants. Interviews produced a variety of perceived needs, which were reviewed and winnowed down to the most immediate health needs for the SPA 2 and for SOH's PSA. The relative importance of various needs differed between the SPA 2 and PSA. Summaries for

immediate health needs are provided below, listed in order from highest to lowest priority as listed by respondents in the SOH PSA. Their relative importance for SPA 2 recipients is noted where appropriate, and the remaining items in the SPA 2 top list are discussed following the SOH items.

KEYGROUP has conducted focus group surveys and individual phone interviews with representatives of area health agencies, social service providers, and local government organizations (collectively, **Key Informants**). Over 35 health needs were suggested by the Key Informants, and winnowed down to the five considered most important by the focus group participants.

Preliminary results of interviews indicate a predominance of several issues noted by respondents. These issues represent both community health problems as a group, and individually they represent opportunities for the hospital to provide improvements. They are outlined below

1. **Hospital Services Marketing and Outreach** – Many respondents felt strongly that the area’s population was not fully aware of services provided by the hospital, both on site and in the community. This issue generated the most discussion, and much of the brainstorming focused on ways to correct this perception.
2. **Mental Health** – This is another category that generated many related ideas, so they were consolidated into this general category. Among issues related to mental health was a need for inpatient mental health services, problems with substance abuse that intersected general mental health problems, and issues related to acute physical problems presented at the Emergency Department which are related to mental health problems suffered by the patient.
3. **Community Services Awareness** – While various providers and organizations in the SOH area provide a range of services to address specific needs, there is no one definitive source that provides both listings for all of these services and also makes referrals where appropriate. While the hospital is well versed in agencies which serve clients being discharged from the hospital, there are numerous organizations that can provide additional services that assist discharged patients in continuing their recovery after the hospital stay. There are also organizations dedicated to resolving seemingly small problems that, if not addressed, can lead to physical symptoms that require hospitalization. In many cases, these problems are common to people who have been recently hospitalized or have called 911 for emergency services on a regular basis. Finding solutions to the problems that push these people to the hospital has potential to minimize the number of residents needing hospitalization.
4. **Homeless Issues** – The problem of homeless populations in the hospital’s service area is larger than the hospital can resolve on its own, but as a point of initial contact with many homeless people, the hospital can serve as a referral and coordination resource to assist homeless service agencies in providing solutions to those who need them.
5. **Chronic Care Management** – Many of the ills that are common in the area’s population, such as diabetes, obesity, high blood pressure, and cardiac disease are lifestyle- and chronic-disease related, so although they typically present at the hospital in acute status, they are controllable in outpatient settings once the patient is stabilized. Many healthcare organizations are starting to address these Social Determinants of Health (**SDOH**), realizing that managing the conditions that create the health

problems can be done in home-based settings. The hospital has a vested interest in assisting other providers to manage their clients, to minimize the number of re-admissions and complications that compromise patient health.

These five issues were raised by SOH's focus groups, and variations of some of them are present in the VCCC data from SPA 2. The SPA 2 Focus Group's top ten data also identified some additional issues that affect the greater San Fernando Valley area and residents of SOH's PSA.

1. **Obesity** – Although not a specific disease, obesity is a risk factor to other chronic diseases such as hypertension, high cholesterol, heart disease, and diabetes. It is most often addressed by lifestyle changes, but clinical interventions such as bariatric surgery are becoming more common. Unfortunately, the prevalence of obesity is also growing, making it a significant public health issue.
2. **Cancer** - Cancer is one of the leading causes of death in the U.S. Various types of cancer were three of the top ten causes of death in the *Strategic Plan 2017*. Cancers can occur in nearly every bodily system, and each type presents unique issues and treatment options. Since each type is tracked separately, the overall impact is understated by the three top causes in the top ten list. The fact that each type of cancer is unique also provides niches allowing hospitals and physicians to specialize in various treatments.
3. **Hypertension** – Hypertension is often grouped with heart disease, although it is a separate issue, related to constricted blood vessels that cause the heart to work harder to pump blood throughout the body. It is treatable with changes in diet, lifestyle, and if needed, drugs.
4. **Substance Abuse Disorder** – This category subsumes multiple “substances”, including alcohol, opiates, prescription drugs used off-label, and others, each of which has specific health problems associated with its use. The common factor is that the user does not or cannot control his/her consumption of the substance and thus is amenable to treatment. Each treatment course is unique to the specific problem, but all programs seek to wean the user from the drug and promote a lifestyle free from the abused product.
5. **Access to Primary Care** – Many of the visits to Emergency Departments result from illnesses or injuries that could be easily treated in a physician's office or clinic, if one were available. Since many area residents do not have a family physician, and many medical problems occur outside of normal office hours, the ED becomes the primary care provider, at great expense to the client and to the hospital. Provisions of the Affordable Care Act attempt to remedy this problem by getting more residents insured, and connected to a Primary Care Provider (PCP). But while more people have a physician to call, the office hours for most physicians are still limited, and the stock answer to a phone call to almost any physician's office includes a referral to the nearest emergency room if the call is of a critical nature, or if the office is closed at the time of the call.

6. **Poverty** – Like Obesity, poverty is not a specific disease, but its presence increases the odds that some ailment will occur. Poverty manifests as difficult lifestyle choices that put people in danger of medical crises such as diabetes, hypertension, and heart attacks, among other ailments. Areas with high poverty rates often have higher crime rates, and fewer sources of healthy food, with an accompanying excess of less-healthy eating options. For the unemployed in poverty, the cost of health insurance is often unmanageable, and despite California’s attempts to draw these residents into MediCal programs or other insurance options, the combination of difficulty getting qualified for benefits and the costs of obtaining care, are still high hurdles for many.

The issues above are the consensus issues from many sources that merit the most consideration by hospitals in the area. Each hospital has differing abilities to address each issue. Sherman Oaks Hospital’s Implementation Plan will focus on the issues related to access, mental health and cardiac care.

## ACKNOWLEDGMENTS

This CHNA 2019 is the result of the commitment and efforts of many individuals who contributed time, expertise and resource to create a comprehensive and effective community assessment. Special thanks go to the Steering Committee and the Advisory Committee members, the staff at Sherman Oaks Hospital, Community leaders and organizations that participated in our interviews and members of the community that took the survey and shared their experiences and information for the benefit of this assessment.

Many data sources were utilized in developing the health profile for the Sherman Oaks Hospital Primary Service Area and larger comparison areas. Data from the U.S. Census Bureau underlies much of the information presented, but several agencies and providers have done important analysis on the Census data, and results of their work are included throughout this document. Important sources include:

- Speedtrack's hospital-specific website, where permitted by Sherman Oaks Hospital
- Stratasan database, with data extracted and provided by Sherman Oaks Hospital
- Community Commons.org website
- American Community Survey section of the U.S. Census website
- Dignity Health Community Need Index
- Valley Community Care Consortium. The Service Planning Area 2 of Los Angeles County data was generated by VCCC from the Community Commons platform website. Updates from the CommunityCommons.org website were used where updates were available.
- The Los Angeles County Department of Public *Health's Strategic Plan 2013-2017*
- The UDS Mapper website



## METHODOLOGY

### Primary Data

Primary data was collected utilizing various methods, such as key informant interviews, focus groups with both health professionals and community residents, and written surveys obtained from residents in the area

#### *Key Informant Interviews:*

Key informant interviews were conducted for Sherman Oaks Hospital service area. Each interview lasted between 15 to 45 minutes. The key informants included individuals from the Los Angeles County Departments of Health, Mental Health, and Public Health, as well as public health experts from academia, local hospitals, and clinics. For the key informant interview questionnaire please refer to **Appendix D**.

#### *Focus Groups:*

Utilizing a focus group facilitation guide, a two-hour focus group was conducted with 34 community members, leaders, and service providers. The community stakeholders that participated in the CHNA represented the broad interests of the community, and included public health experts and other individuals knowledgeable about the health needs found in the community.

For a copy of the facilitation guide and focus group questions, please refer to **Appendix D**.

#### *Community Surveys:*

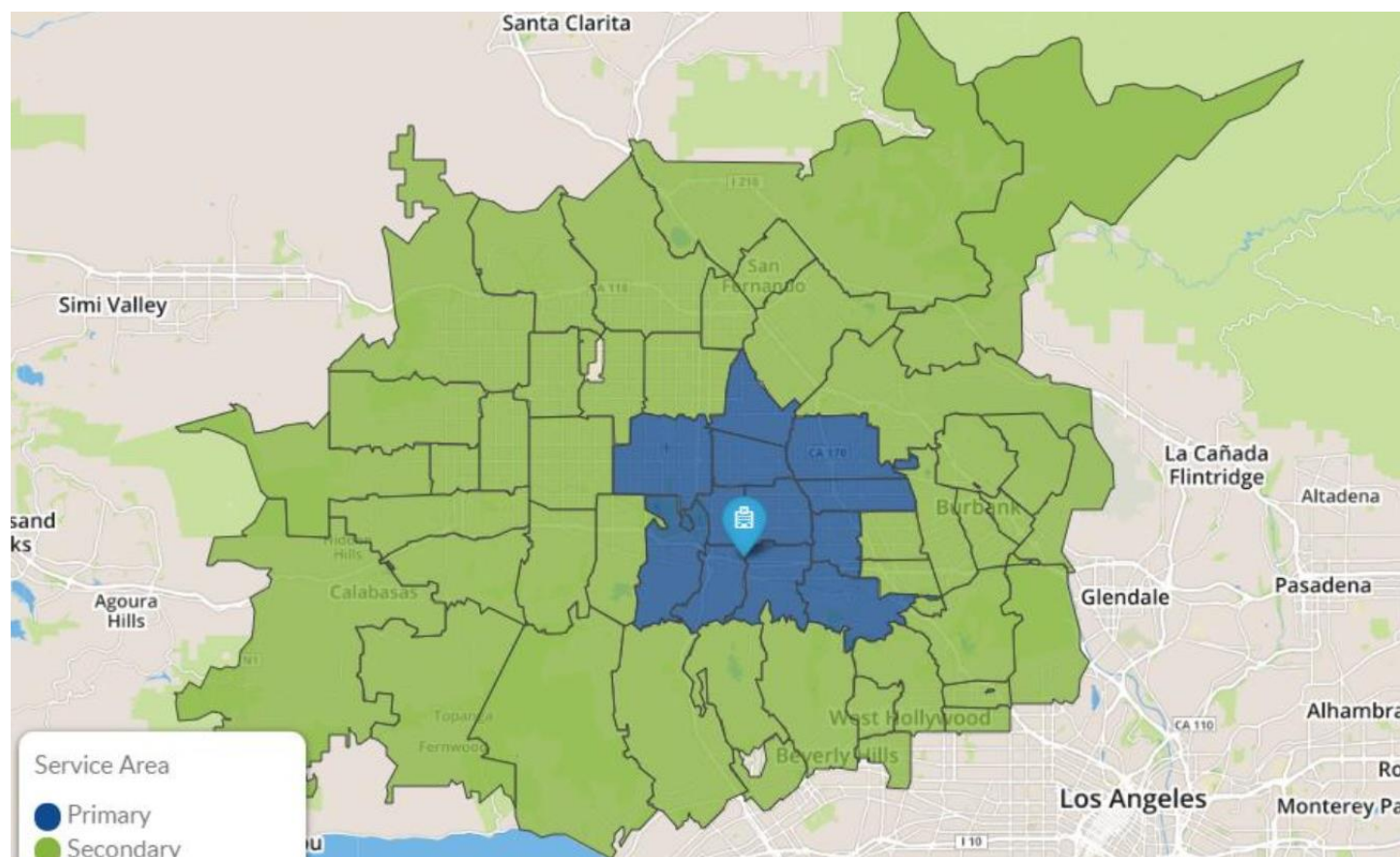
A total of 203 written surveys were administered to participants by KeyGroup and SOH staff. Most of the surveys were solicited from shoppers in the business districts surrounding SOH, with others coming from attendees at SOH's farmers market, and additional surveys solicited from meetings of civic groups, churches and other community organizations.

### Secondary Data

Secondary data was retrieved through a review of publicly-collected demographic and health statistics. Except on rare occasions, data was retrieved via electronic data searches. Demographic data such as age, ethnicity, income, insurance, disease prevalence, and five-year projected estimate information was extracted from the Census Bureau information found in the American Community Survey section of the Census website. Some portions were quoted from various documents that analyzed census data and are cited as used. Additional data on education attainment, region of birth, grandparents caring for their grandchildren, and English proficiency was gathered from the U.S. Bureau of Census (American Factfinder). In addition, the Dignity Health (DH) Community Need Index (CNI) tool was reviewed to assist with the identification of high need areas. Information for this report consisted of both secondary and primary data, and therefore the collection of data came from multiple sources.

Data gathered was analyzed using methods such as grouping and statistical analysis. Data was grouped according to health conditions, co-morbidities, age, gender, and ethnicity, in addition to other specific needs for the CHNA report. The zip code level data collected was used to compare various communities in the Sherman Oaks Hospital service area service area. This comparative data was analyzed to determine areas of disparity in the SOH PSA compared to the larger areas used for comparison. Where significant deviations from the large area norms were found, they are presented to show the important disparities between communities. Where the SOH PSA is similar to the larger areas, the large area data is presented as representative of the SOH PSA. It should be noted that many health conditions were not covered by the various sources, so direct comparison was not always possible.

## HOSPITAL AREA DEFINITION



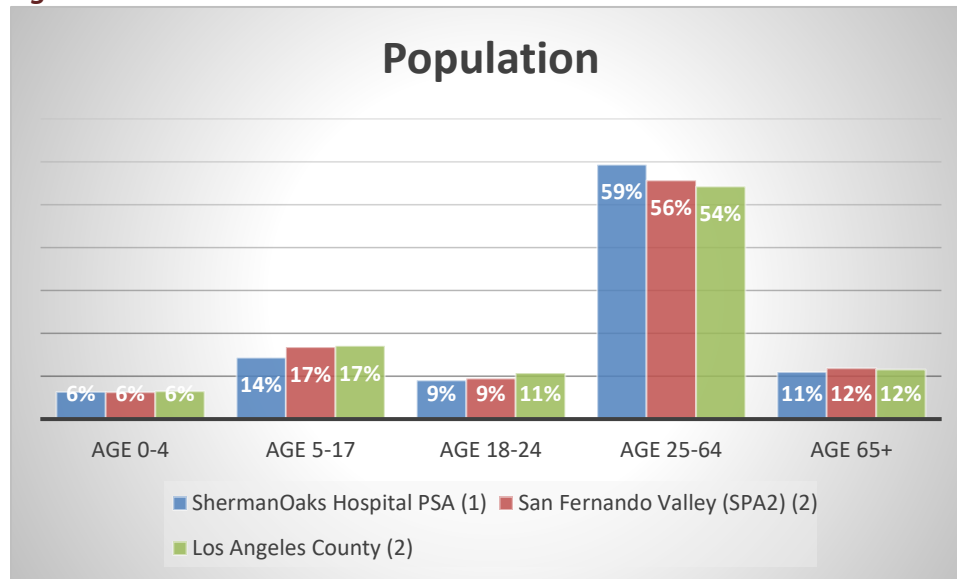
The hospital's service area spans communities and unincorporated areas in the San Fernando Valley and Los Angeles County. While definitions can vary regarding service areas, over 70% of all discharges from SOH in 2017 originated from only 11 zip codes. Concentrated along the southern edge of the San Fernando Valley, They include: Encino (91436), North Hollywood (91605, 91606),

Panorama City (91402) Sherman Oaks (91403, 91423), Studio City (91604), Valley Village (91607), and Van Nuys (91401, 91403, 91405, 91406, 91411). This area is mapped here (blue area), along with the secondary market area, which includes all zip codes which received more than one percent of all discharges. Together, the two areas account for more than 90% of all discharges.

## COMMUNITY PROFILE

### Demographic Data

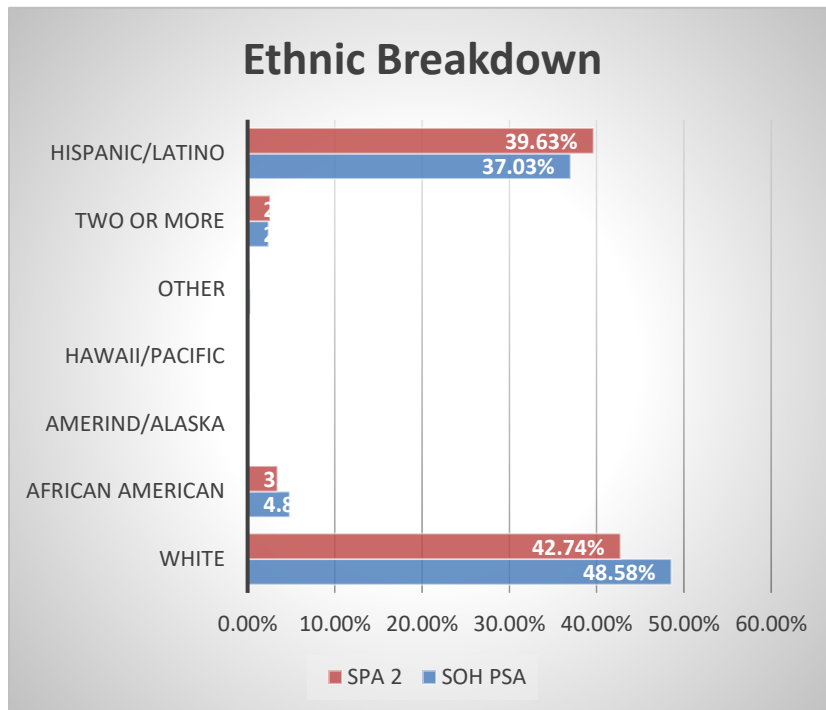
#### Age and Gender



Sherman Oaks Hospital Primary Service Area covers 11 zip codes in the San Fernando Valley area of Northern Los Angeles County, and is home to more than 278,000 residents. Data gathered from the 2010-2017 U.S. Census American Community Survey estimates show that male and female populations are split almost equally.

The SOH PSA shows the greatest concentration of residents in the working ages (25-64) compared to SPA 2 or Los Angeles County, and correspondingly lower proportions of residents in other groups.

Out of the total Sherman Oaks Hospital PSA population (278,668), 11% are adults 65 year or older. About 3% (8,859) are older adults ages 80 plus.



### ***Ethnicity***

The ethnic composition of the Sherman Oaks Hospital PSA is largely White (49%) followed by Hispanic/Latino (37%), African-American (4%) and Two or More Races (3%). All other groups represent less than one percent of all residents.

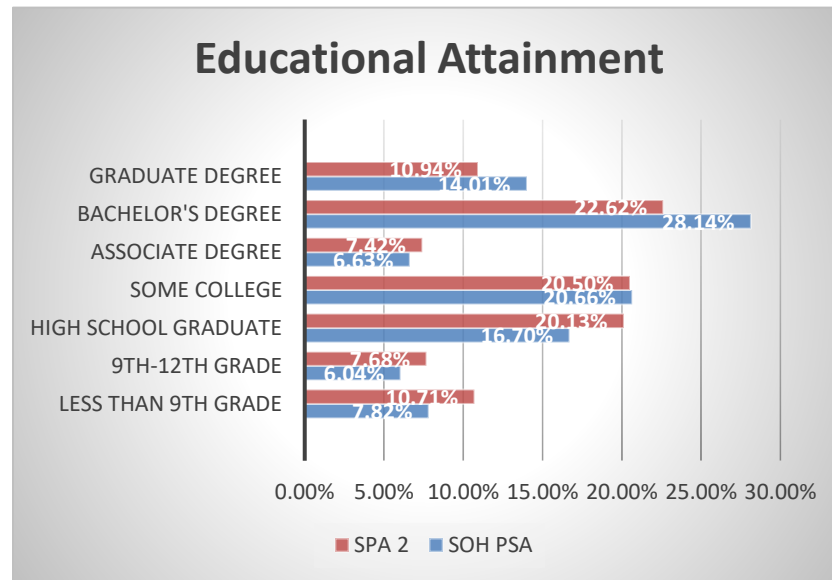
The mix of dominant ethnicities in SPA2 is slightly different, with Hispanic/Latino representing a larger proportion of the total population (40%), almost equal to the White component (43%).

### ***Education Attainment***

Education plays a very significant role in all aspects of life, including maintaining a healthy lifestyle. In the Sherman Oaks Hospital PSA, the highest percentage of adults 25 years or older are those with a Bachelor's degree, and the PSA shows a slightly higher proportion of college graduates than SPA 2 as a whole.

Low literacy levels create barriers for gaining employment. Lack of employment and employer paid health insurance causes problems for accessing health care services. While this issue is being addressed to an extent by the provisions of the Affordable Care Act, the 2017 data do not address the change that has occurred in the past two years, so it is considered non-indicative of current conditions.

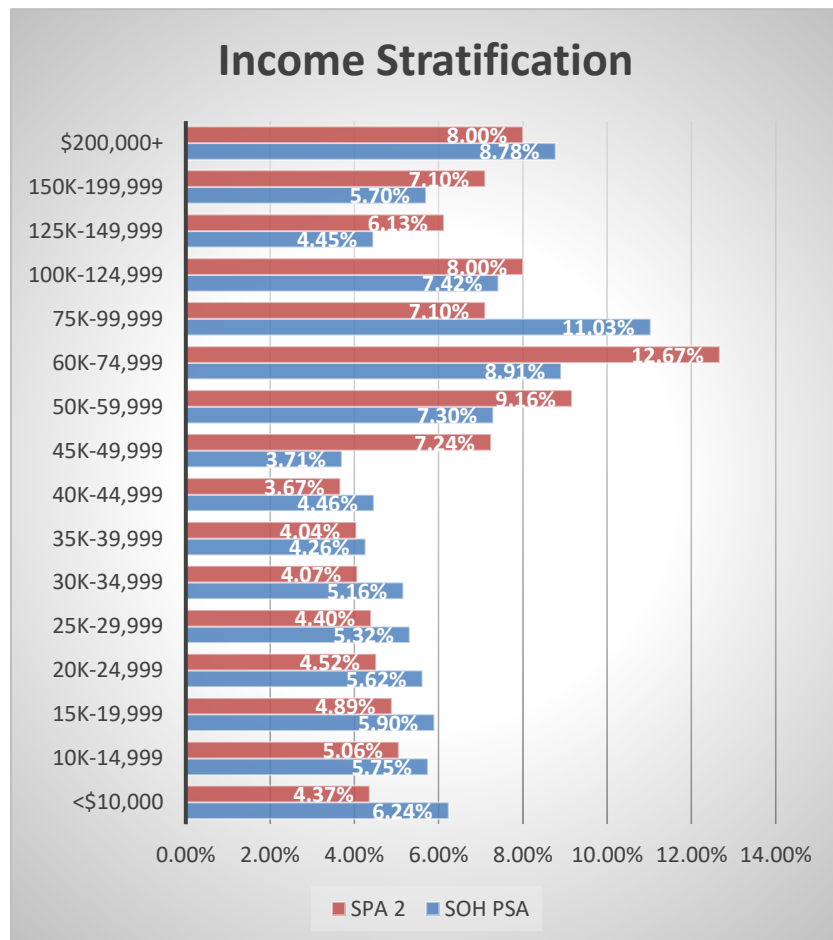
## Education Attainment



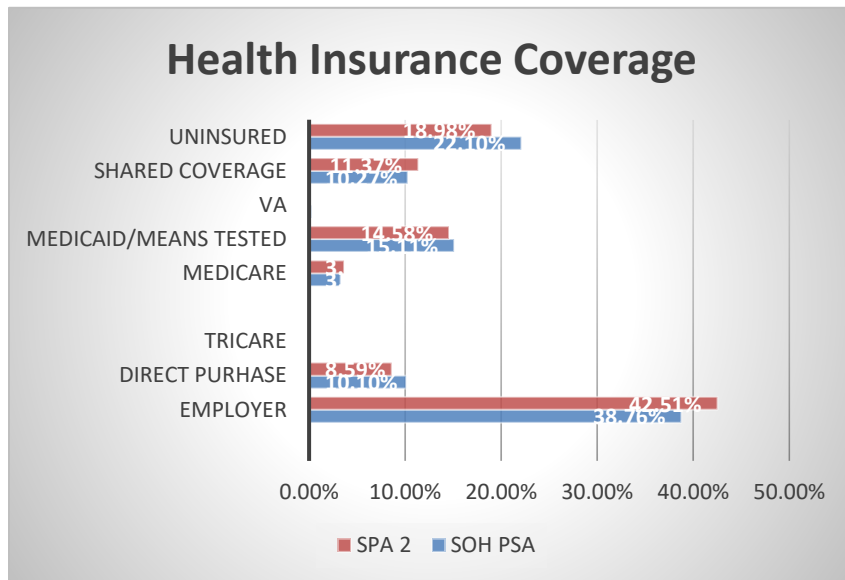
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## Income Level



Low income levels create obstacles to gaining access to medical services, purchasing healthy foods, and other necessities. As indicated, just over 6% of Sherman Oaks Hospital service area service area earns less than \$10,000 compared with slightly more than 4% of the residents in SPA 2. The lower-income brackets (\$10,000 – \$44,999) are also more greatly represented. However, the highest income group is better represented in the SOH PSA than in SPA 2, and the largest stratum of incomes in the SOH PSA (\$75,000 - \$99,000) is one category higher than in SPA 2.



### Health Insurance

Employer-paid insurance coverage is the dominant form of insurance in both the SOH PSA and SPA2. Out of the total PSA population approximately 39% of people have employer-paid coverage, with another 10% purchasing their coverage directly. The percentages are shifted slightly in SPA2, with 43% in employer plans and 9% buying direct. Medicaid and Medicare use are nearly identical, with MediCal at 15% in the PSA and 15% in SPA2. Medicare rates are within a percentage point at 3% for the PSA and 4% for SPA 2. The uninsured population in the PSA is significantly higher, with 22% of residents reporting no coverage vs, 19% in SPA 2. These figures should be expected to change when more recent data is reported, as there is an active program to enroll as many people as possible in some sort of coverage.

Although no specific data has been released for 2016 or 2017, it has been reported in various news articles that roughly one-third

of all Californians are now MediCal enrollees. This is nearly two- and one-half times the numbers reported for 2014. If the percentage holds true for the PSA and SPA 2, the number of uninsured residents should decline substantially.

### Crime Statistics

The crime data presented here provides Compstat data, drawn from the database that the Los Angeles Police Department (**LAPD**) uses to track crime statistics. New reports are filed monthly for each division of LAPD, and are available for public viewing at [www.lapdonline.org/assets/pdf/vnysprof.pdf](http://www.lapdonline.org/assets/pdf/vnysprof.pdf). The chart shown is as seen on the website of November 2019. It includes comparative data for the full year 2017, and stub period comparisons between 2018 and the same period of 2019. SOH's PSA is primarily located in LAPD/s Van Nuys Division, extending from roughly the 170 (Hollywood) Freeway on the east to the 405 Freeway on the west.

The LAPD provides monthly updates to its Compstat listings, which itemize crimes by type and time period for each division. The following chart for the Van Nuys division is as of November 2019. The most useful columns are the last three on the right, comparing year-to-date statistics for 2019 to those for 2017 and 2018. It is comforting to note that all violent and property crime rates have declined over the past two years.





# COMPSTAT

## Van Nuys Area Profile

11/03/19 to 11/30/19



**AREA**  
**COMMANDING OFFICER:** Charles P. Hearn  
 Rank: CAPT-III  
 Date of Rank: February 22, 2015  
 Date Assigned Area: August 5, 2018  
 LAPD Appointment Date: December 4, 1989



**PATROL DIVISION**  
**COMMANDING OFFICER:** Orlando T. Chandler  
 Rank: CAPT-I  
 Date of Rank: March 18, 2018  
 Date Assigned Area: November 25, 2018  
 LAPD Appointment Date: October 17, 1988

### CRIME STATISTICS for week ending 11/30/19

VIOLENT CRIMES	11/03/19 TO 11/30/19	10/06/19 TO 11/02/19	% Change	10/06/19 TO 11/02/19	09/08/19 TO 10/05/19	% Change	YTD 2019	YTD 2018	% Change	YTD 2019	YTD 2017	% Change
HOMICIDE	0	1	-100.0%	1	0	N.C.*	5	2	150.0%	5	8	-37.5%
RAPE (121,122)	1	2	-50.0%	2	0	N.C.*	10	23	-56.5%	10	60	-83.3%
RAPE(815,820,821)	1	1	0.0%	1	1	0.0%	14	28	-50.0%	14	32	-56.3%
<b>TOTAL RAPE</b>	<b>2</b>	<b>3</b>	<b>-33.3%</b>	<b>3</b>	<b>1</b>	<b>200.0%</b>	<b>24</b>	<b>51</b>	<b>-52.9%</b>	<b>24</b>	<b>92</b>	<b>-73.9%</b>
ROBBERY	24	20	20.0%	20	21	-4.8%	249	239	4.2%	249	256	-2.7%
AGGRAVATED ASSAULTS	39	39	0.0%	39	45	-13.3%	468	531	-12.2%	468	504	-7.5%
<b>TOTAL VIOLENT</b>	<b>65</b>	<b>63</b>	<b>3.2%</b>	<b>63</b>	<b>67</b>	<b>-6.0%</b>	<b>744</b>	<b>823</b>	<b>-9.5%</b>	<b>744</b>	<b>860</b>	<b>-13.5%</b>

PROPERTY CRIMES	11/03/19 TO 11/30/19	10/06/19 TO 11/02/19	% Change	10/06/19 TO 11/02/19	09/08/19 TO 10/05/19	% Change	YTD 2019	YTD 2018	% Change	YTD 2019	YTD 2017	% Change
BURGLARY	41	34	20.8%	34	33	3.0%	559	695	-19.6%	559	790	-29.2%
MOTOR VEHICLE THEFT	63	75	-16.0%	75	49	53.1%	588	660	-10.9%	588	664	-11.4%
BTFV	105	119	-11.8%	119	132	-9.8%	1,382	1,560	-11.4%	1,382	1,577	-12.4%
PERSONAL/OTHER THEFT	113	123	-8.1%	123	121	1.7%	1,586	1,569	1.1%	1,586	1,571	1.0%
<b>TOTAL PROPERTY</b>	<b>322</b>	<b>351</b>	<b>-8.3%</b>	<b>351</b>	<b>335</b>	<b>4.8%</b>	<b>4,115</b>	<b>4,484</b>	<b>-8.2%</b>	<b>4,115</b>	<b>4,602</b>	<b>-10.6%</b>
<b>TOTAL PART I</b>	<b>367</b>	<b>414</b>	<b>-6.5%</b>	<b>414</b>	<b>402</b>	<b>3.0%</b>	<b>4,859</b>	<b>5,307</b>	<b>-8.4%</b>	<b>4,859</b>	<b>5,462</b>	<b>-11.0%</b>

Child/Spousal Abuse (Part I & II)*	44	56	-21.4%	56	56	0.0%	661	681	-2.9%	661	673	-1.8%
SHOTS FIRED	2	6	-66.7%	6	3	100.0%	40	42	-4.8%	40	40	0.0%
SHOOTING VICTIMS	1	2	-50.0%	2	0	N.C.*	13	18	-27.8%	13	22	-40.9%

### ARREST STATISTICS for week ending 11/30/19

ARRESTS	11/03/19 TO 11/30/19	10/06/19 TO 11/02/19	% Change	10/06/19 TO 11/02/19	09/08/19 TO 10/05/19	% Change	YTD 2019	YTD 2018	% Change	YTD 2019	YTD 2017	% Change
HOMICIDE	0	1	-100.0%	1	2	-50.0%	12	17	-29.4%	12	21	-42.9%
RAPE	2	1	100.0%	1	1	0.0%	13	16	-18.8%	13	21	-38.1%
ROBBERY	11	6	83.3%	6	11	-45.5%	99	87	13.8%	99	87	13.8%
AGGRAVATED ASSAULT**	25	31	-19.4%	31	26	19.2%	398	418	-5.3%	398	432	-8.3%
BURGLARY	3	4	-25.0%	4	7	-42.9%	56	89	-18.8%	56	70	-20.0%
LARCENY	33	25	32.0%	25	23	8.7%	425	383	11.0%	425	336	26.5%
MOTOR VEHICLE THEFT	9	4	125.0%	4	10	-60.0%	100	108	-7.4%	100	98	4.2%
<b>TOTAL VIOLENT</b>	<b>38</b>	<b>39</b>	<b>-2.6%</b>	<b>39</b>	<b>40</b>	<b>-2.6%</b>	<b>520</b>	<b>538</b>	<b>-3.3%</b>	<b>520</b>	<b>561</b>	<b>-7.3%</b>
<b>TOTAL PART I</b>	<b>83</b>	<b>72</b>	<b>15.3%</b>	<b>72</b>	<b>80</b>	<b>-10.0%</b>	<b>1,101</b>	<b>1,098</b>	<b>0.3%</b>	<b>1,101</b>	<b>1,063</b>	<b>3.6%</b>
<b>TOTAL ALL ARRESTS</b>	<b>383</b>	<b>388</b>	<b>-1.3%</b>	<b>388</b>	<b>424</b>	<b>-8.6%</b>	<b>5,154</b>	<b>5,742</b>	<b>-10.2%</b>	<b>5,154</b>	<b>5,852</b>	<b>-11.9%</b>

\*Part II Child/Spousal Abuse Simple Assaults not included in Part I Aggravated Assaults above to comply with the FBI's Uniform Crime Reporting guidelines.

\*\*Statistics include domestic violence.

N.C. - Not Calculable

Statistics are based on the date the crime or arrest occurred.

Arrest statistics include arrests made by outside agencies.

## HEALTH STATUS IN SERVICE PLANNING AREA AND COMPARISON AREAS

Measuring the morbidity and mortality of the hospital service area will help to bridge the gaps in services, assessing the linkage between the social determinants of health and available assets in the community to improve the health outcome of the residents to whom the hospital provides services. In this section of the report, the health status of the communities will be discussed, and the prevalence of major health issues will be presented. The most current data available is reported by Community Commons, but it is only available at larger area levels, to preserve response anonymity. The data is presented as provided by Community Commons.

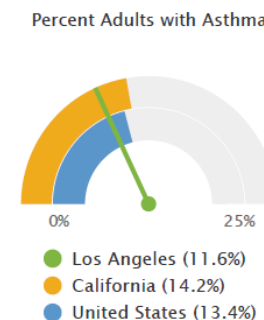
### *Asthma Prevalence*

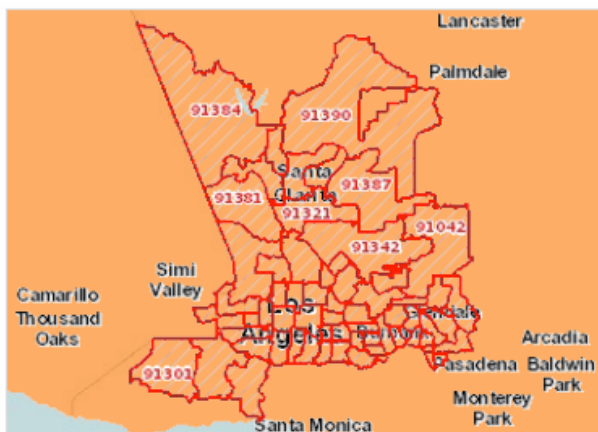
This indicator reports the percentage of adults aged 18 and older who self-report that they have ever been told by a doctor, nurse, or other health professional that they had asthma. This indicator is relevant because asthma is a prevalent problem in the U.S. that is often exacerbated by poor environmental conditions.

Report Area	Survey Population (Adults Age 18+)	Total Adults with Asthma	Percent Adults with Asthma
Los Angeles County, CA	6,424,385	742,635	11.6%
California	28,274,454	4,019,037	14.2%
United States	237,197,465	31,697,608	13.4%

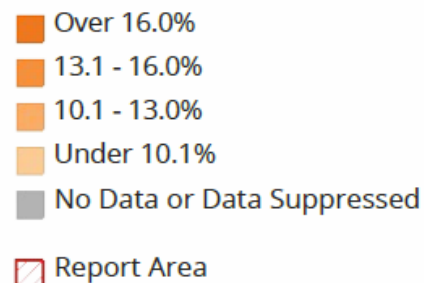
*Note: This indicator is compared to the state average.*

*Data Source: Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2011-12. Source geography: County*





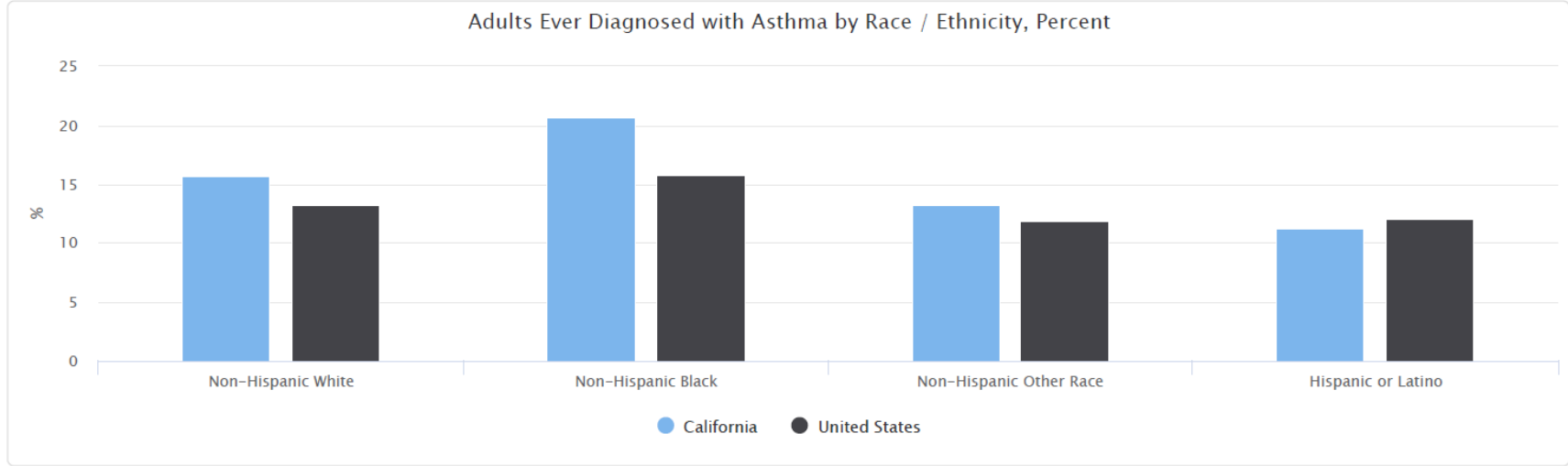
**Asthma (Diagnosed), Percentage of Adults Age 18 by County, BRFSS 2011-12**



### Adults Ever Diagnosed with Asthma by Race / Ethnicity, Percent

Report Area	Non-Hispanic White	Non-Hispanic Black	Non-Hispanic Other Race	Hispanic or Latino
California	15.62%	20.7%	13.19%	11.26%
United States	13.19%	15.75%	11.9%	12.02%

*Note: No county data available. See data source and methodology for more details.*



Source: Community Commons.org

## Cancers

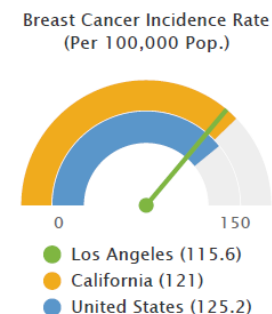
### Breast Cancer Incidence

This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of females with breast cancer adjusted to 2000 U.S. standard population age groups (Under Age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

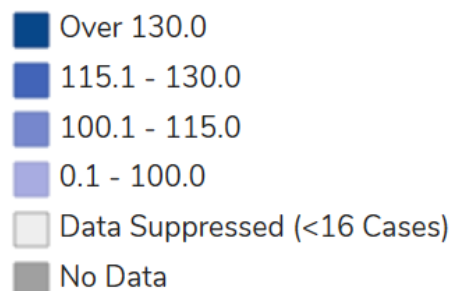
Report Area	Estimated Total Population (Female)	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
Los Angeles County, CA	555,276	6,419	115.6
California	2,154,958	26,075	121
United States	19,113,178	239,297	125.2

Note: This indicator is compared to the state average.

Data Source: State Cancer Profiles, 2012-16. Source geography: County



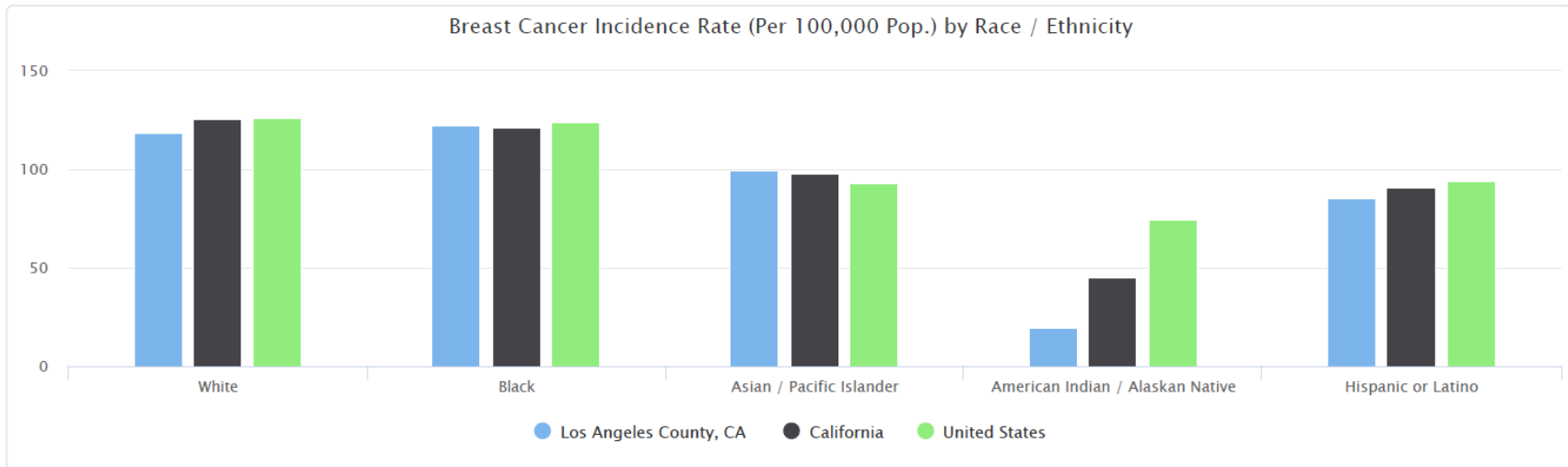
Breast Cancer,  
Incidence Rate (Per 100,000 Pop.) by  
County, State Cancer Profiles 2012-16



### Breast Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity

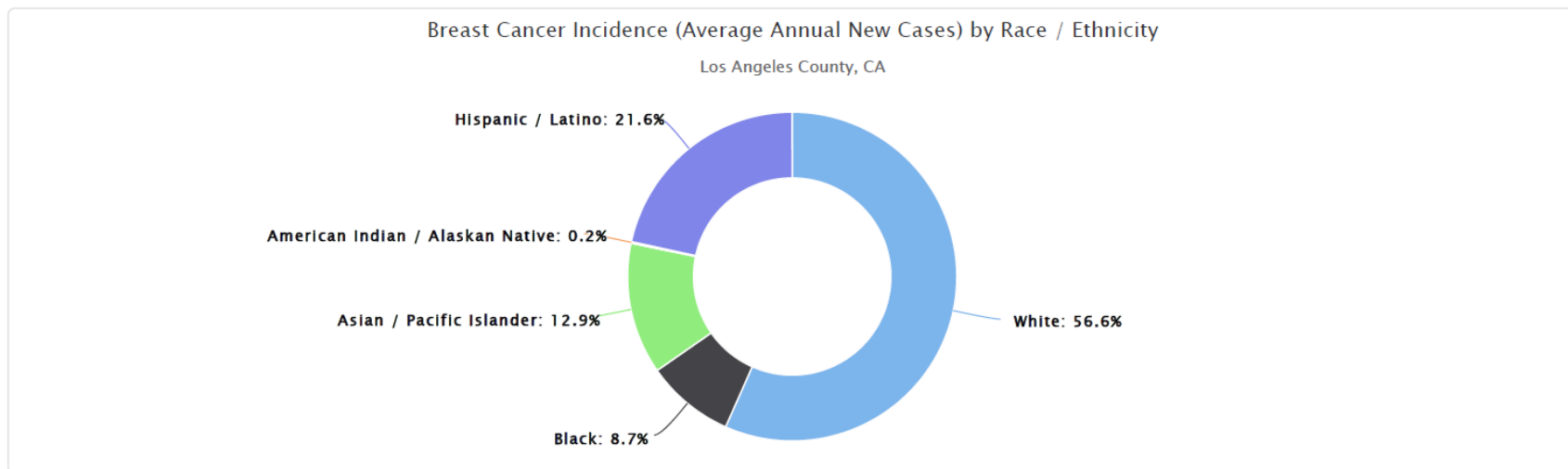
This table reports the age-adjusted breast cancer incidence rate for the 5-year period 2012-2016 by race and by Hispanic origin.

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	118.6	122.9	99.8	19.9	85.8
California	125.2	121.2	98	45.1	91.2
United States	126.1	124	93	74.2	93.9



### Breast Cancer Incidence (Average Annual New Cases) by Race / Ethnicity

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic / Latino
Los Angeles County, CA	4,575	702	1,043	14	1,743
California	20,323	1,701	3,569	138	5,158
United States	197,873	27,950	9,665	1,372	19,413



Source: Community Commons.org

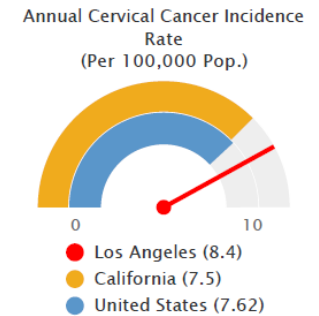
### Cervical Cancer Incidence

This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of females with cervical cancer adjusted to 2000 U.S. standard population age groups (Under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

Report Area	Estimated Total Population (Female)	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
Los Angeles County, CA	513,095	431	8.4
California	1,914,666	1,436	7.5
United States	16,137,921	12,299	7.62

Note: This indicator is compared to the state average.

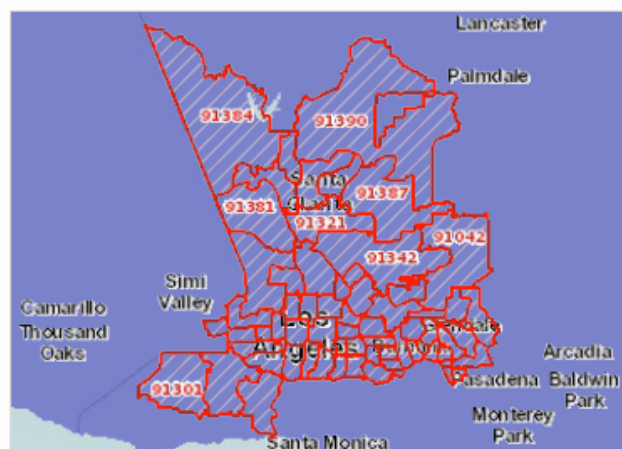
Data Source: [State Cancer Profiles, 2009-13](#). Source geography: County



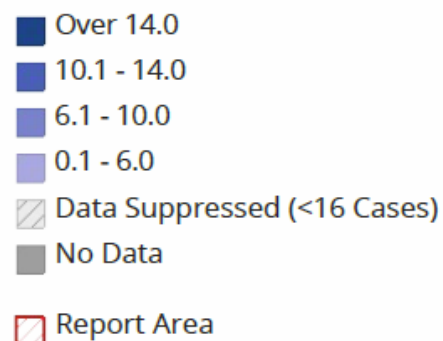
This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of females with cervical cancer adjusted to 2000 U.S. standard population age groups (Under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

It is important to note that this indicator is one of those where the Los Angeles incidence exceeds the comparison areas.



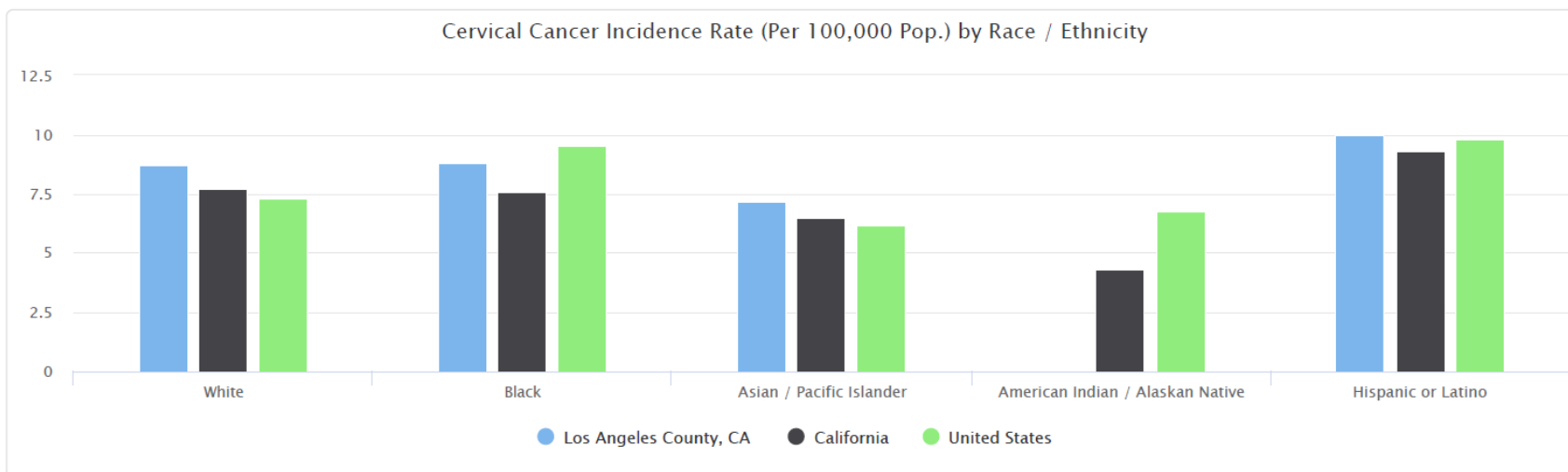


**Cervical Cancer, Incidence Rate (Per 100,000 Pop.) by County, State Cancer Profiles 2009-13**



### Cervical Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	8.7	8.8	7.2	No data	10
California	7.7	7.6	6.5	4.3	9.3
United States	7.3	9.5	6.2	6.8	9.8



### Cervical Cancer Incidence (Average Annual New Cases) by Race / Ethnicity

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic / Latino
Los Angeles County, CA	312	46	66	No data	203
California	1,097	101	208	13	532
United States	9,488	1,997	571	126	2,030

Source: Community Commons.org

### Colon And Rectal Cancers

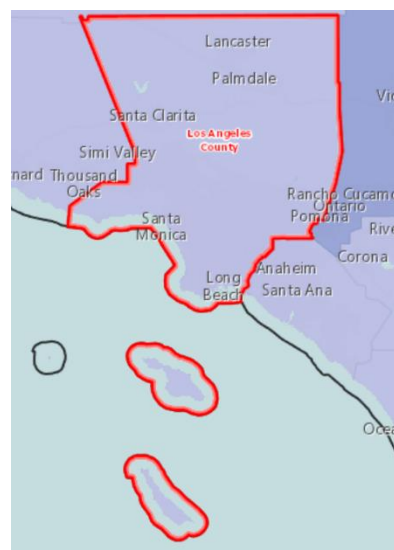
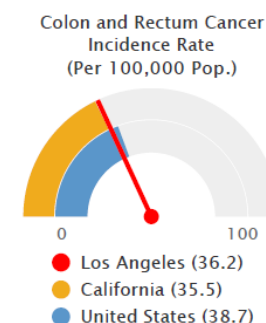
This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of colon and rectum cancer adjusted to 2000 U.S. standard population age groups (Under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

Note that the Los Angeles County incidence of colon and rectal cancers is slightly higher than the California rate, although it is lower than the national rate.

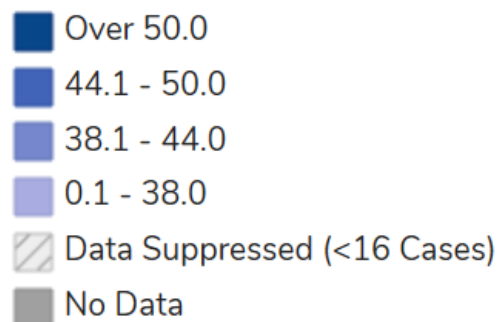
Report Area	Estimated Total Population	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
Los Angeles County, CA	1,031,767	3,735	36.2
California	4,072,676	14,458	35.5
United States	36,429,457	140,982	38.7

Note: This indicator is compared to the state average.

Data Source: State Cancer Profiles. 2012-16. Source geography: County



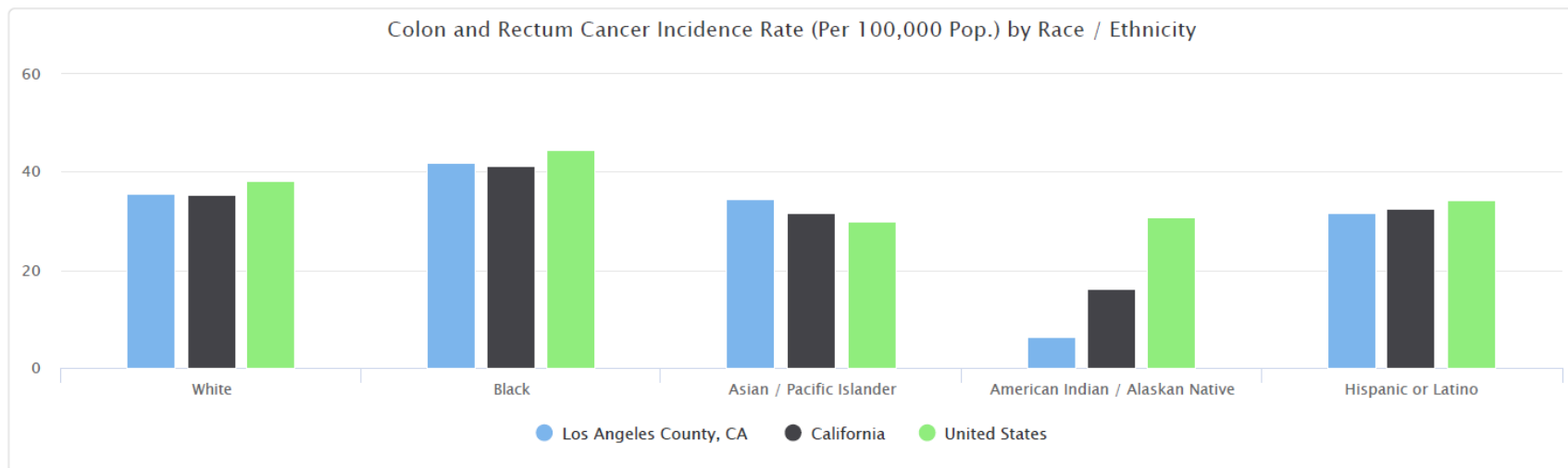
### Colon-Rectal Cancer, Incidence Rate (Per 100,000 Pop.) by County, State Cancer Profiles 2012-16



## Colon and Rectum Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity

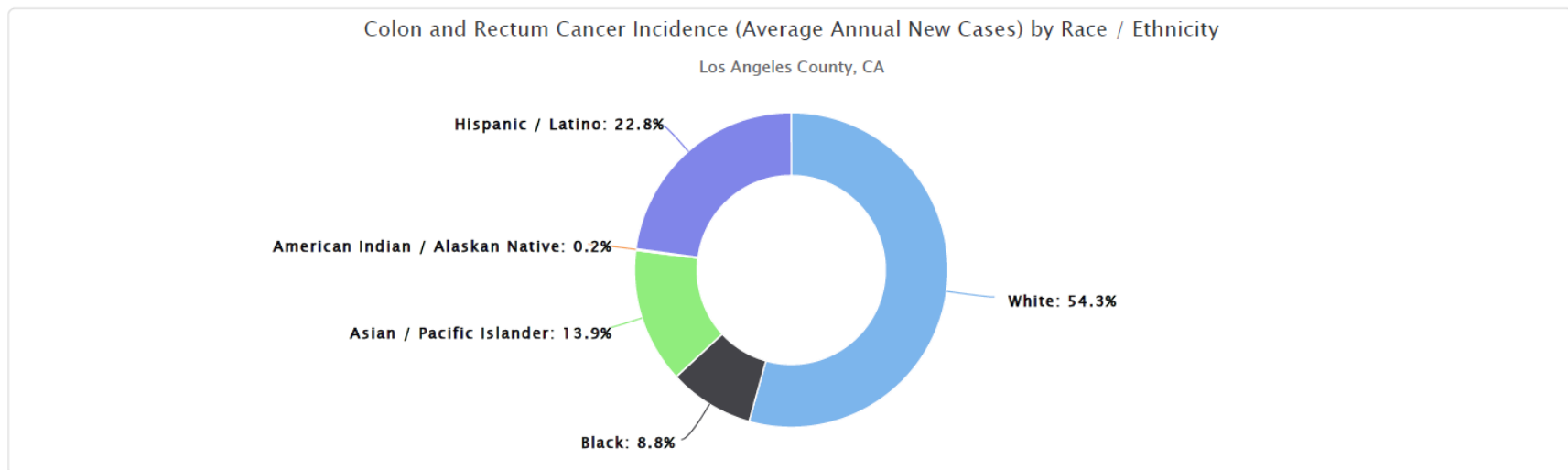
This table reports the age-adjusted colon and rectum cancer incidence rate for the 5-year period 2012-2016 by race and by Hispanic origin.

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	35.6	41.7	34.5	6.4	31.7
California	35.4	41.3	31.8	16.4	32.4
United States	38	44.7	30	30.9	34.1



## Colon and Rectum Cancer Incidence (Average Annual New Cases) by Race / Ethnicity

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic / Latino
Los Angeles County, CA	2,591	419	661	8	1,089
California	11,052	1,040	2,061	87	3,128
United States	115,519	17,423	5,333	1,004	12,049



Source: Community Commons.org

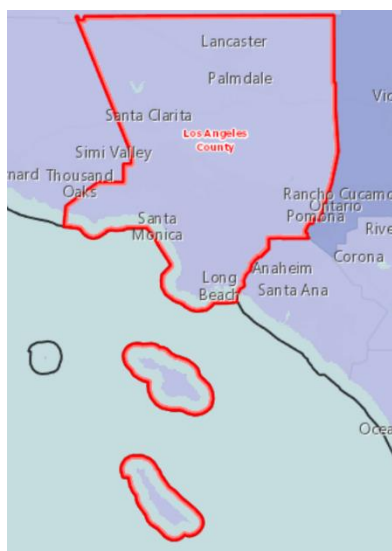
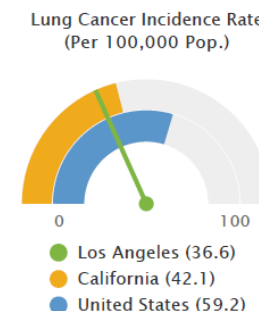
## Lung Cancer Incidence

This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of colon and rectum cancer adjusted to 2000 U.S. standard population age groups (Under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

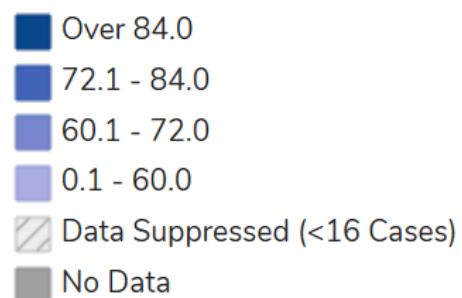
Report Area	Estimated Total Population	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
Los Angeles County, CA	1,000,273	3,661	36.6
California	3,995,961	16,823	42.1
United States	37,083,277	219,533	59.2

Note: This indicator is compared to the state average.

Data Source: [State Cancer Profiles](#), 2012-16. Source geography: County



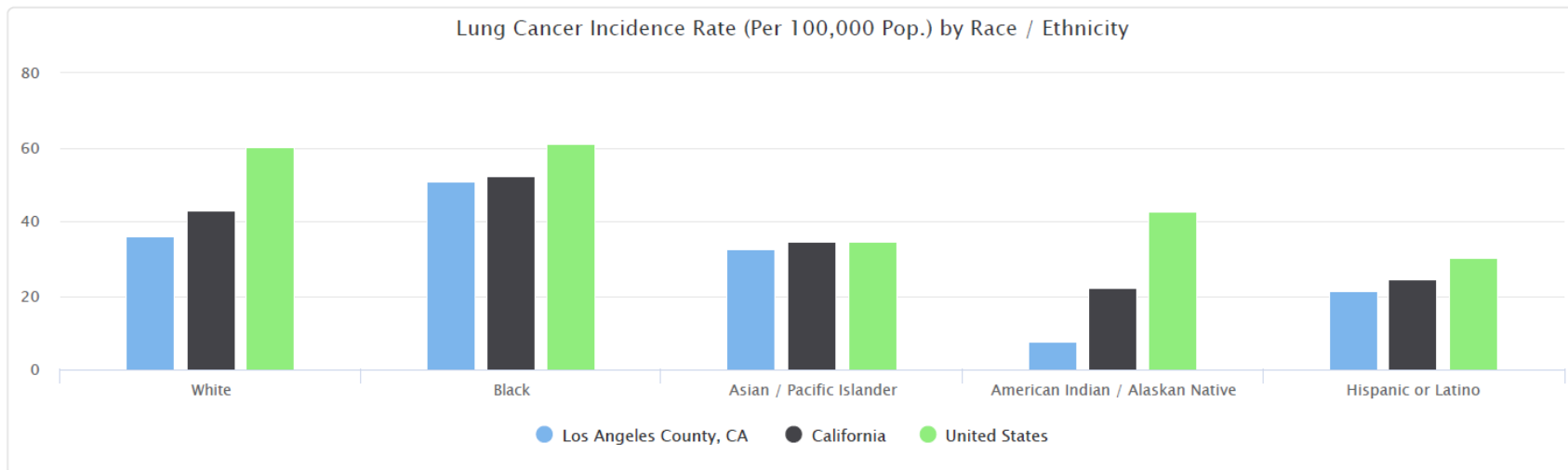
## Lung Cancer, Incidence Rate (Per 100,000 Pop.) by County, State Cancer Profiles 2012-16



### Lung Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity

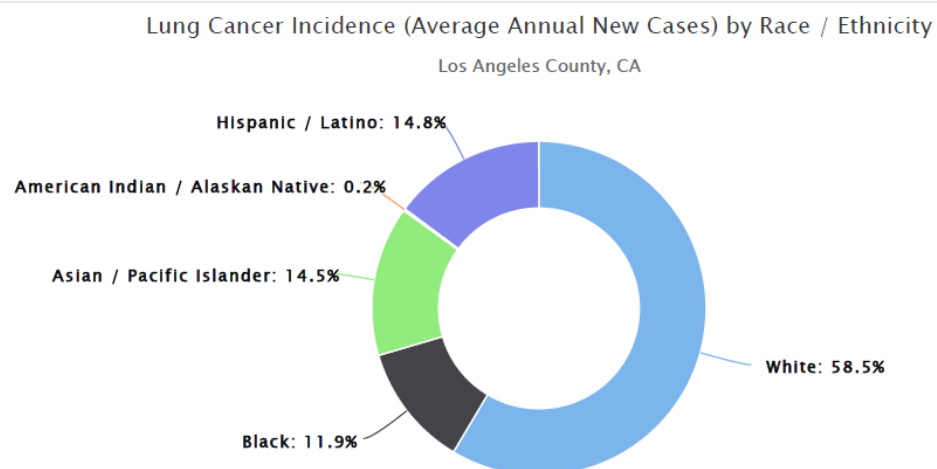
This table reports the age-adjusted lung and bronchus cancer incidence rate for the 5-year period 2012-2016 by race and by Hispanic origin.

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	35.8	50.8	32.7	7.5	21.4
California	42.9	52.2	34.3	21.9	24.4
United States	60.1	60.9	34.4	42.6	30.2



## Lung Cancer Incidence (Average Annual New Cases) by Race / Ethnicity

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic / Latino
Los Angeles County, CA	2,504	510	621	8	634
California	13,207	1,286	2,159	107	1,996
United States	188,188	23,300	5,789	1,293	9,438



Source: Community Commons.org



## Prostate Cancer Incidence

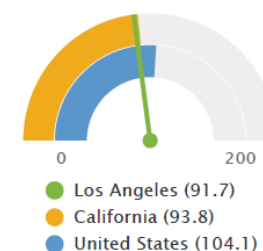
This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of males with prostate cancer adjusted to 2000 U.S. standard population age groups (Under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

Report Area	Estimated Total Population (Male)	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
Los Angeles County, CA	480,588	4,407	91.7
California	1,965,351	18,435	93.8
United States	17,981,171	187,184	104.1

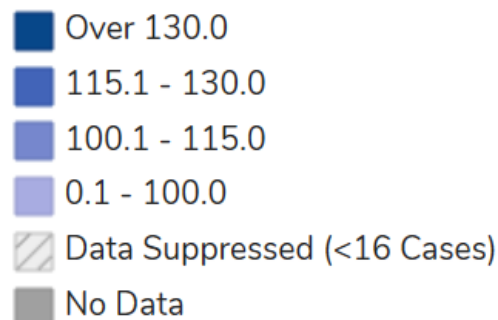
Note: This indicator is compared to the state average.

Data Source: [State Cancer Profiles, 2012-16](#). Source geography: County

Prostate Cancer Incidence Rate  
(Per 100,000 Pop.)



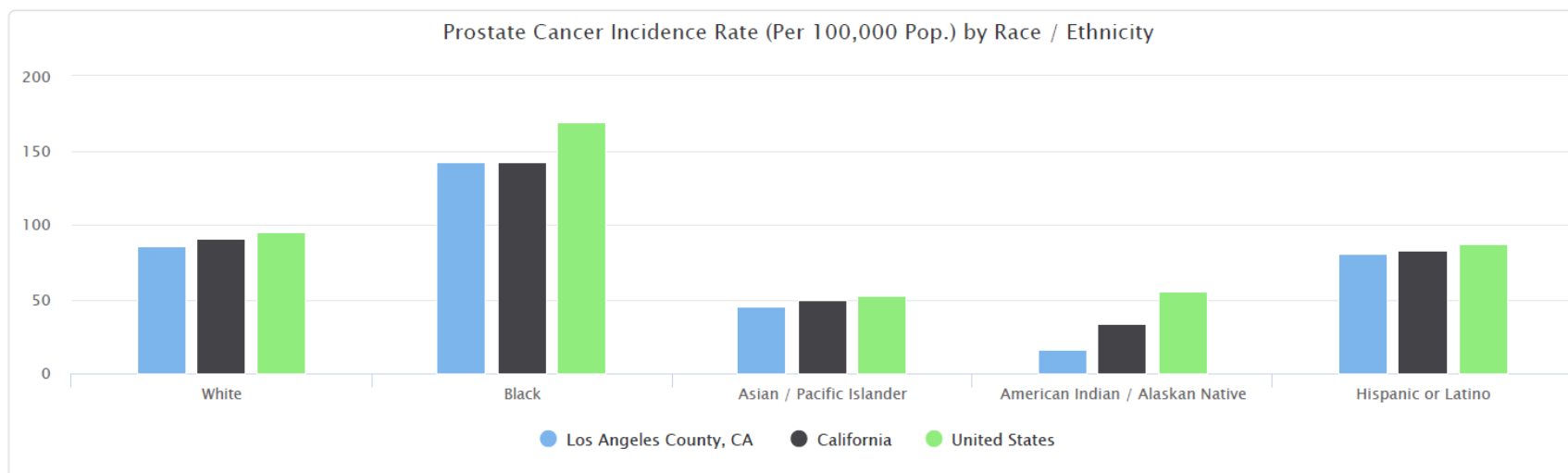
## Prostate Cancer, Incidence Rate (Per 100,000 Pop.) by County, State Cancer Profiles 2012-16



## Prostate Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity

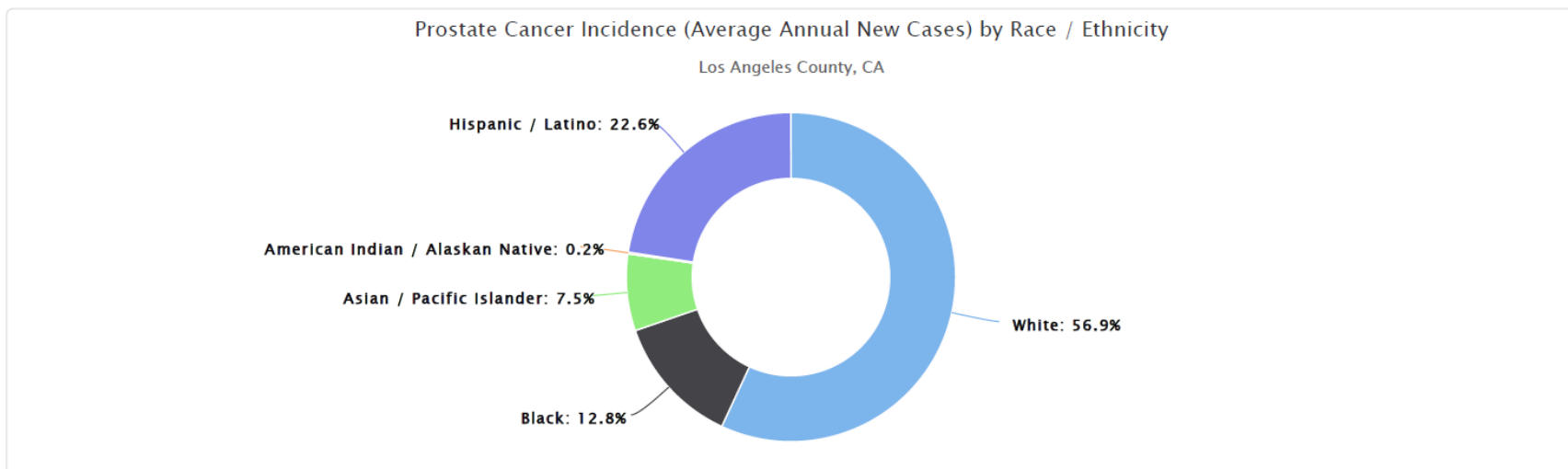
This table reports the age-adjusted prostate cancer incidence rate for the 5-year period 2012-2016 by race and by Hispanic origin.

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	85.7	142.3	44.5	15.9	80.4
California	90.5	142.5	49.8	33.7	82.8
United States	95.3	168.8	52.7	55.3	86.8



### Prostate Cancer Incidence (Average Annual New Cases) by Race / Ethnicity

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic / Latino
Los Angeles County, CA	2,927	660	387	9	1,160
California	13,817	1,760	1,452	84	3,373
United States	145,245	30,346	4,154	828	13,268



Source: Community Commons,org

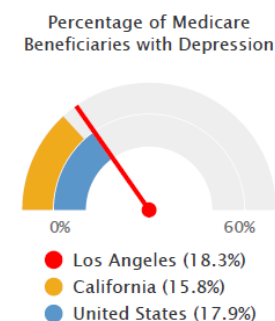
## Depression (Medicare Population)

This indicator reports the percentage of the Medicare fee-for-service population with depression.

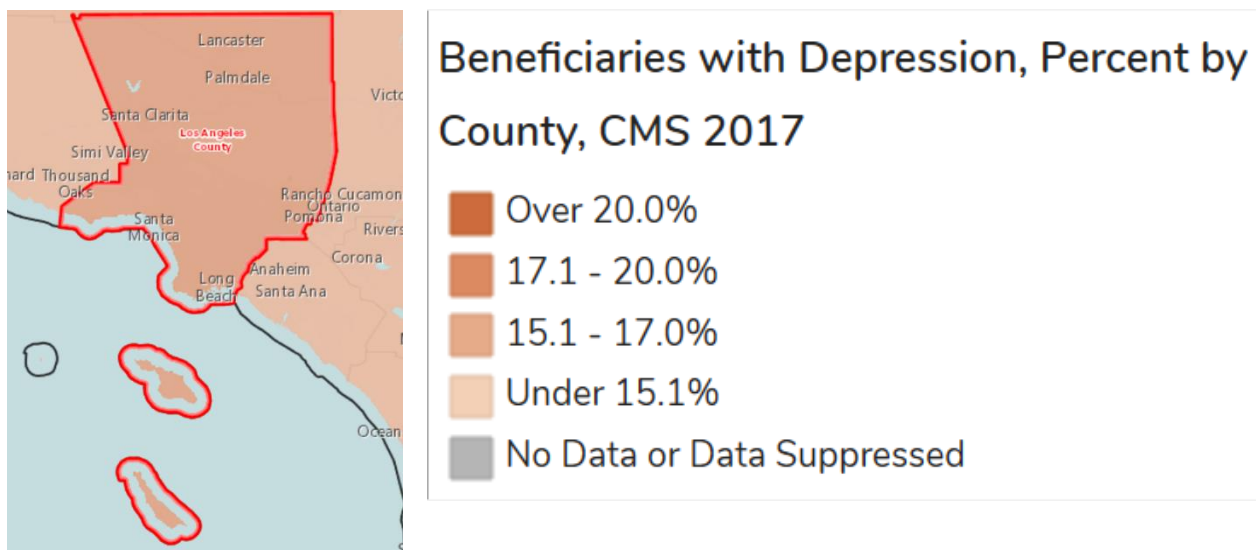
Report Area	Total Medicare Fee-for-Service Beneficiaries	Beneficiaries with Depression	Percent with Depression
Los Angeles County, CA	577,330	105,429	18.3%
California	2,845,251	449,481	15.8%
United States	33,725,823	6,047,681	17.9%

Note: This indicator is compared to the state average.

Data Source: Centers for Medicare and Medicaid Services. 2017. Source geography: County



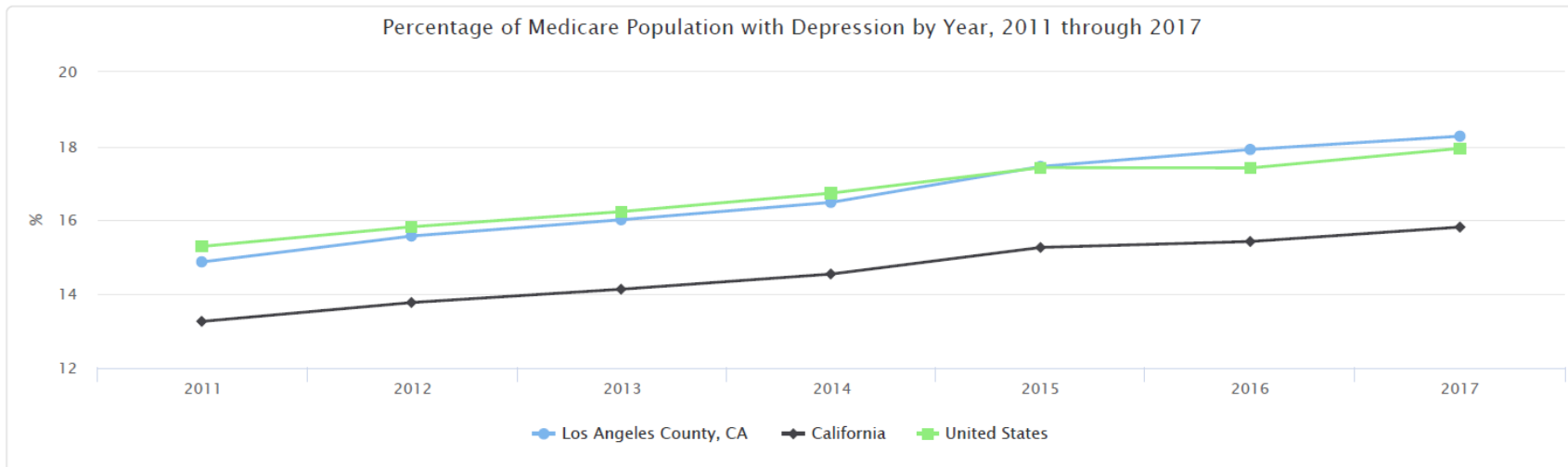
This is one area in which the local area reports a significantly higher incidence than California as a whole, and also higher incidence than the average for the U.S. overall.



## Percentage of Medicare Population with Depression by Year, 2011 through 2017

This indicator reports the percentage of the Medicare fee-for-service population with depression over time.

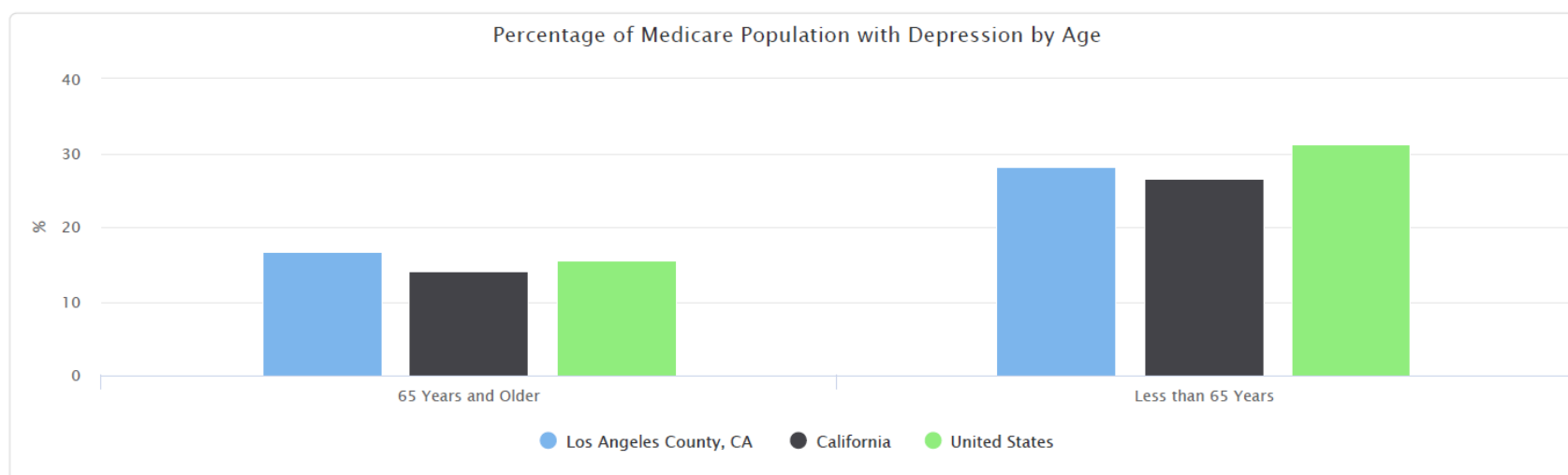
Report Area	2011	2012	2013	2014	2015	2016	2017
Los Angeles County, CA	14.86%	15.56%	16.00%	16.47%	17.44%	17.90%	18.26%
California	13.25%	13.76%	14.12%	14.53%	15.25%	15.41%	15.80%
United States	15.28%	15.81%	16.22%	16.72%	17.41%	17.40%	17.93%



## Percentage of Medicare Population with Depression by Age

This indicator reports the prevalence of depression among Medicare beneficiaries by age.

Report Area	65 Years and Older	Less than 65 Years
Los Angeles County, CA	16.64%	28.18%
California	13.93%	26.57%
United States	15.43%	31.21%



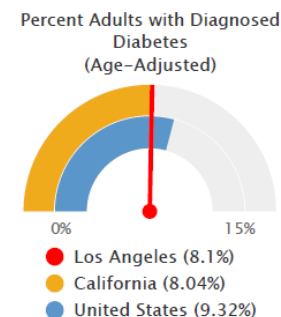
Source: Community Commons.org

## Diabetes

### Diabetes – Population 20 and older

This indicator reports the percentage of adults aged 20 and older who have ever been told by a doctor that they have diabetes. This indicator is relevant because diabetes is a prevalent problem in the U.S.; it may indicate an unhealthy lifestyle and puts individuals at risk for further health issues. While Los Angeles County slightly exceeds the incidence rate for California as a whole, it is substantially lower than rate for the nation.

Report Area	Total Population Age 20+	Population with Diagnosed Diabetes	Population with Diagnosed Diabetes, Age- Adjusted Rate
Los Angeles County, CA	7,608,798	639,139	8.1%
California	29,158,538	2,494,282	8.04%
United States	243,852,590	25,204,602	9.32%

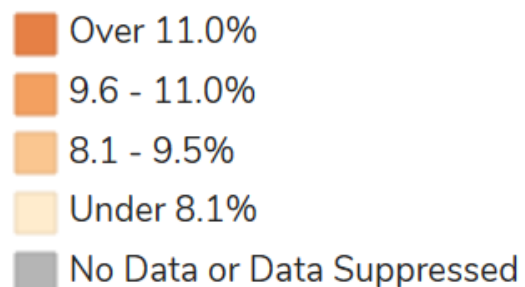


Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, 2016. Source geography: County

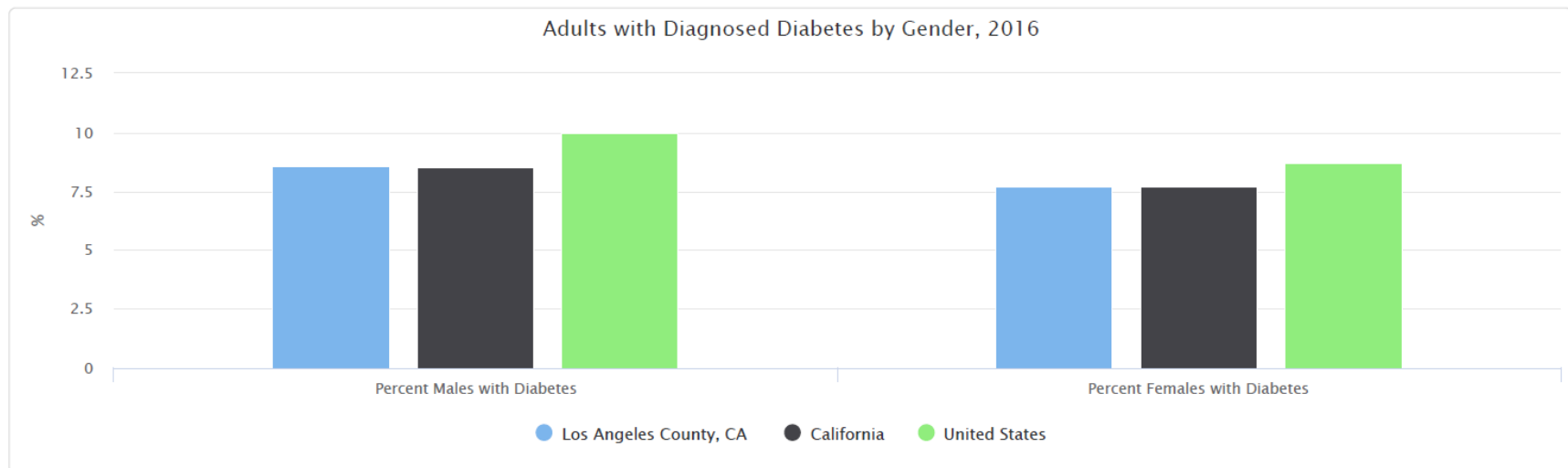


### Diabetes Prevalence, Percent of Adults Age 20+ by County, CDC NCCDPHP 2016



## Adults with Diagnosed Diabetes by Gender, 2016

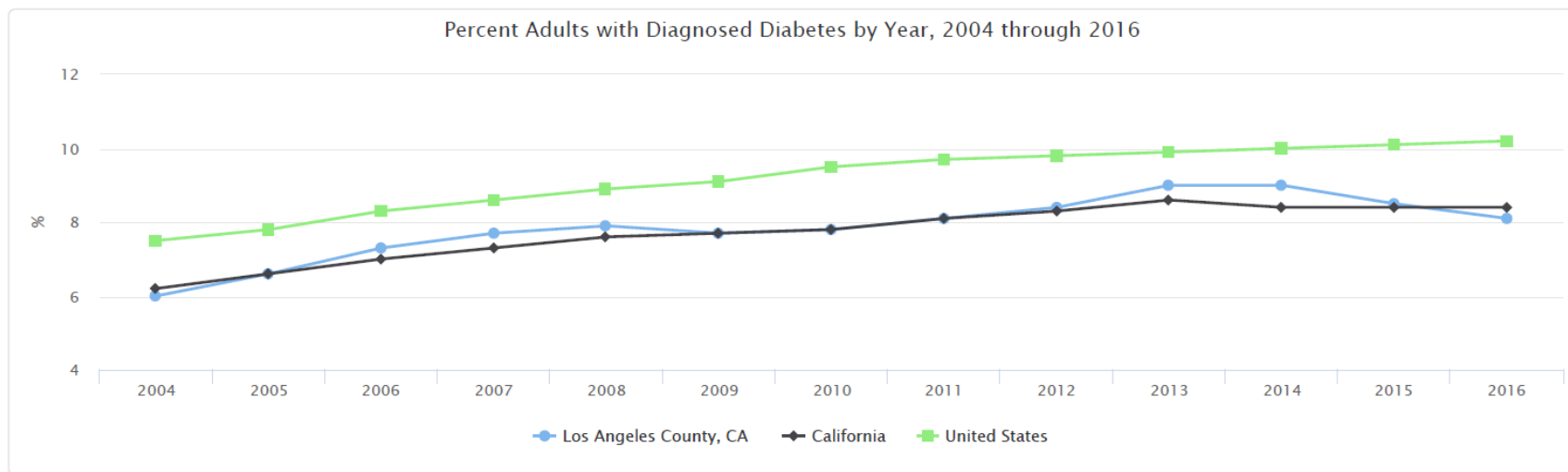
Report Area	Total Males with Diabetes	Percent Males with Diabetes	Total Females with Diabetes	Percent Females with Diabetes
Los Angeles County, CA	315,307	8.6%	323,832	7.7%
California	1,245,789	8.5%	1,248,493	7.7%
United States	12,561,953	10%	12,193,905	8.7%



## Percent Adults with Diagnosed Diabetes by Year, 2004 through 2016

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Los Angeles County, CA	6%	6.6%	7.3%	7.7%	7.9%	7.7%	7.8%	8.1%	8.4%	9%	9%	8.5%	8.1%
California	6.2%	6.6%	7%	7.3%	7.6%	7.7%	7.8%	8.1%	8.3%	8.6%	8.4%	8.4%	8.4%
United States	7.5%	7.8%	8.3%	8.6%	8.9%	9.1%	9.5%	9.7%	9.8%	9.9%	10%	10.1%	10.2%



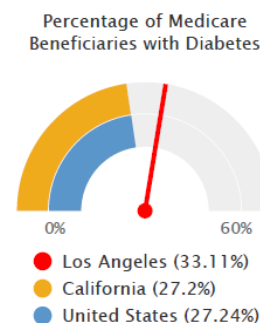


Source: Community Commons.org

### Diabetes – Medicare Population

A separate analysis covers Medicare fee-for-service clients reporting a diabetes diagnosis. The following indicators address that population. Note that this disease category is more prevalent in Los Angeles County than in either California or the U.S.

Report Area	Total Medicare Fee-for-Service Beneficiaries	Beneficiaries with Diabetes	Percent with Diabetes
Los Angeles County, CA	577,330	191,130	33.11%
California	2,845,251	773,794	27.2%
United States	33,725,823	9,188,128	27.24%

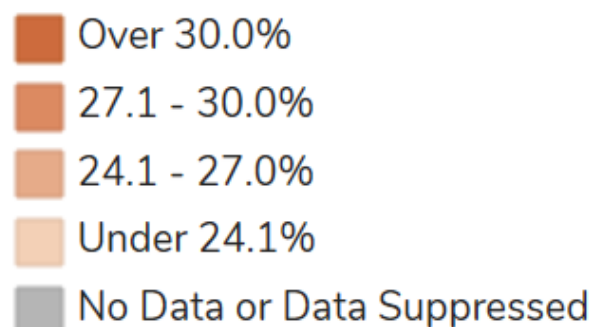


Note: This indicator is compared to the state average.

Data Source: [Centers for Medicare and Medicaid Services](#). 2017. Source geography: County



### Beneficiaries with Diabetes, Percent by County, CMS 2017

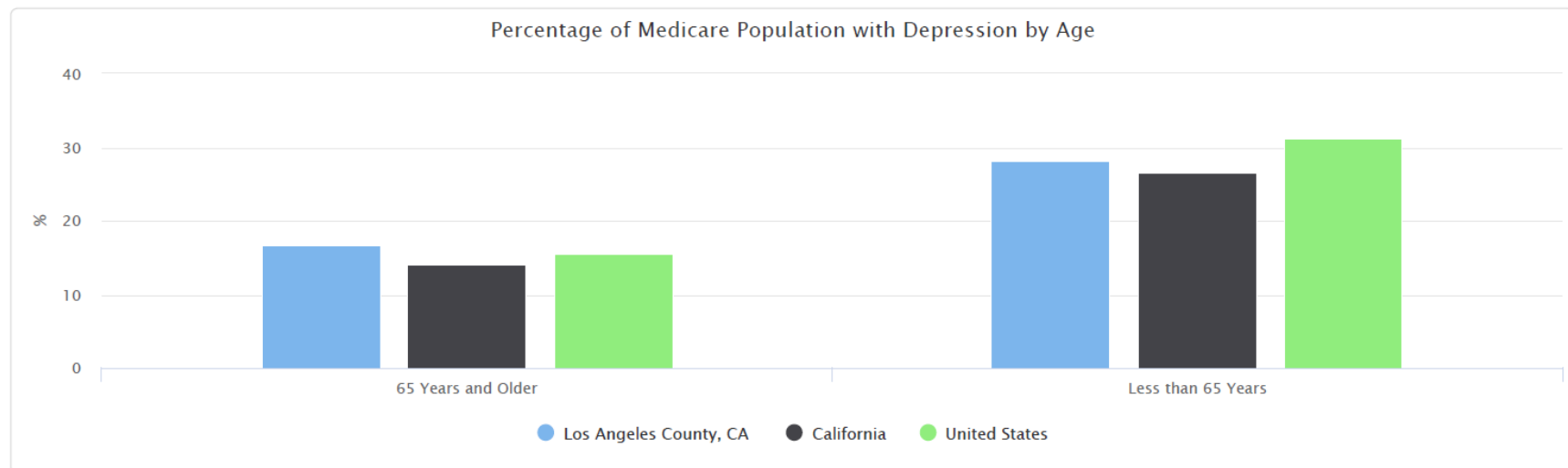


Source: Community Commons.org

### Depression – Medicare Population

This indicator reports the prevalence of depression among Medicare beneficiaries by age. Overall the rate is lower in those 65 and older than in younger populations.

Report Area	65 Years and Older	Less than 65 Years
Los Angeles County, CA	16.64%	28.18%
California	13.93%	26.57%
United States	15.43%	31.21%

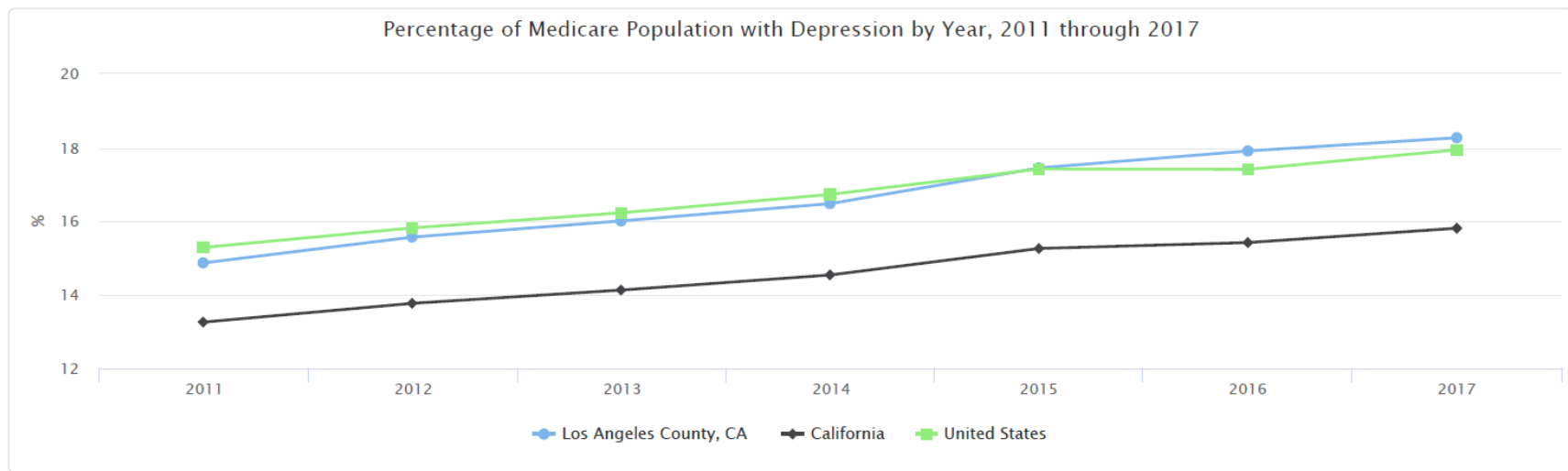


Source: Community Commons.org

### Percentage of Medicare Population with Depression by Year, 2011 through 2017

This indicator reports the percentage of the Medicare fee-for-service population with depression over time.

Report Area	2011	2012	2013	2014	2015	2016	2017
Los Angeles County, CA	14.86%	15.56%	16.00%	16.47%	17.44%	17.90%	18.26%
California	13.25%	13.76%	14.12%	14.53%	15.25%	15.41%	15.80%
United States	15.28%	15.81%	16.22%	16.72%	17.41%	17.40%	17.93%



Source: Community Commons.org

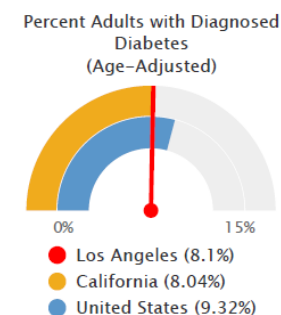
## Diabetes (Adult)

This indicator reports the percentage of adults aged 20 and older who have ever been told by a doctor that they have diabetes. This indicator is relevant because diabetes is a prevalent problem in the U.S.; it may indicate an unhealthy lifestyle and puts individuals at risk for further health issues.

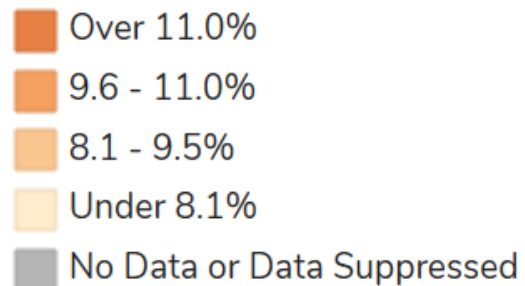
Report Area	Total Population Age 20+	Population with Diagnosed Diabetes	Population with Diagnosed Diabetes, Age-Adjusted Rate
Los Angeles County, CA	7,608,798	639,139	8.1%
California	29,158,538	2,494,282	8.04%
United States	243,852,590	25,204,602	9.32%

Note: This indicator is compared to the state average.

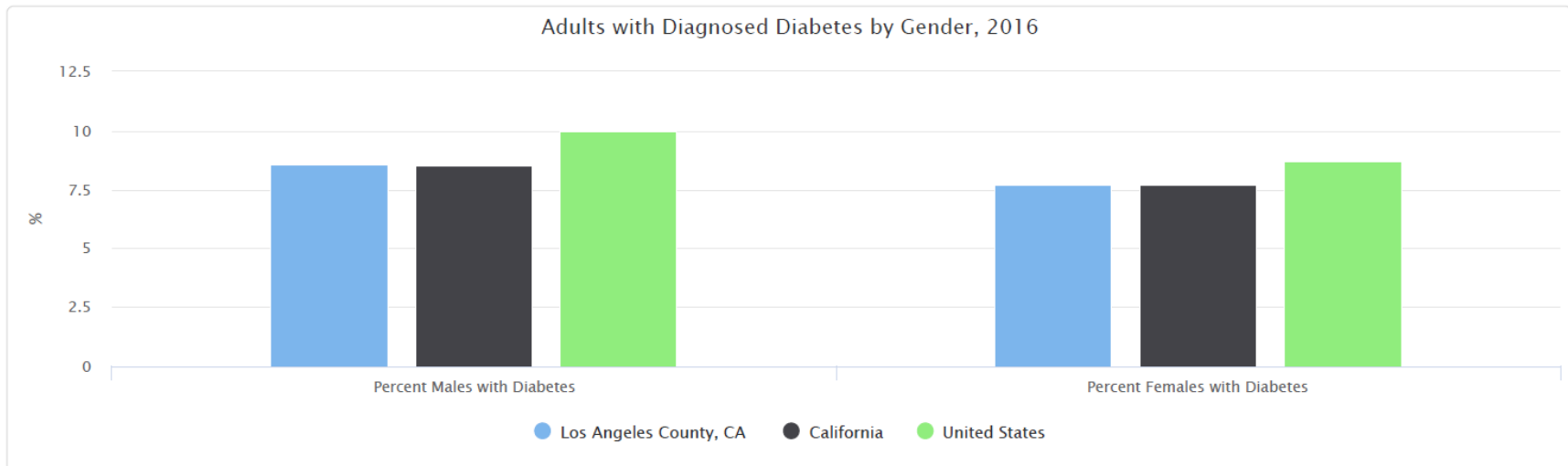
Data Source: Centers for Disease Control and Prevention, [National Center for Chronic Disease Prevention and Health Promotion](#). 2016. Source geography: County



## Diabetes Prevalence, Percent of Adults Age 20+ by County, CDC NCCDPHP 2016

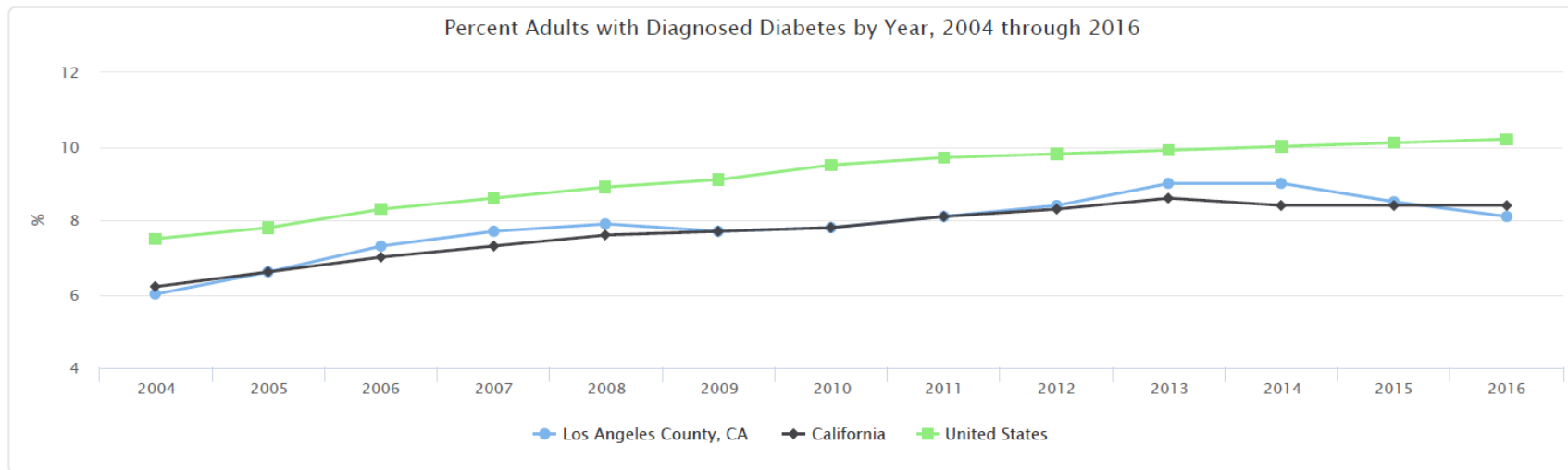


Report Area	Total Males with Diabetes	Percent Males with Diabetes	Total Females with Diabetes	Percent Females with Diabetes
Los Angeles County, CA	315,307	8.6%	323,832	7.7%
California	1,245,789	8.5%	1,248,493	7.7%
United States	12,561,953	10%	12,193,905	8.7%



### Percent Adults with Diagnosed Diabetes by Year, 2004 through 2016

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Los Angeles County, CA	6%	6.6%	7.3%	7.7%	7.9%	7.7%	7.8%	8.1%	8.4%	9%	9%	8.5%	8.1%
California	6.2%	6.6%	7%	7.3%	7.6%	7.7%	7.8%	8.1%	8.3%	8.6%	8.4%	8.4%	8.4%
United States	7.5%	7.8%	8.3%	8.6%	8.9%	9.1%	9.5%	9.7%	9.8%	9.9%	10%	10.1%	10.2%

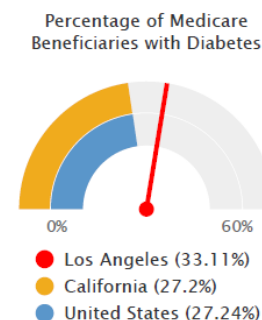


Source: Community Commons.org

## Diabetes (Medicare Population)

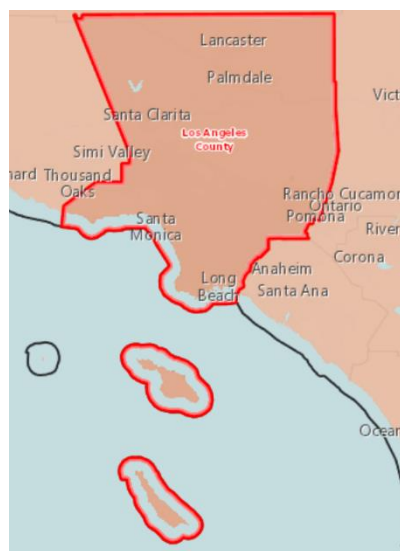
This indicator reports the percentage of the Medicare fee-for-service population with diabetes. This illness is far more prevalent in Los Angeles County than in any of the comparable areas.

Report Area	Total Medicare Fee-for-Service Beneficiaries	Beneficiaries with Diabetes	Percent with Diabetes
Los Angeles County, CA	577,330	191,130	33.11%
California	2,845,251	773,794	27.2%
United States	33,725,823	9,188,128	27.24%

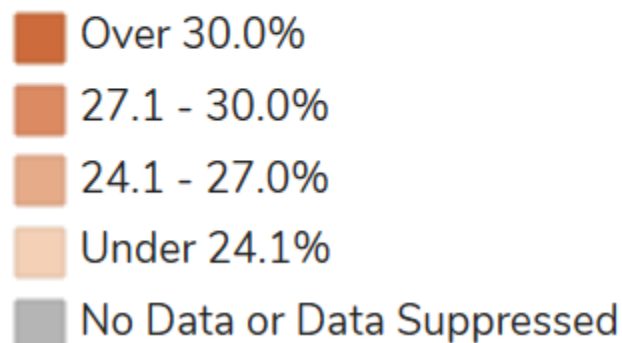


Note: This indicator is compared to the state average.

Data Source: Centers for Medicare and Medicaid Services. 2017. Source geography: County



## Beneficiaries with Diabetes, Percent by County, CMS 2017

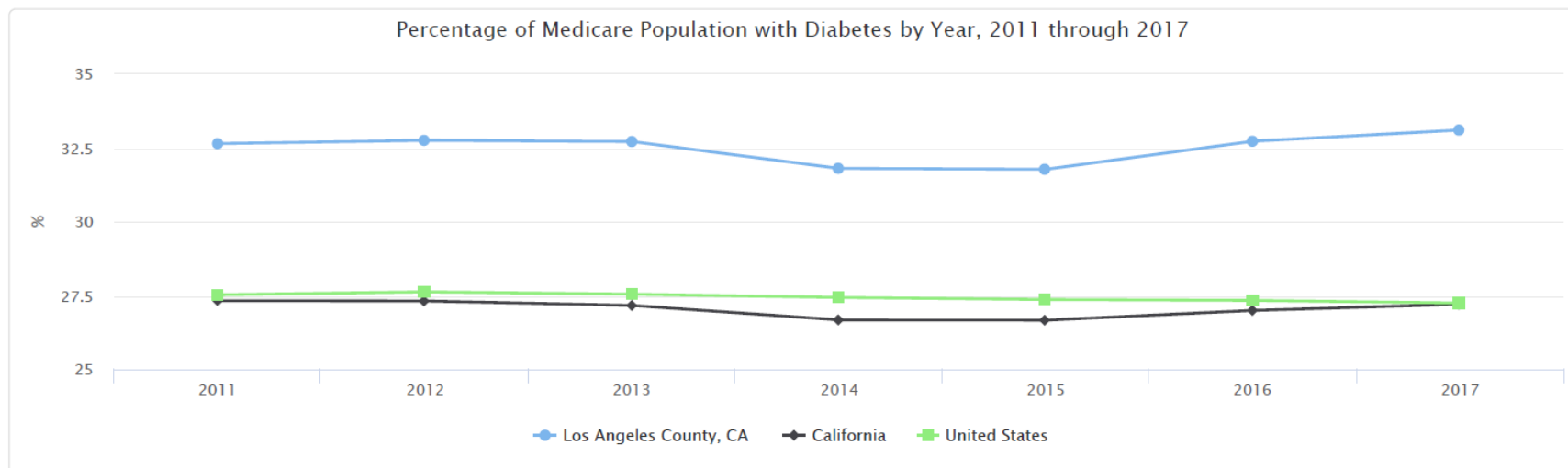




## Percentage of Medicare Population with Diabetes by Year, 2011 through 2017

This indicator reports the percentage of the Medicare fee-for-service population with diabetes over time.

Report Area	2011	2012	2013	2014	2015	2016	2017
Los Angeles County, CA	32.65%	32.76%	32.72%	31.81%	31.78%	32.73%	33.11%
California	27.32%	27.31%	27.16%	26.67%	26.66%	26.99%	27.20%
United States	27.52%	27.62%	27.54%	27.43%	27.36%	27.33%	27.24%

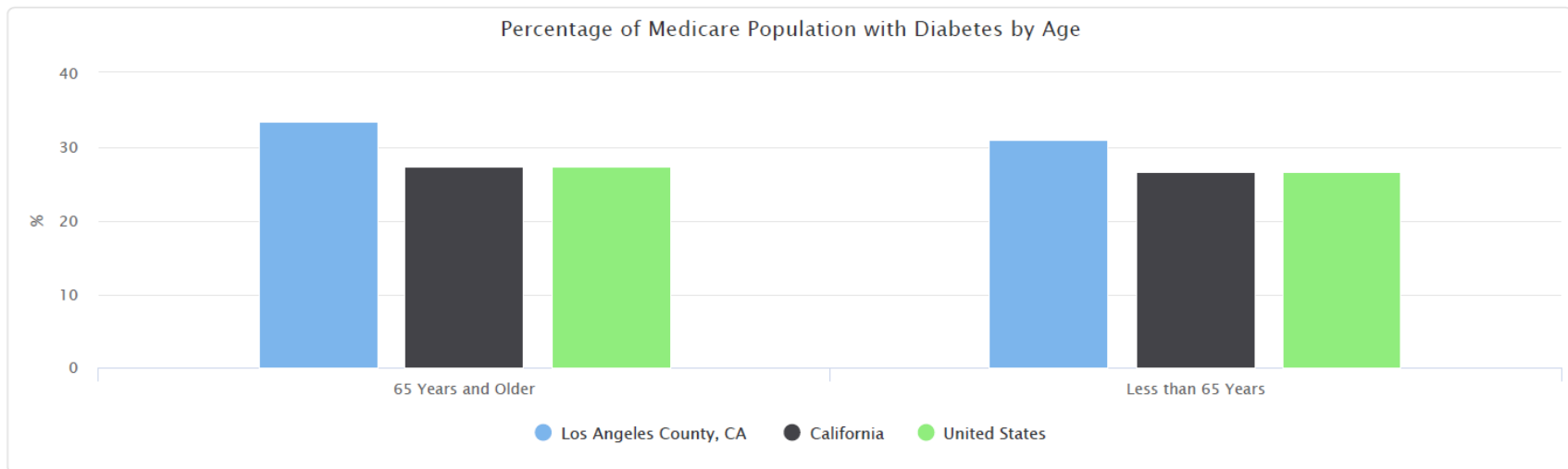


Source: Community Commons.org

## Percentage of Medicare Population with Diabetes by Age

This indicator reports the prevalence of diabetes among Medicare beneficiaries by age.

Report Area	65 Years and Older	Less than 65 Years
Los Angeles County, CA	33.46%	30.94%
California	27.32%	26.49%
United States	27.36%	26.61%



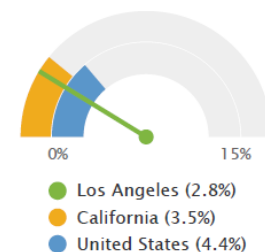
Source: Community Commons.org

## Heart Disease (Adult)

182,490, or 2.8% of adults aged 18 and older have ever been told by a doctor that they have coronary heart disease or angina. This indicator is relevant because coronary heart disease is a leading cause of death in the U.S. and is also related to high blood pressure, high cholesterol, and heart attacks.

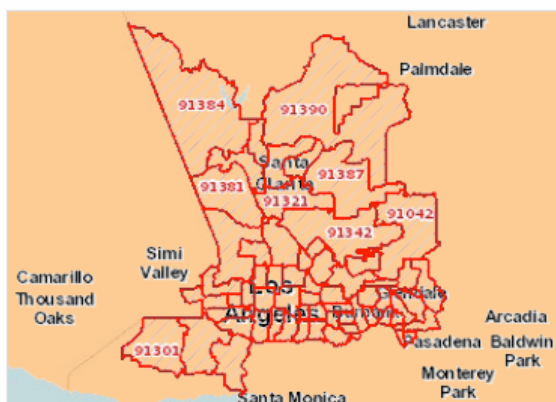
Report Area	Survey Population (Adults Age 18+)	Total Adults with Heart Disease	Percent Adults with Heart Disease
Los Angeles County, CA	6,421,021	182,490	2.8%
California	28,256,677	974,929	3.5%
United States	236,406,904	10,407,185	4.4%

Percent Adults with Heart Disease

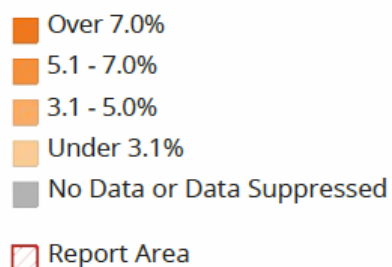


Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2011-12. Source geography: County



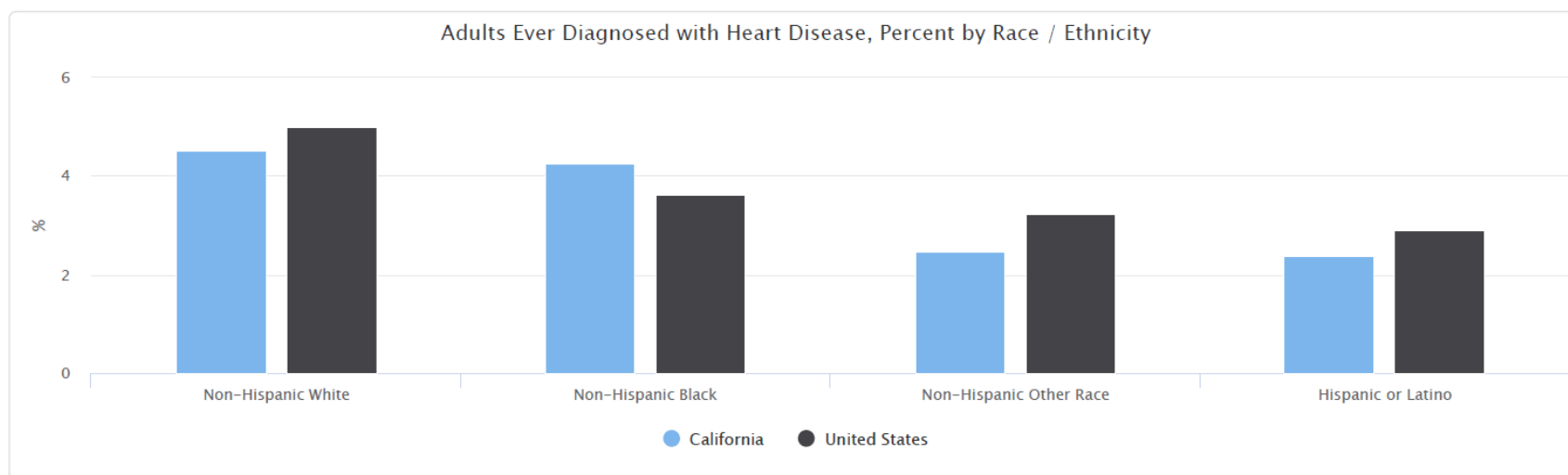
### Heart Disease (Diagnosed), Percentage of Adults Age 18 by County, BRFSS 2011-12



## Adults Ever Diagnosed with Heart Disease, Percent by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Non-Hispanic Other Race	Hispanic or Latino
California	4.51%	4.27%	2.46%	2.38%
United States	4.99%	3.63%	3.23%	2.92%

*Note: No county data available. See data source and methodology for more details.*



Source: Community Commons.org

Source: Community Commons, reported by Valley Community Care Consortium

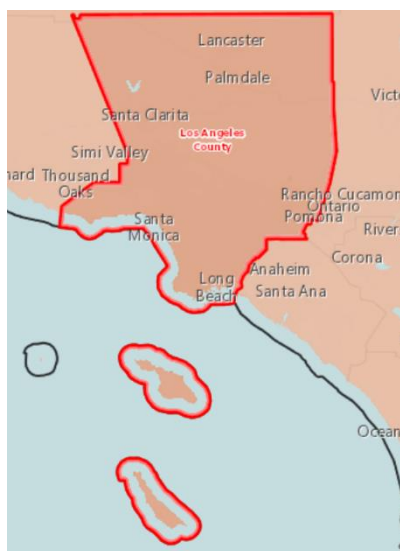
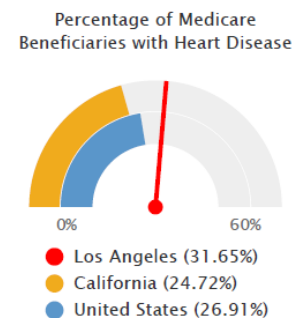
## Heart Disease (Medicare Population)

In contrast to the Adult population analyzed earlier, the Los Angeles County Medicare Fee-for-service populations report a higher percentage of ischemic heart disease when compared to California and the U.S.

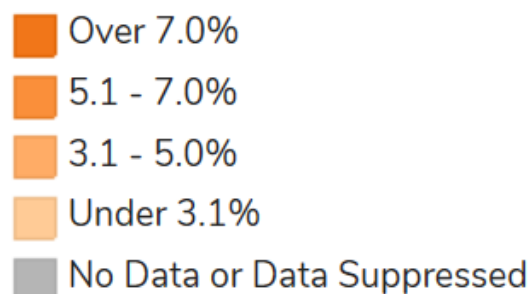
Report Area	Total Medicare Fee-for-Service Beneficiaries	Beneficiaries with Heart Disease	Percent with Heart Disease
Los Angeles County, CA	577,330	182,739	31.65%
California	2,845,251	703,480	24.72%
United States	33,725,823	9,076,698	26.91%

Note: This indicator is compared to the state average.

Data Source: Centers for Medicare and Medicaid Services. 2017. Source geography: County



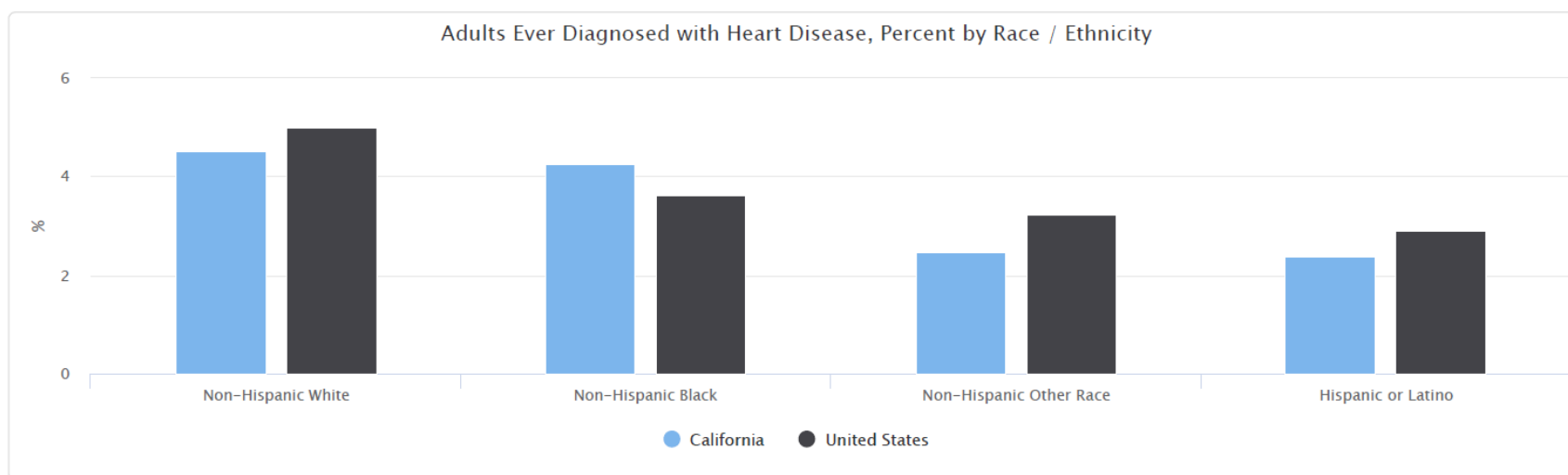
## Heart Disease (Diagnosed), Percentage of Adults Age 18+ by County, BRFSS 2011-12



## Adults Ever Diagnosed with Heart Disease, Percent by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Non-Hispanic Other Race	Hispanic or Latino
California	4.51%	4.27%	2.46%	2.38%
United States	4.99%	3.63%	3.23%	2.92%

*Note: No county data available. See data source and methodology for more details.*



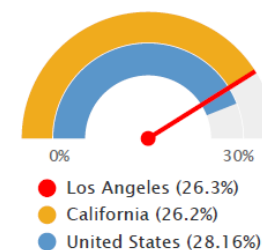
Source: Community Commons.org

## High Blood Pressure (Adult)

The incidence of high blood pressure in Los Angeles County is nearly the same as the California average, and lower than the rate for the entire U.S.

Report Area	Total Population (Age 18+)	Total Adults with High Blood Pressure	Percent Adults with High Blood Pressure
Los Angeles County, CA	7,359,916	1,935,658	26.3%
California	27,665,678	7,248,408	26.2%
United States	232,556,016	65,476,522	28.16%

Percent Adults with High Blood Pressure

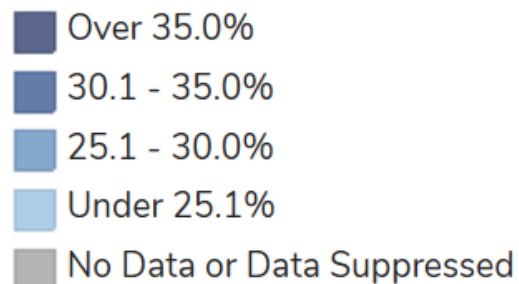


Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, *Behavioral Risk Factor Surveillance System*. Accessed via the *Health Indicators Warehouse*. US Department of Health & Human Services, *Health Indicators Warehouse*. 2006-12. Source geography: County



## High Blood Pressure, Percent of Adults Age 18+ by County, BRFSS 2006-12



Source: Community Commons.org

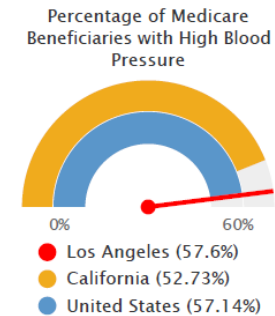
## High Blood Pressure (Medicare Population)

In contrast to the Adult population, the Medicare component of the population experienced greater incidence of high blood pressure than California, but still lower levels than across the U.S.

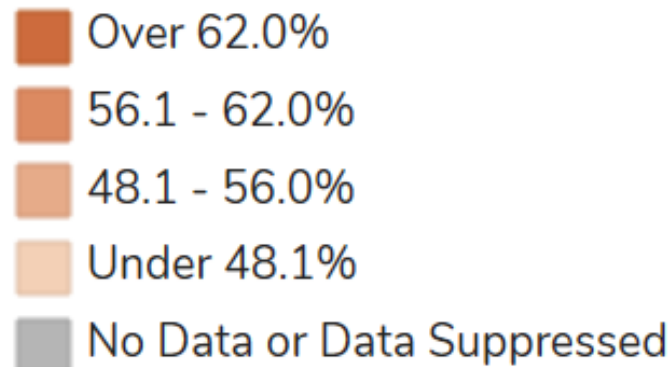
Report Area	Total Medicare Fee-for-Service Beneficiaries	Beneficiaries with High Blood Pressure	Percent with High Blood Pressure
Los Angeles County, CA	577,330	332,522	57.6%
California	2,845,251	1,500,238	52.73%
United States	33,725,823	19,269,721	57.14%

Note: This indicator is compared to the state average.

Data Source: Centers for Medicare and Medicaid Services. 2017. Source geography: County



## Beneficiaries with High Blood Pressure, Percent by County, CMS 2017

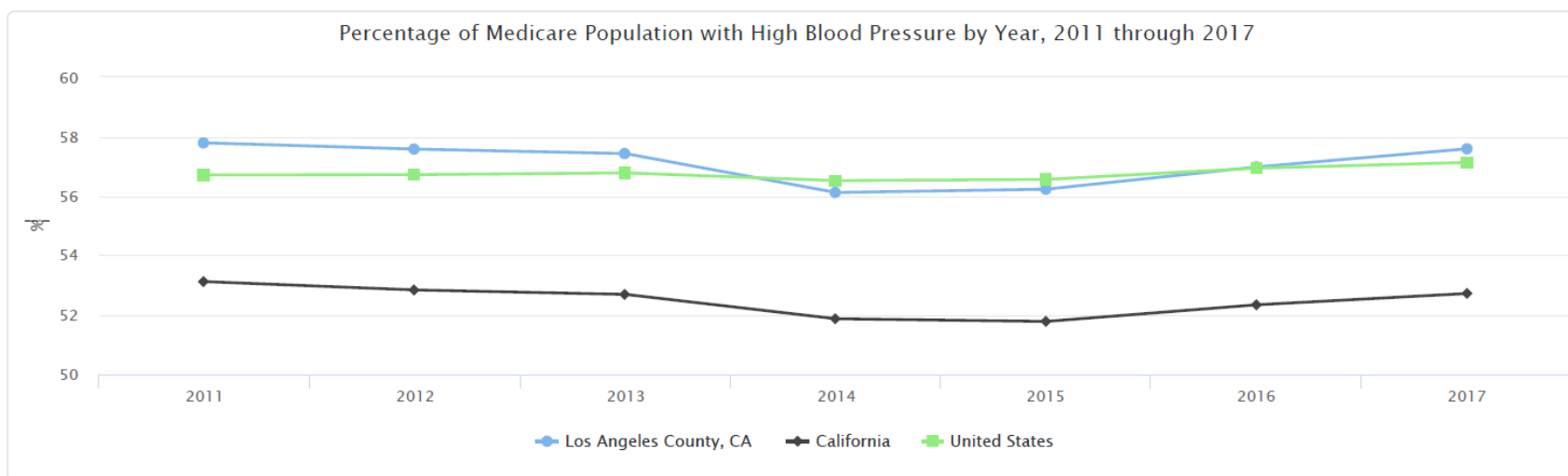




## Percentage of Medicare Population with High Blood Pressure by Year, 2011 through 2017

This indicator reports the percentage of the Medicare fee-for-service population with high blood pressure over time.

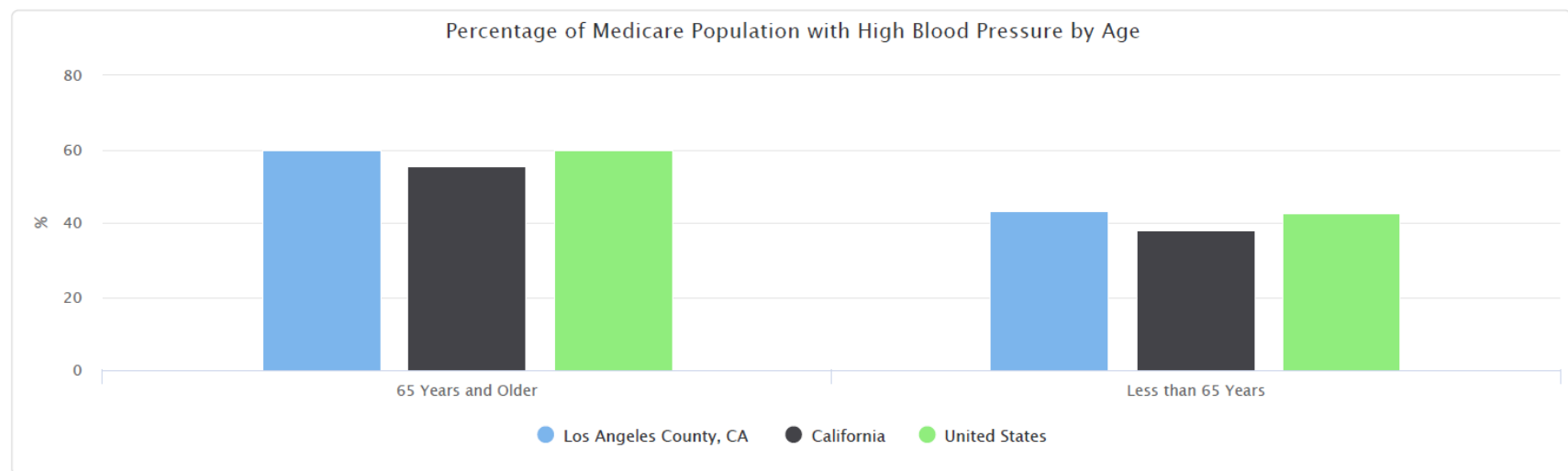
Report Area	2011	2012	2013	2014	2015	2016	2017
Los Angeles County, CA	57.80%	57.59%	57.44%	56.13%	56.24%	56.99%	57.60%
California	53.13%	52.85%	52.70%	51.88%	51.79%	52.35%	52.73%
United States	56.72%	56.73%	56.79%	56.53%	56.57%	56.95%	57.14%



## Percentage of Medicare Population with High Blood Pressure by Age

This indicator reports the prevalence of high blood pressure among Medicare beneficiaries by age.

Report Area	65 Years and Older	Less than 65 Years
Los Angeles County, CA	59.90%	43.47%
California	55.24%	38.29%
United States	59.88%	42.56%

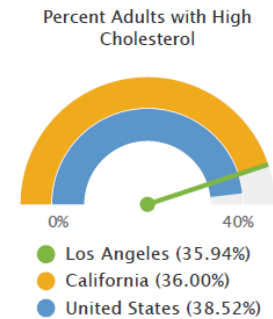


Source: Community Commons.org

## High Cholesterol (Adult)

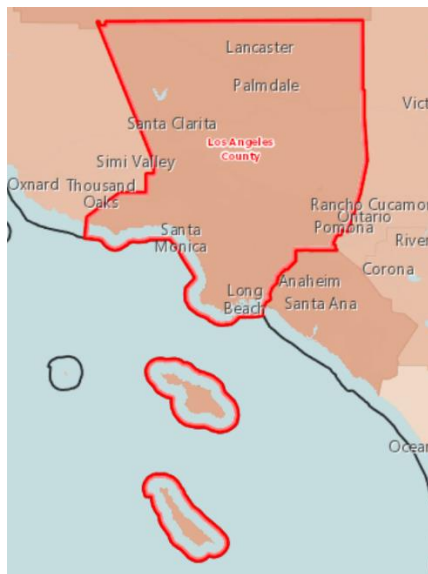
This indicator reports the percentage of adults aged 18 and older who self-report that they have ever been told by a doctor, nurse, or other health professional that they had high blood cholesterol.

Report Area	Survey Population (Adults Age 18+)	Total Adults with High Cholesterol	Percent Adults with High Cholesterol
Los Angeles County, CA	5,020,728	1,804,546	35.94%
California	21,543,499	7,755,976	36.00%
United States	180,861,326	69,662,357	38.52%

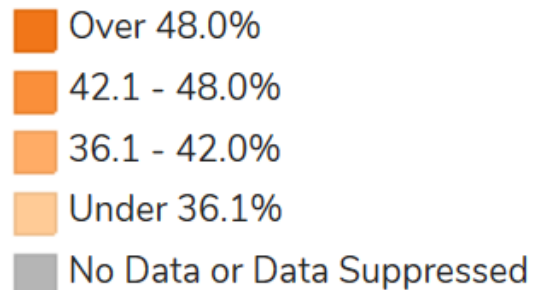


Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Additional data analysis by [CARES](#). 2011-12. Source geography: County



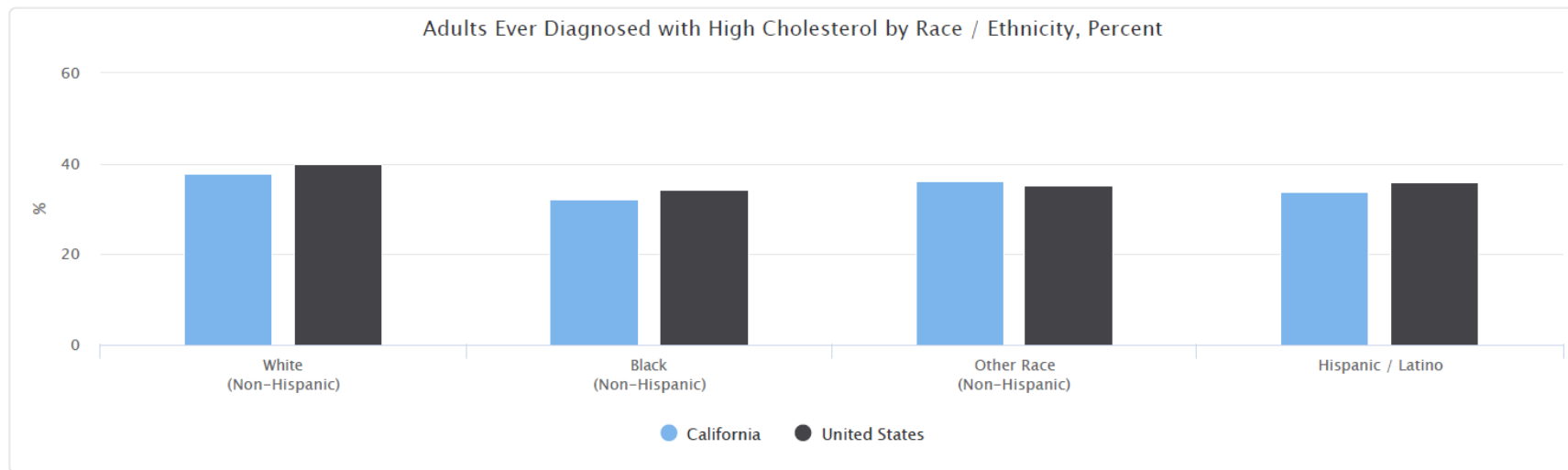
## High Cholesterol (Diagnosed), Percentage of Adults Age 18+ by County, BRFSS 2011-12



## Adults Ever Diagnosed with High Cholesterol by Race / Ethnicity, Percent

Report Area	White (Non-Hispanic)	Black (Non-Hispanic)	Other Race (Non-Hispanic)	Hispanic / Latino
California	37.68%	32.27%	36.35%	33.82%
United States	39.95%	34.28%	35.42%	35.97%

*Note: No county data available. See data source and methodology for more details.*



Source: Community Commons.org

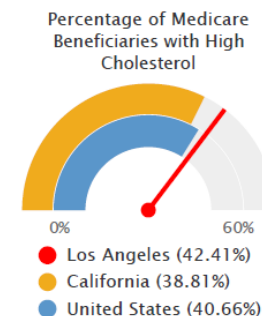
## High Cholesterol (Medicare Population)

As is the case with High Blood Pressure, the Medicare population for Los Angeles County reports a higher incidence of the problem than the California or national average.

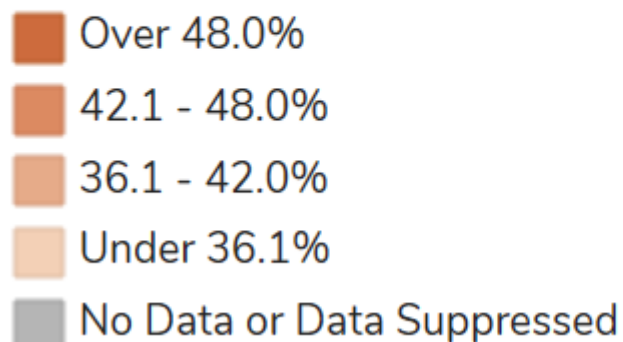
Report Area	Total Medicare Fee-for-Service Beneficiaries	Beneficiaries with High Cholesterol	Percent with High Cholesterol
Los Angeles County, CA	577,330	244,838	42.41%
California	2,845,251	1,104,310	38.81%
United States	33,725,823	13,714,033	40.66%

Note: This indicator is compared to the state average.

Data Source: Centers for Medicare and Medicaid Services. 2017. Source geography: County



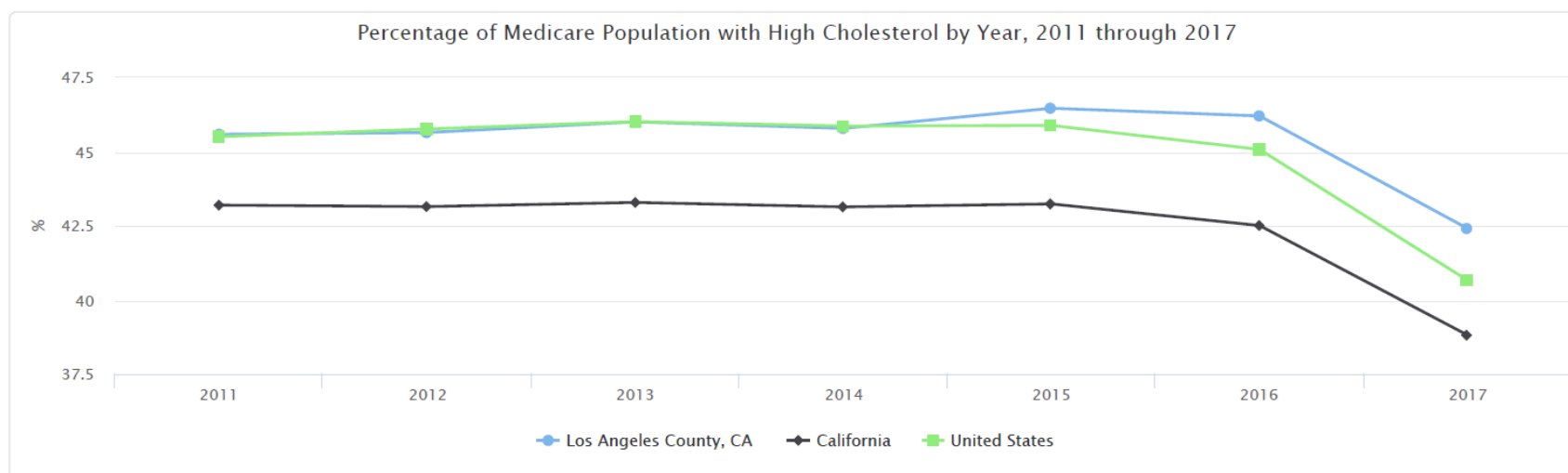
## Beneficiaries with High Cholesterol, Percent by County, CMS 2017



## Percentage of Medicare Population with High Cholesterol by Year, 2011 through 2017

This indicator reports the percentage of the Medicare fee-for-service population with high cholesterol over time.

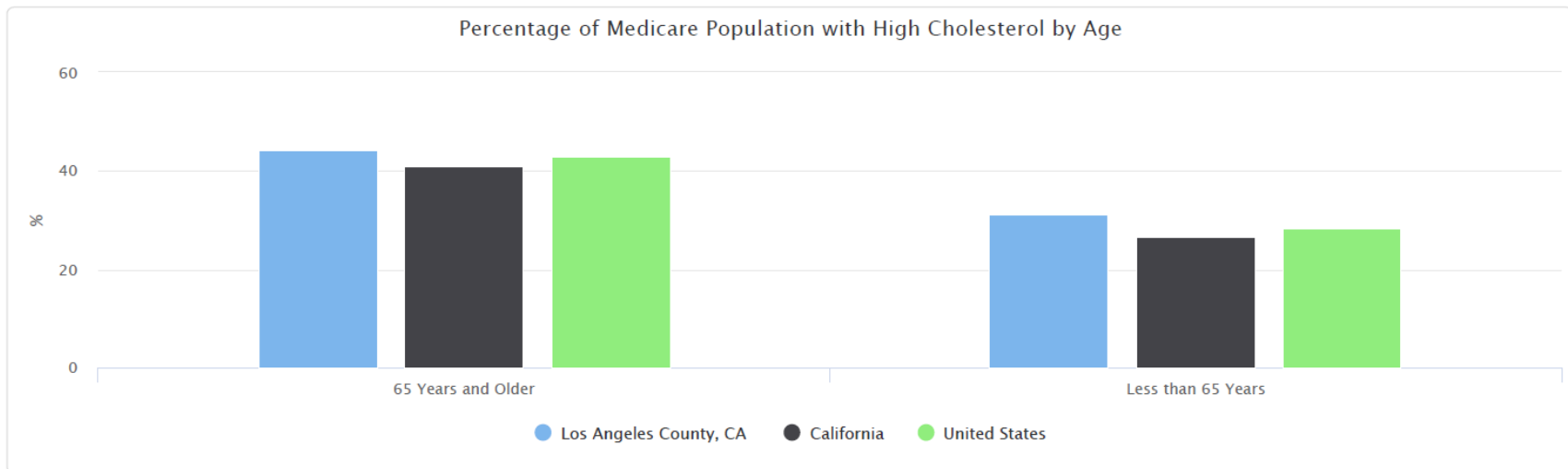
Report Area	2011	2012	2013	2014	2015	2016	2017
Los Angeles County, CA	45.59%	45.65%	46.01%	45.79%	46.47%	46.21%	42.41%
California	43.20%	43.15%	43.29%	43.14%	43.24%	42.51%	38.81%
United States	45.51%	45.77%	46.02%	45.87%	45.89%	45.08%	40.66%



## Percentage of Medicare Population with High Cholesterol by Age

This indicator reports the prevalence of high cholesterol among Medicare beneficiaries by age.

Report Area	65 Years and Older	Less than 65 Years
Los Angeles County, CA	44.26%	31.08%
California	40.93%	26.63%
United States	42.97%	28.41%



Source: Community Commons.org

## Infant Mortality

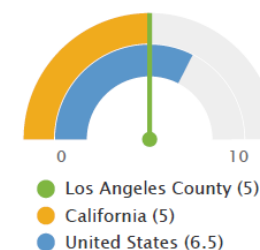
Infant mortality rates are closely watched indicators of maternal health care adequacy. The U.S. Government's Healthy People 2020 (HP2020) program has set a goal of no more than 6 deaths per thousand live births, which Los Angeles County and California already meet. The U.S. on average is a little higher, at 6.5 deaths per thousand. It should be noted that the data presented covers a time period from 2006 to 2010.

Report Area	Total Births	Total Infant Deaths	Infant Mortality Rate (Per 1,000 Births)
Los Angeles County, CA	715,145	3,576	5
California	2,705,510	13,528	5
United States	20,913,535	136,369	6.5

Note: This indicator is compared to the state average.

Data Source: US Department of Health & Human Services, Health Resources and Services Administration, [Area Health Resource File](#). 2006-10. Source geography: County

Infant Mortality Rate (Per 1,000 Births)

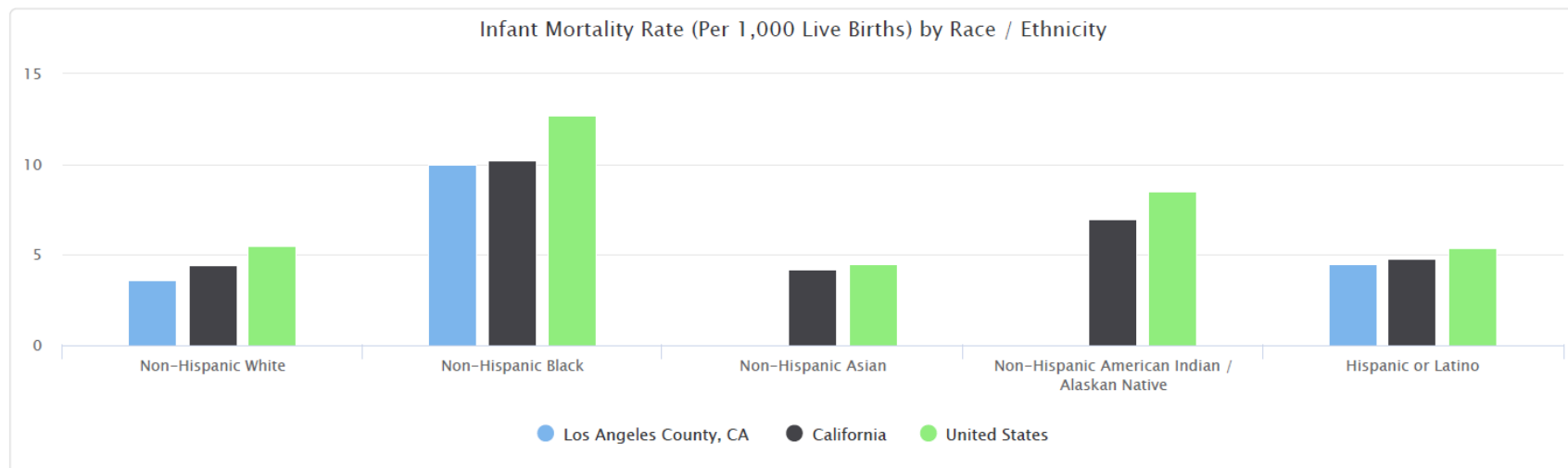


## Infant Mortality, Rate (Per 1,000 Live Births) by County, AHRF 2006-10



### Infant Mortality Rate (Per 1,000 Live Births) by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Non-Hispanic Asian	Non-Hispanic American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	3.6	10	No data	No data	4.5
California	4.4	10.2	4.2	7	4.8
United States	5.5	12.7	4.5	8.5	5.4



Source: Community Commons.org

## Low Birth Weight

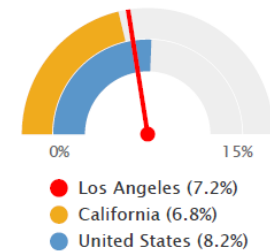
This indicator reports the percentage of total births that are low birth weight (under 2500g). This indicator is relevant because low birth weight infants are at high risk for health problems. This indicator can also highlight the existence of health disparities. Although the Los Angeles County rate is higher than the overall rate for California, it is lower than the U.S. average, and is also lower than the HP2020 goal.

Report Area	Total Live Births	Low Weight Births (Under 2500g)	Low Weight Births, Percent of Total
Los Angeles County, CA	1,045,653	75,287	7.2%
California	3,842,377	261,282	6.8%
United States	29,300,495	2,402,641	8.2%

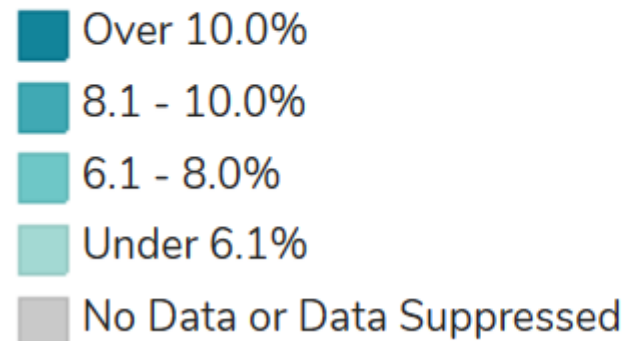
Note: This indicator is compared to the state average.

Data Source: US Department of Health & Human Services, [Health Indicators Warehouse](#). Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2006-12. Source geography: County

Percent Low Birth Weight Births

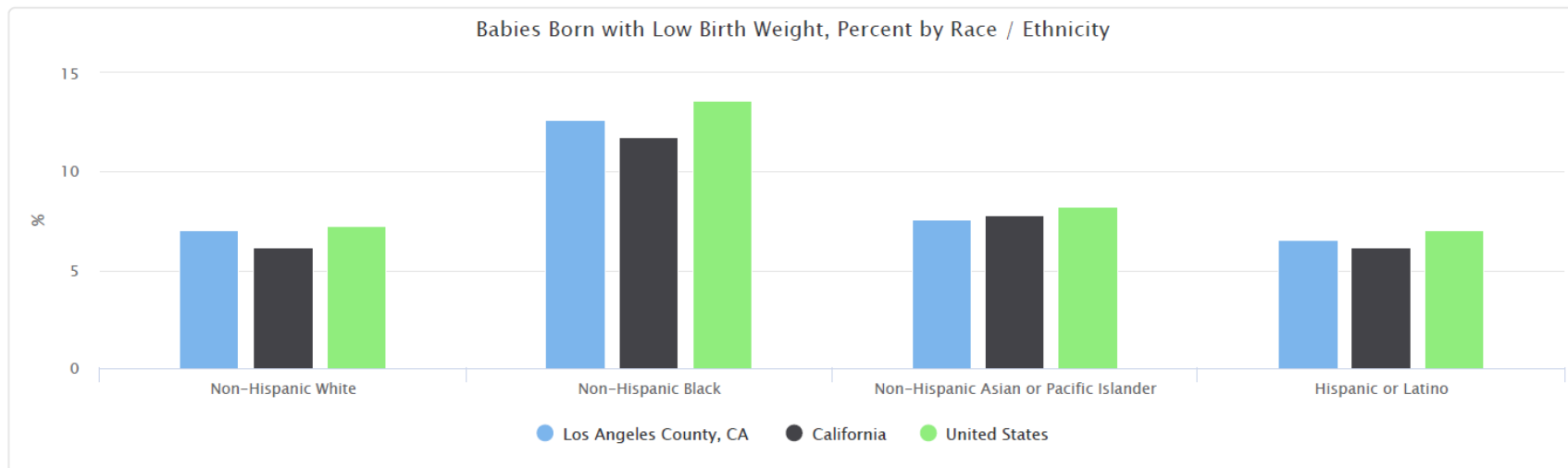


## Low Birth Weight, Percent of Live Births by County, NVSS 2006-12



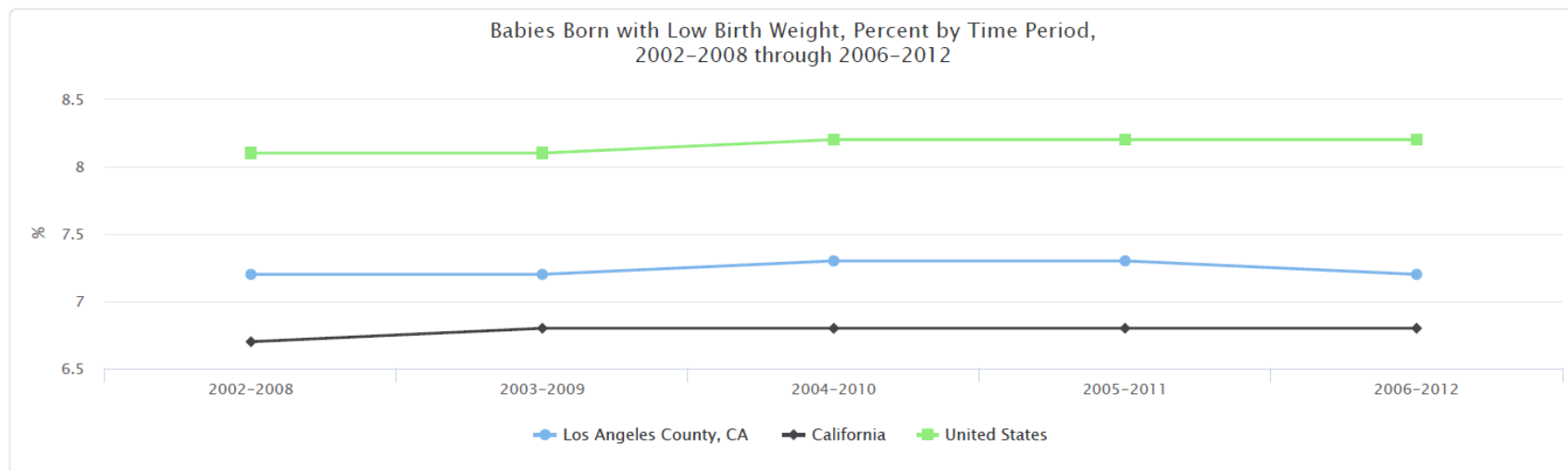
## Babies Born with Low Birth Weight, Percent by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Non-Hispanic Asian or Pacific Islander	Hispanic or Latino
Los Angeles County, CA	7%	12.6%	7.6%	6.5%
California	6.2%	11.8%	7.8%	6.2%
United States	7.2%	13.6%	8.2%	7%



# Babies Born with Low Birth Weight, Percent by Time Period, 2002-2008 through 2006-2012

Report Area	2002-2008	2003-2009	2004-2010	2005-2011	2006-2012
Los Angeles County, CA	7.2%	7.2%	7.3%	7.3%	7.2%
California	6.7%	6.8%	6.8%	6.8%	6.8%
United States	8.1%	8.1%	8.2%	8.2%	8.2%



Source: Community Commons.org

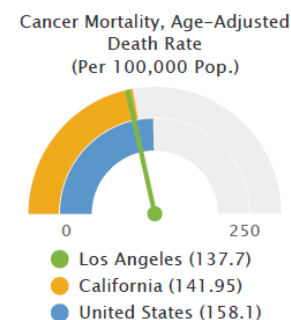
## Mortality - Cancer

This indicator reports the rate of death due to malignant neoplasm (cancer) per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. This indicator is relevant because cancer is a leading cause of death in the United States. The Los Angeles County rate is below the rate for California, and significantly below both the national average and the HP2020 goal.

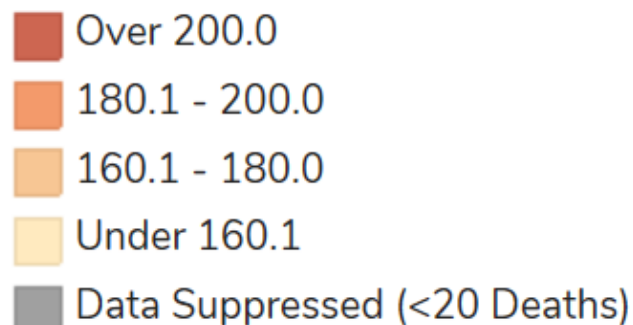
Report Area	Total Population	Average Annual Deaths, 2012-2016	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
Los Angeles County, CA	10,121,097	14,377	142.1	137.7
California	39,013,302	58,957	151.12	141.95
United States	321,050,281	593,931	185	158.1

Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2013-17. Source geography: County

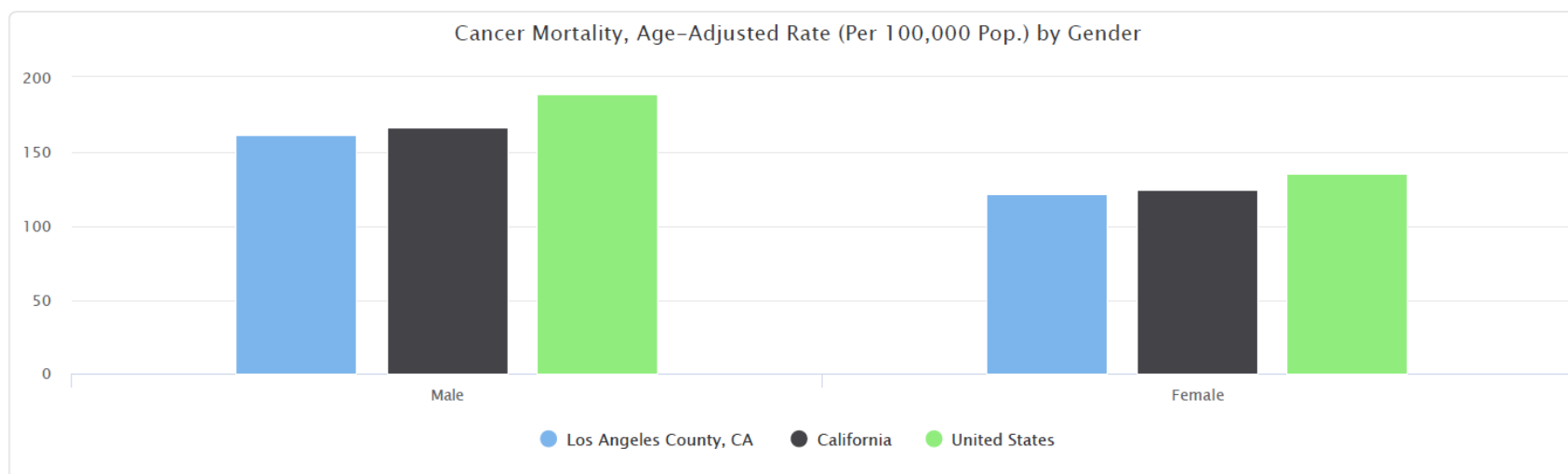


## Cancer Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2013-17



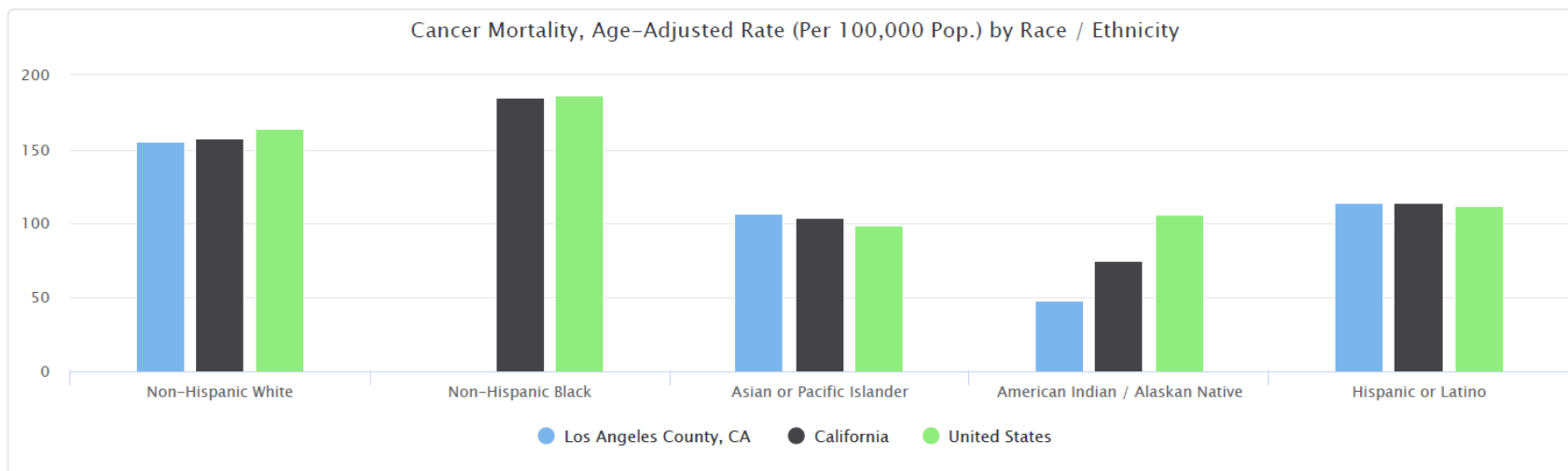
## Cancer Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Gender

Report Area	Male	Female
Los Angeles County, CA	161.79	121.11
California	166.62	124.1
United States	188.76	135.7



## Cancer Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Race / Ethnicity

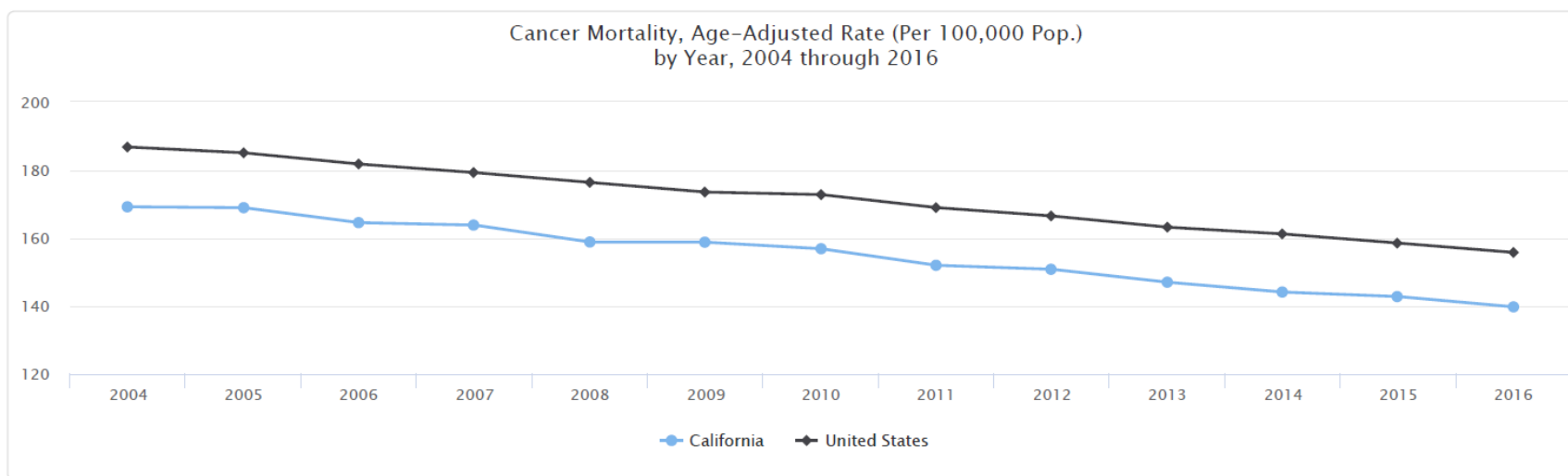
Report Area	Non-Hispanic White	Non-Hispanic Black	Asian or Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	155.39	No data	106.5	47.23	114.46
California	157.11	184.68	103.54	75.08	114.25
United States	163.17	185.93	97.79	105.18	110.9





Cancer Mortality, Age-Adjusted Rate (Per 100,000 Pop.)  
by Year, 2004 through 2016

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
California	169.19	168.94	164.53	163.81	158.83	158.78	156.85	151.98	150.8	147	144.1	142.77	139.74
United States	186.79	185.09	181.78	179.26	176.37	173.53	172.79	168.96	166.5	163.2	161.2	158.52	155.76



Source: Community Commons.org

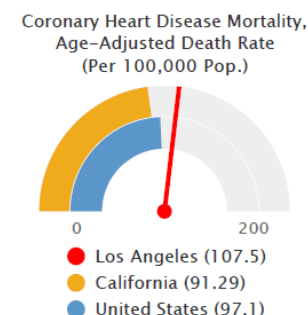
## Mortality – Heart Disease

Within the report area the rate of death due to coronary heart disease (ICD10 Codes I20-I25) per 100,000 population is 107.5. This rate is greater than the Healthy People 2020 target of less than or equal to 103.4. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because heart disease is a leading cause of death in the United States. The Los Angeles County death rate for heart disease exceeds the rate for California but is lower than the U.S. average.

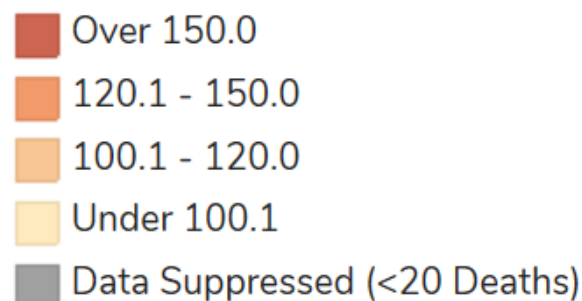
Report Area	Total Population	Average Annual Deaths, 2012-2016	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
Los Angeles County, CA	10,121,097	11,395	112.6	107.5
California	39,013,302	38,276	98.11	91.29
United States	321,050,281	366,195	114.1	97.1

Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, *National Vital Statistics System*. Accessed via *CDC WONDER*. 2013-17. Source geography: County

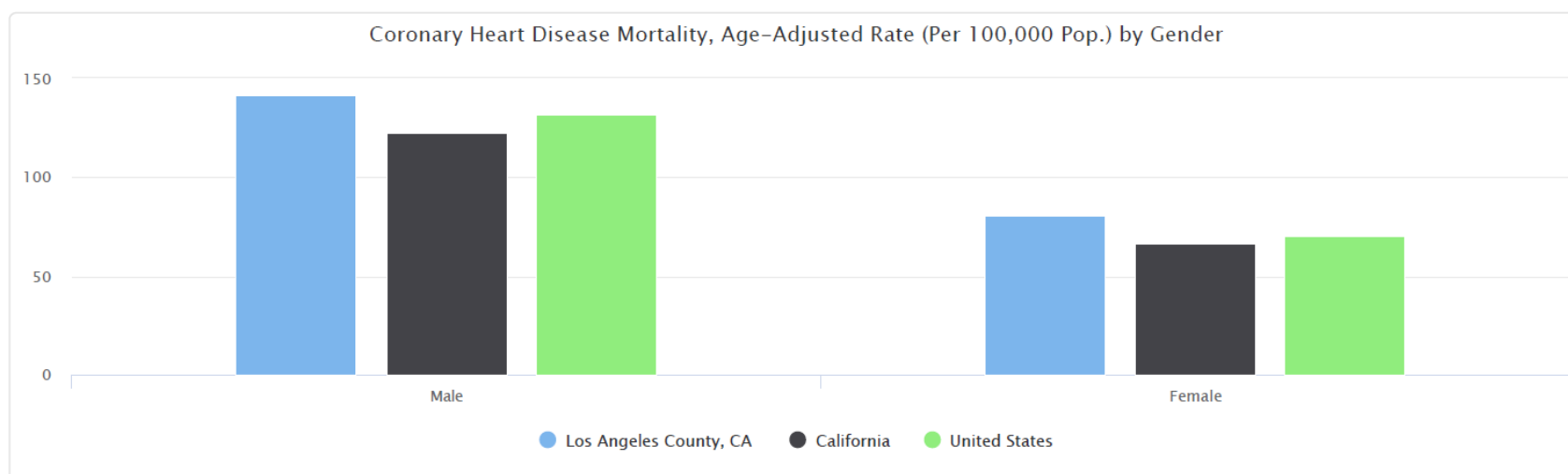


### Coronary Heart Disease Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2013-17



### Coronary Heart Disease Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Gender

Report Area	Male	Female
Los Angeles County, CA	141.83	80.39
California	122.52	66.44
United States	131.45	70.04

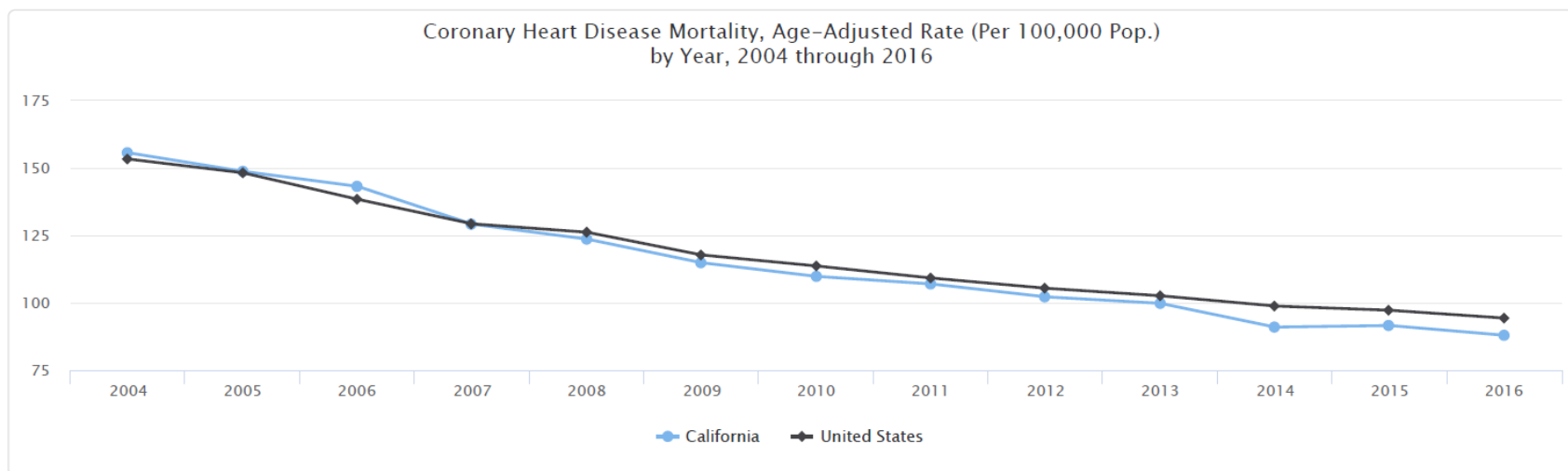


### Coronary Heart Disease Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Asian or Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	125.27	165.01	72.91	40.36	83.4
California	100.65	133.27	59.56	54.04	74.36
United States	99.47	112.62	55.18	73.14	74.44

Coronary Heart Disease Mortality, Age-Adjusted Rate (Per 100,000 Pop.)  
by Year, 2004 through 2016

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
California	155.57	148.68	143.12	129.12	123.59	114.84	109.79	106.99	102.2	99.8	91	91.59	87.97
United States	153.24	148.15	138.33	129.24	126.14	117.72	113.65	109.18	105.4	102.6	98.8	97.24	94.33



Source: Community Commons.org

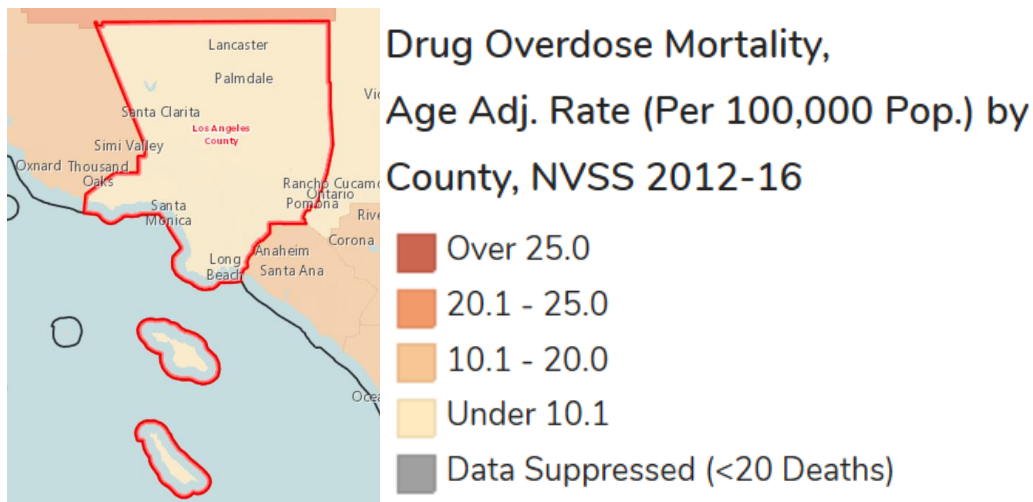
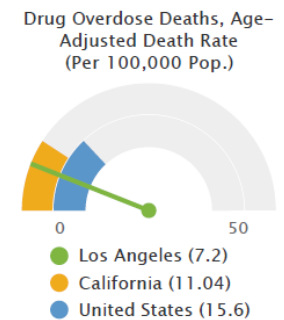
## Mortality - Drug Poisoning

This indicator reports the rate of death due to drug overdose per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. Considering current issues related to substance abuse, this topic is of high importance. Note that the most recent data provided is for 2016, and conditions may have changed since then. Also note that Los Angeles County is fortunate to have a much lower mortality rate than California as a whole or than the nation. Finally, it is interesting that almost all surrounding counties show higher incidence of drug-related deaths than Los Angeles county (darker colors on the map indicate higher incidence).

Report Area	Total Population	Average Annual Deaths, 2012-2016	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
Los Angeles County, CA	10,080,954	757	7.5	7.2
California	38,714,257	4,465	11.53	11.04
United States	318,689,254	49,715	15.6	15.6

Note: This indicator is compared to the state average.

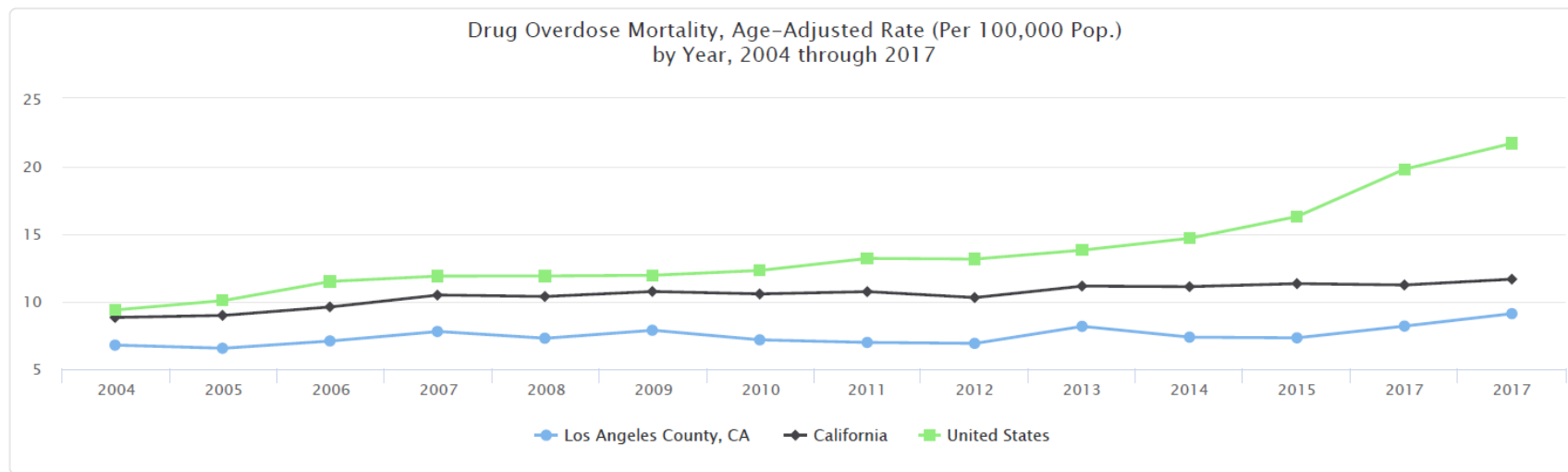
Data Source: Centers for Disease Control and Prevention, National Vital Statistics System. Accessed via CDC WONDER. 2012-16. Source geography: County



## Drug Overdose Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Year, 2004 through 2017

The table and chart below display the age-adjusted rate of drug overdose deaths for single years between 2004 and 2017. County-level figures are modelled estimates, while state and national rates are based on actual recorded deaths, age-adjusted to the U.S. population standard.

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2017	2017
Los Angeles County, CA	6.77	6.54	7.08	7.78	7.28	7.87	7.16	6.97	6.90	8.16	7.36	7.31	8.18	9.10
California	8.82	8.97	9.60	10.48	10.37	10.74	10.56	10.73	10.29	11.14	11.10	11.32	11.22	11.65
United States	9.38	10.07	11.49	11.88	11.89	11.94	12.30	13.19	13.14	13.80	14.68	16.29	19.79	21.70



Source: Community Commons.org

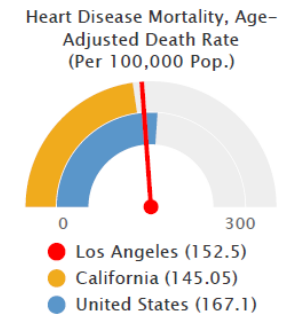
## Mortality – Coronary Heart Disease

Within the report area the rate of death due to heart disease (ICD10 Codes I00-I09, I11, I13, I20-I25.1) per 100,000 population is 152.5. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because heart disease is a leading cause of death in the United States.

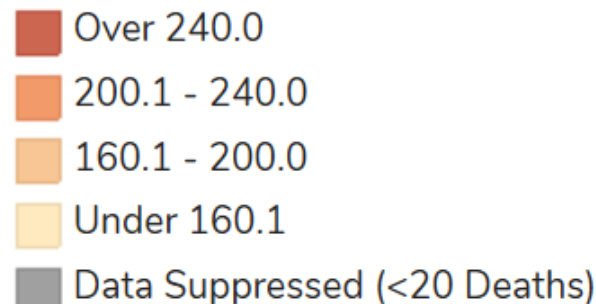
Report Area	Total Population	Average Annual Deaths, 2012-2016	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
Los Angeles County, CA	10,121,097	16,175	159.8	<b>152.5</b>
California	39,013,302	60,829	155.92	145.05
United States	321,050,281	628,402	195.7	167.1

Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2013-17. Source geography: County

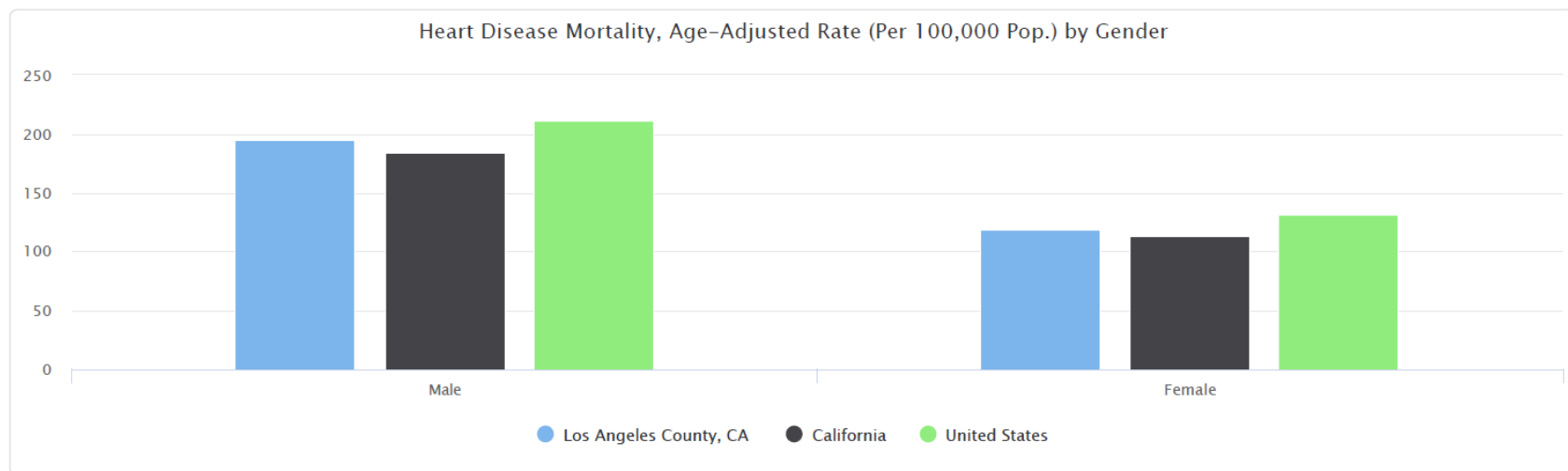


## Heart Disease Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2013-17



### Heart Disease Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Gender

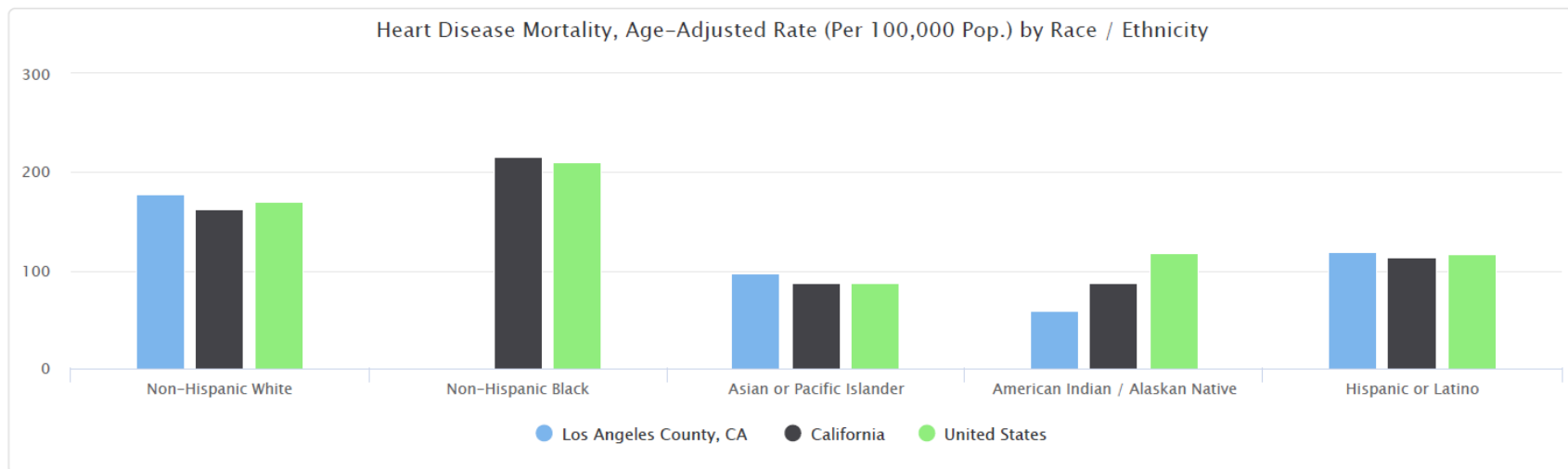
Report Area	Male	Female
Los Angeles County, CA	194.79	118.88
California	184.1	113.4
United States	210.99	131.89





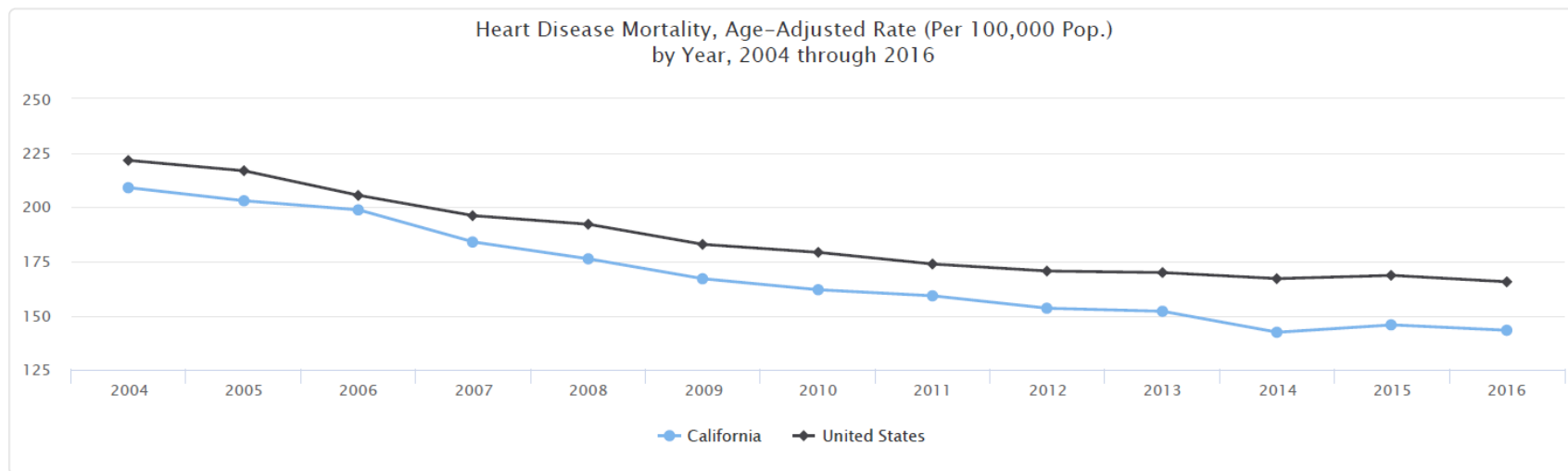
### Heart Disease Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Asian or Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	177.68	No data	96.68	59.04	118.6
California	162.3	215.5	87.55	87.09	114.22
United States	170.26	210.92	86.97	117.72	116.63



# Heart Disease Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Year, 2004 through 2016

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
California	209.02	202.99	198.76	183.92	176.15	166.93	161.86	159.04	153.3	151.9	142.2	145.62	143.12
United States	221.63	216.85	205.47	196.09	192.12	182.82	179.14	173.74	170.5	169.8	167	168.49	165.53



Source: Community Commons.org

## Mortality –Lung Disease

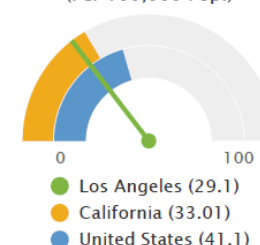
This indicator reports the rate of death due to chronic lower respiratory disease per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because lung disease is a leading cause of death in the United States.

Report Area	Total Population	Average Annual Deaths, 2012-2016	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
Los Angeles County, CA	10,121,097	3,001	29.6	29.1
California	39,013,302	13,518	34.65	33.01
United States	321,050,281	153,229	47.7	41.1

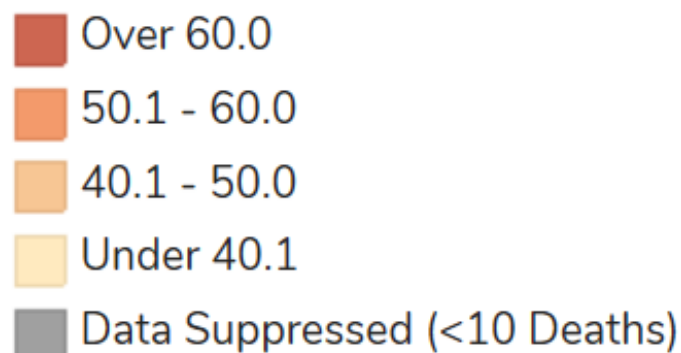
Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, National Vital Statistics System. Accessed via CDC WONDER. 2013-17. Source geography: County

Lung Disease Mortality, Age-Adjusted Death Rate (Per 100,000 Pop.)

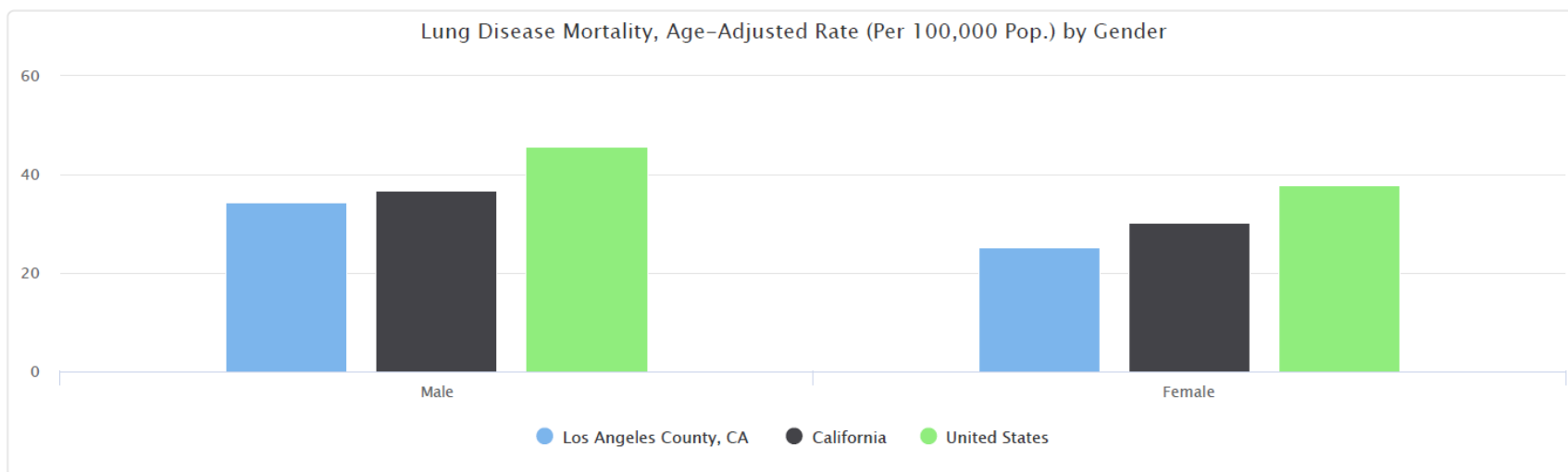


## Lung Disease Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2013-17



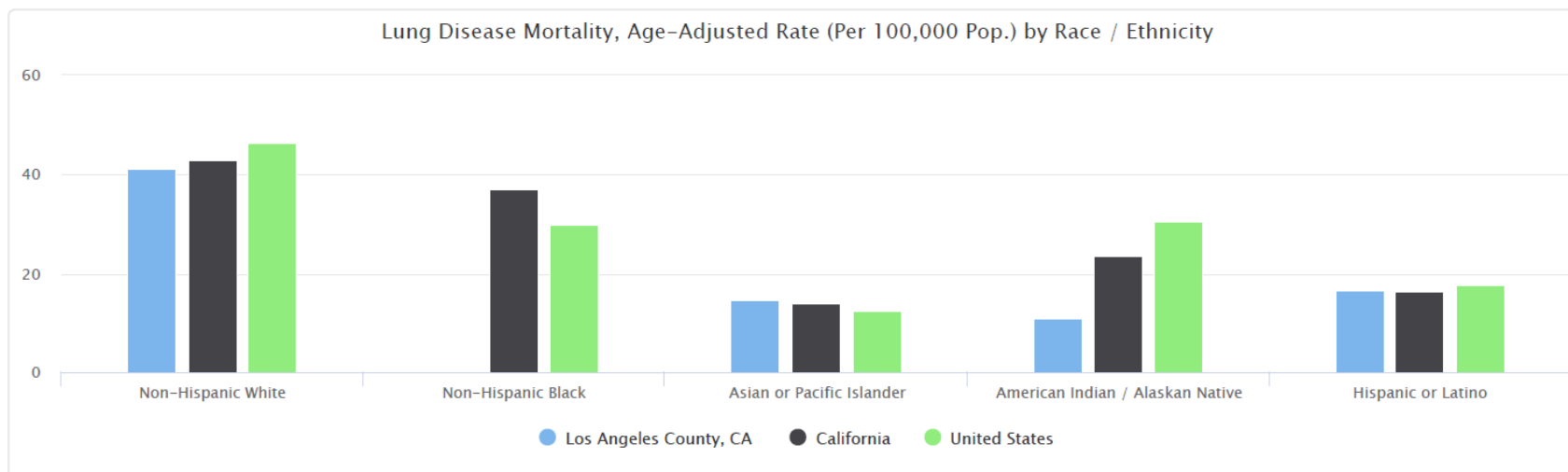
### Lung Disease Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Gender

Report Area	Male	Female
Los Angeles County, CA	34.39	25.35
California	36.71	30.29
United States	45.74	37.94



### Lung Disease Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Asian or Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	41.1	No data	14.69	10.96	16.52
California	42.84	37.02	14.13	23.61	16.31
United States	46.32	29.82	12.3	30.51	17.61



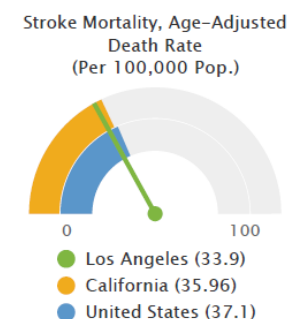
Source: Community Commons.org

## Mortality – Stroke

Within the report area there are an estimated 33.9 deaths due to cerebrovascular disease (stroke) per 100,000 population. This is greater than the Healthy People 2020 target of less than or equal to 33.8. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because stroke is a leading cause of death in the United States.

The reported rate for Stroke mortality in Los Angeles County is lower than comparable rates in California or the U.S. and is very close (although still higher) than the HP2020 goal.

Report Area	Total Population	Average Annual Deaths, 2012-2016	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
Los Angeles County, CA	10,121,097	3,543	35	33.9
California	39,013,302	14,906	38.21	35.96
United States	321,050,281	138,186	43	37.1

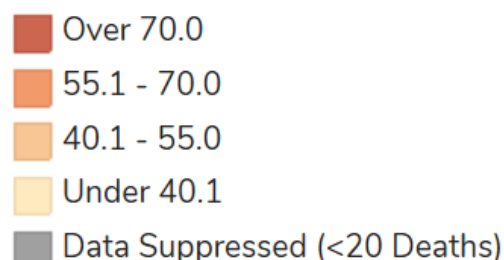


Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, National Vital Statistics System. Accessed via CDC WONDER, 2013-17. Source geography: County

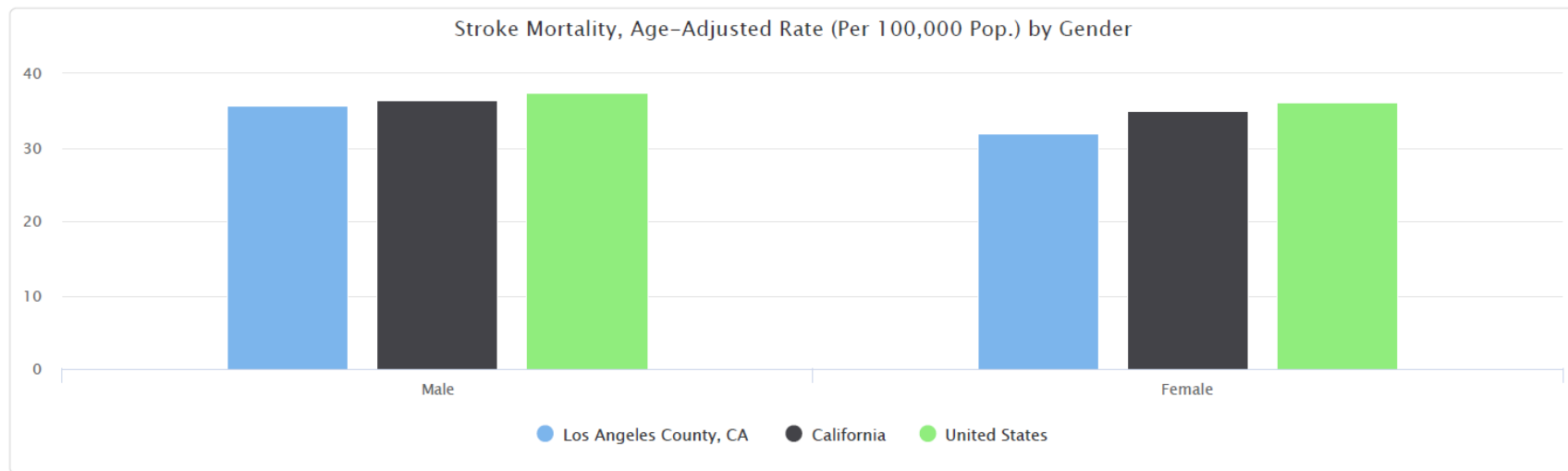


### Stroke Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2013-17



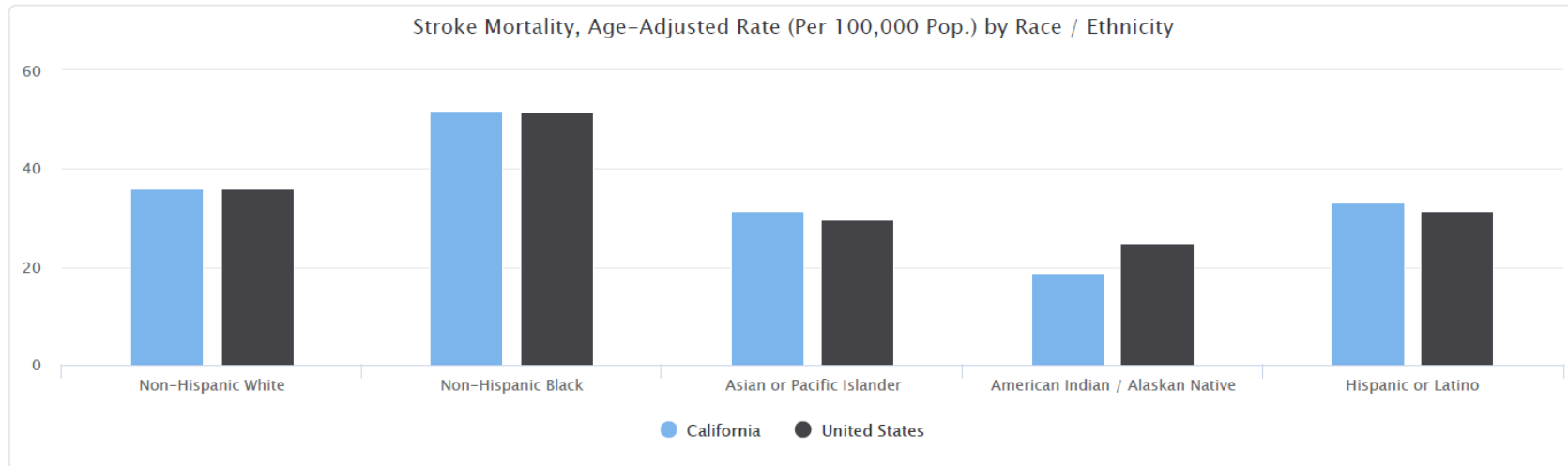
## Stroke Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Gender

Report Area	Male	Female
Los Angeles County, CA	35.78	32.02
California	36.5	34.92
United States	37.38	36.16



### Stroke Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Race / Ethnicity

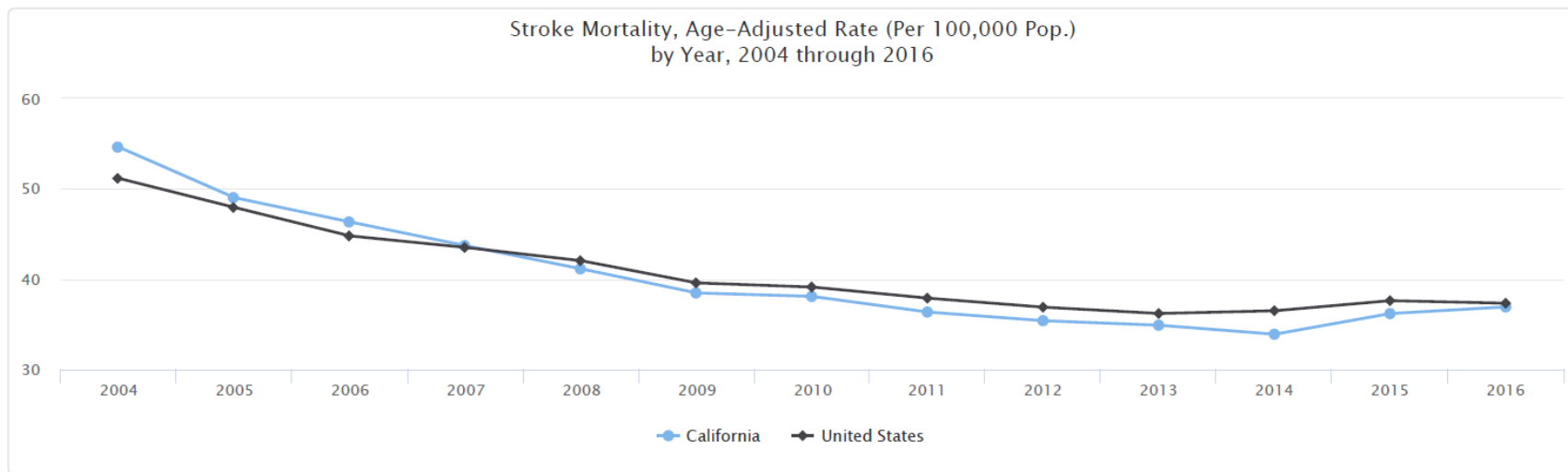
Report Area	Non-Hispanic White	Non-Hispanic Black	Asian or Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
California	35.83	51.85	31.27	18.76	33.11
United States	35.86	51.62	29.72	24.95	31.28



### Stroke Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Year, 2004 through 2016

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
California	54.64	49.04	46.35	43.72	41.15	38.48	38.09	36.36	35.4	34.9	33.9	36.19	36.93
United States	51.18	47.96	44.8	43.52	42.05	39.59	39.13	37.9	36.9	36.2	36.5	37.62	37.34





Source: Community Commons.org

## Mortality – Suicide

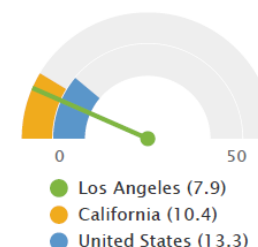
This indicator reports the rate of death due to intentional self-harm (suicide) per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because suicide is an indicator of poor mental health. While any rate is unacceptable, Los Angeles County's rate is lower than the rates for comparison areas.

Report Area	Total Population	Average Annual Deaths, 2012-2016	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
Los Angeles County, CA	10,121,097	835	8.3	7.9
California	39,013,302	4,202	10.77	10.4
United States	321,050,281	44,061	13.7	13.3

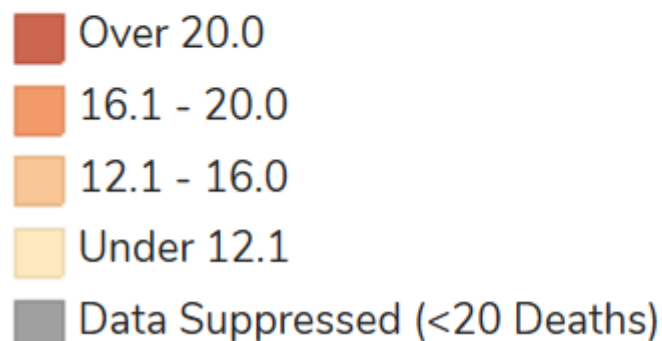
Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2013-17. Source geography: County

Suicide, Age-Adjusted Death Rate  
(Per 100,000 Pop.)

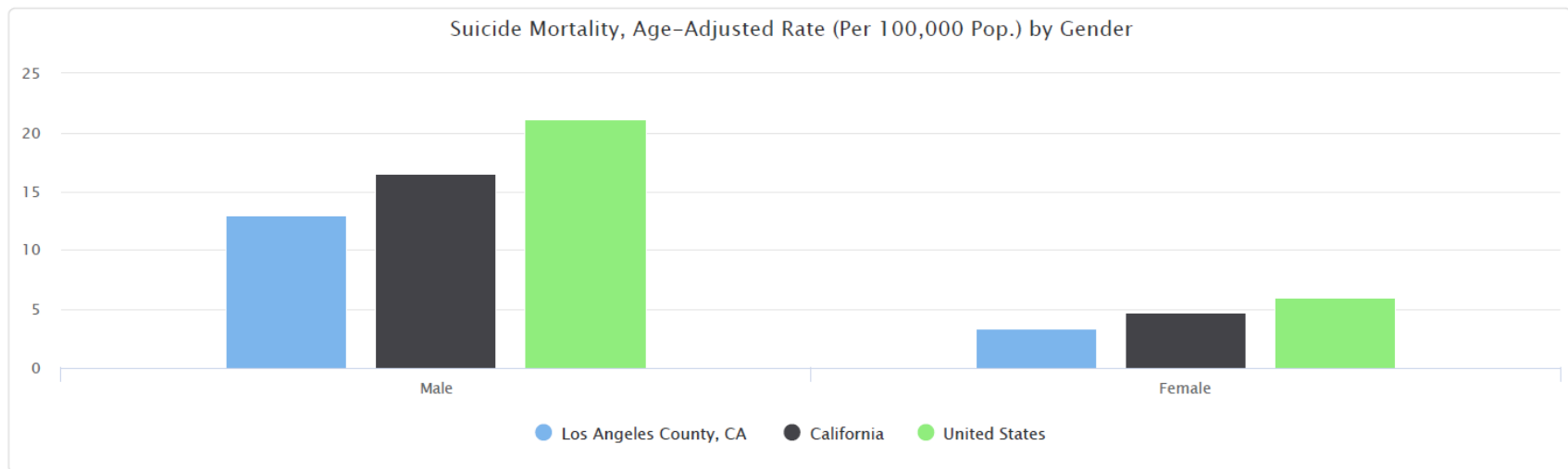


## Suicide Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2013-17



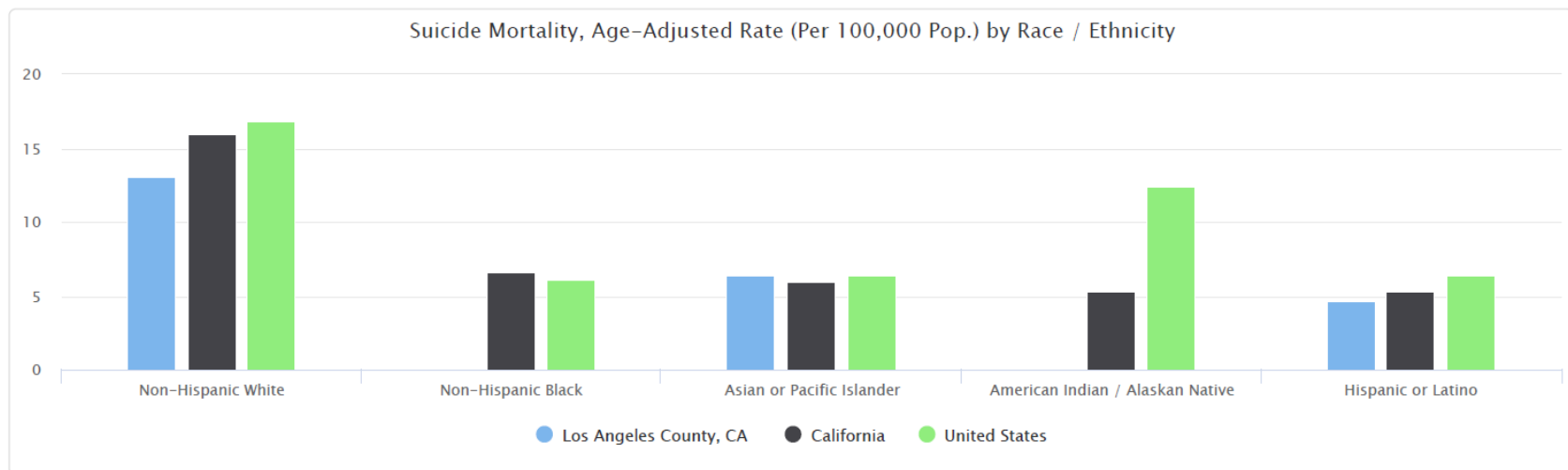
### Suicide Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Gender

Report Area	Male	Female
Los Angeles County, CA	12.97	3.35
California	16.49	4.72
United States	21.17	5.9



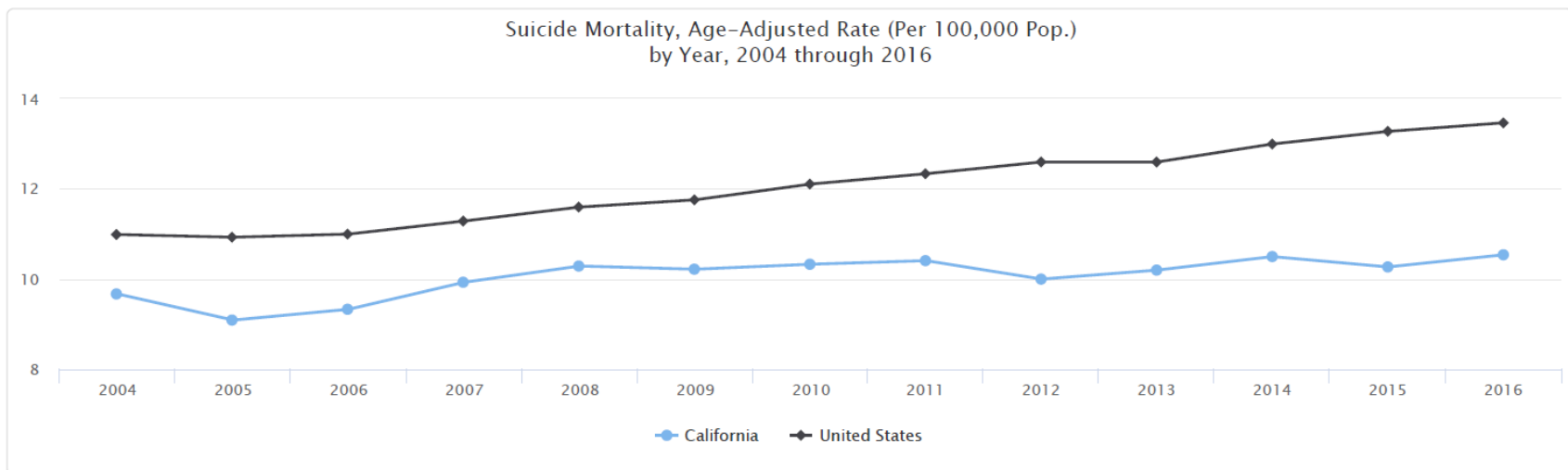
### Suicide Mortality, Age-Adjusted Rate (Per 100,000 Pop.) by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Asian or Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
Los Angeles County, CA	13.13	No data	6.33	Suppressed	4.67
California	15.96	6.65	5.95	5.3	5.36
United States	16.82	6.06	6.32	12.47	6.39



Suicide Mortality, Age-Adjusted Rate (Per 100,000 Pop.)  
by Year, 2004 through 2016

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
California	9.67	9.09	9.33	9.93	10.29	10.22	10.33	10.41	10	10.2	10.5	10.27	10.54
United States	10.99	10.93	11	11.29	11.6	11.76	12.11	12.34	12.6	12.6	13	13.28	13.47



Source: Community Commons.org

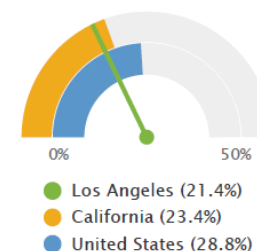
## Obesity

21.4% of adults aged 20 and older self-report that they have a Body Mass Index (BMI) greater than 30.0 (obese) in the report area. Excess weight may indicate an unhealthy lifestyle and puts individuals at risk for further health issues. Persons in the obesity category are particularly susceptible to maladies such as diabetes and high blood pressure, and are at increased risk for heart attacks and strokes.

The rate for Los Angeles County is lower than the California average, and substantially lower than the nationwide level. Interestingly, there is no HP2020 goal for this problem. Obesity is also more pronounced in the male populations of Los Angeles and Ventura Counties, and although the disparity exists in all the comparative groups, the differential is less among the comparison groups.

Report Area	Total Population Age 20+	Adults with BMI > 30.0 (Obese)	Percent Adults with BMI > 30.0 (Obese)
Los Angeles County, CA	7,621,286	1,653,819	21.4%
California	29,169,373	6,895,800	23.4%
United States	241,290,773	69,953,947	28.8%

Percentage of Adults Obese

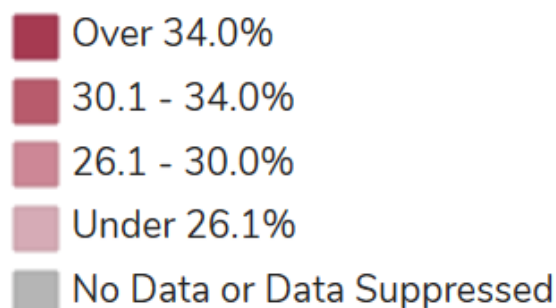


Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion. 2016. Source geography: County

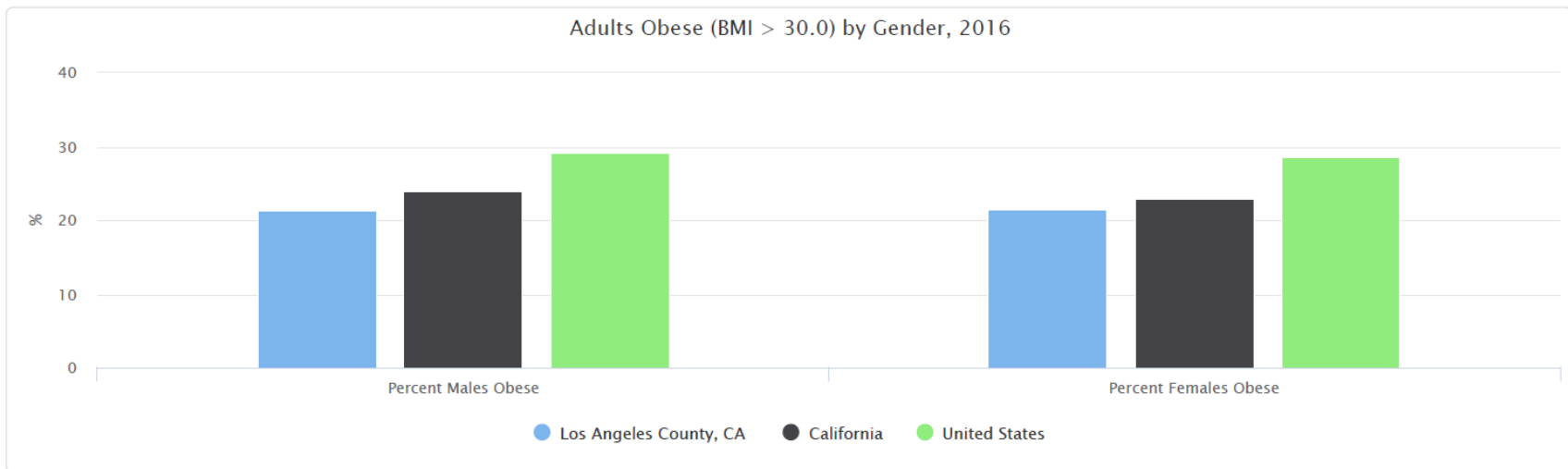


### Obese (BMI >= 30), Adults Age 20+, Percent by County, CDC NCCDPHP 2016



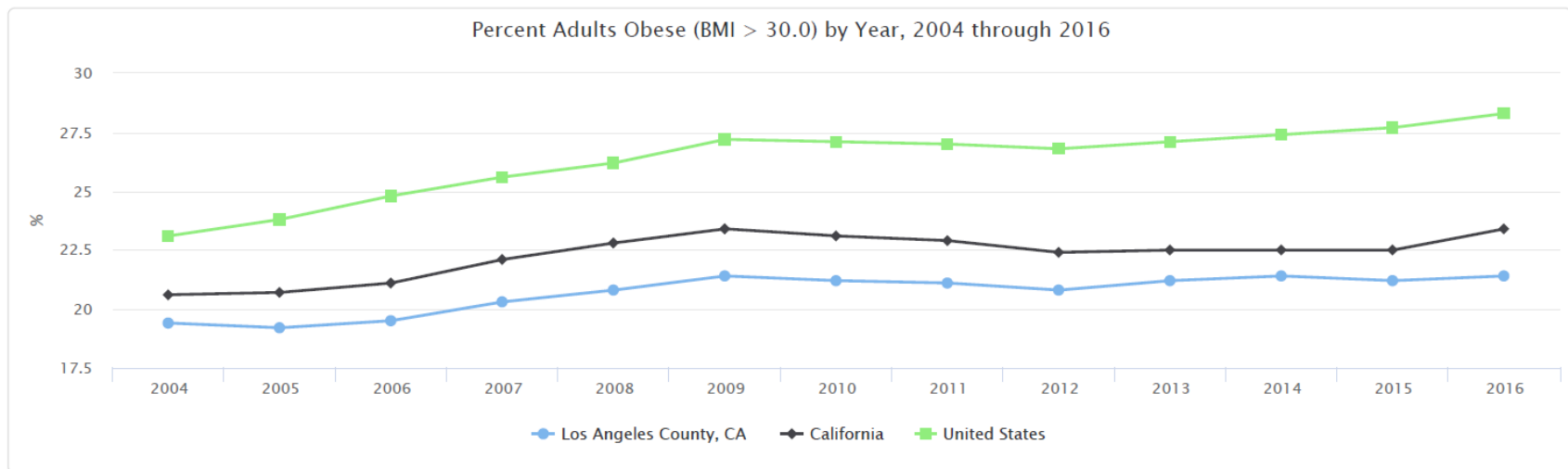
### Adults Obese (BMI > 30.0) by Gender, 2016

Report Area	Total Males Obese	Percent Males Obese	Total Females Obese	Percent Females Obese
Los Angeles County, CA	799,883	21.3%	853,936	21.5%
California	3,465,327	23.9%	3,430,476	22.9%
United States	34,425,823	29.1%	35,528,108	28.6%



### Percent Adults Obese (BMI > 30.0) by Year, 2004 through 2016

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Los Angeles County, CA	19.4%	19.2%	19.5%	20.3%	20.8%	21.4%	21.2%	21.1%	20.8%	21.2%	21.4%	21.2%	21.4%
California	20.6%	20.7%	21.1%	22.1%	22.8%	23.4%	23.1%	22.9%	22.4%	22.5%	22.5%	22.5%	23.4%
United States	23.1%	23.8%	24.8%	25.6%	26.2%	27.2%	27.1%	27%	26.8%	27.1%	27.4%	27.7%	28.3%



Source: Community Commons.org



## Overweight

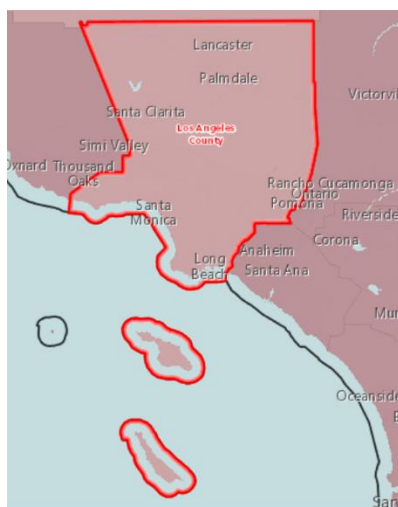
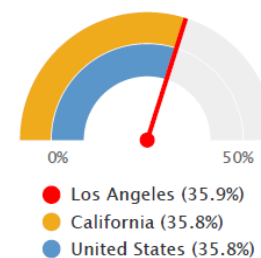
This indicator reports the percentage of adults aged 18 and older who self-report that they have a Body Mass Index (BMI) between 25.0 and 30.0 (overweight). 35.9% of adults aged 18 and older self-report that they have a Body Mass Index (BMI) between 25.0 and 30.0 (overweight) in the report area. Excess weight may indicate an unhealthy lifestyle and puts individuals at risk for further health issues. While these people are at lower risk for health problems than those listed as obese (shown previously), they share many of the maladies and risks associated with overweight conditions. In contrast with the Obesity rates above, the percentage of overweight adults in the two counties shown is very slightly above the averages for California and the U.S.

Report Area	Survey Population (Adults Age 18+)	Total Adults Overweight	Percent Adults Overweight
Los Angeles County, CA	6,242,974	2,242,968	35.9%
California	26,907,825	9,646,443	35.8%
United States	224,991,207	80,499,532	35.8%

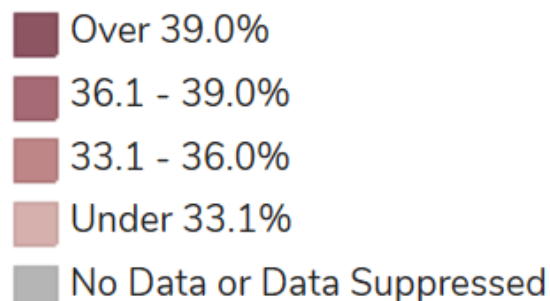
Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Additional data analysis by CARES. 2011-12. Source geography: County

Percent Adults Overweight



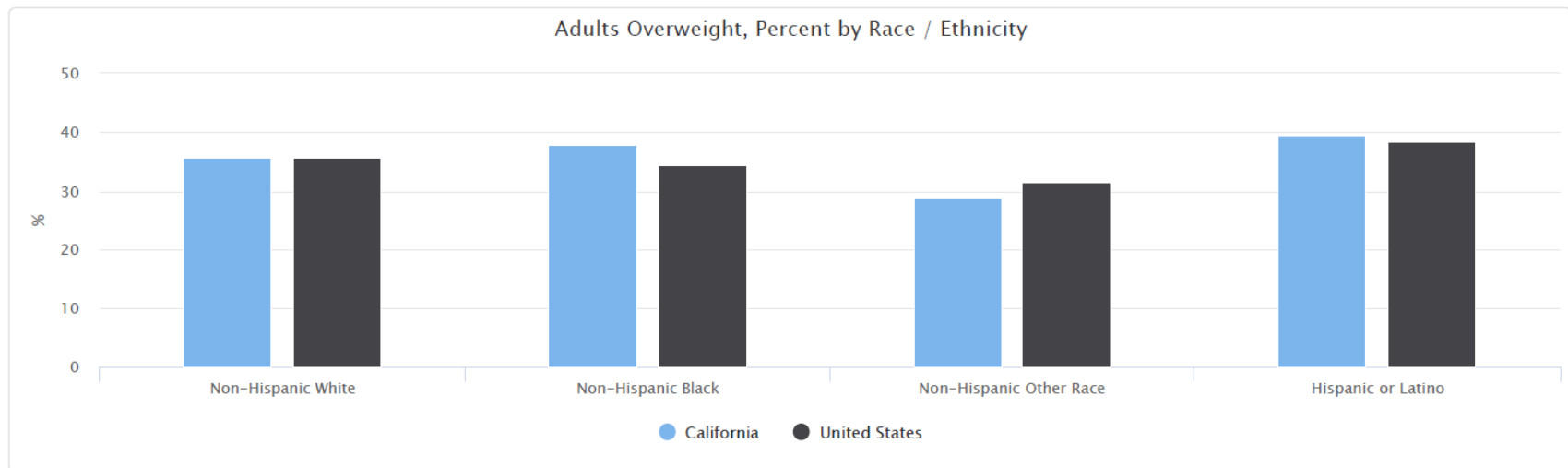
## Overweight (BMI 25.0-29.9), Adults Age 18+, Percent by County, BRFSS 2011-12



## Adults Overweight, Percent by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Non-Hispanic Other Race	Hispanic or Latino
California	35.64%	37.89%	28.8%	39.41%
United States	35.85%	34.31%	31.61%	38.43%

*Note: No county data available. See data source and methodology for more details.*



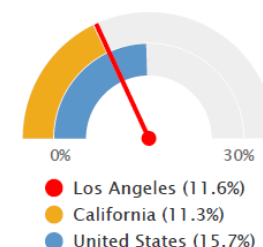
Source: Community Commons.org

## Poor Dental Health

This indicator reports the percentage of adults age 18 and older who self-report that six or more of their permanent teeth have been removed due to tooth decay, gum disease, or infection. This indicator is relevant because it indicates lack of access to dental care and/or social barriers to utilization of dental services. Los Angeles County reported worse-than-California-average rates of dental problems, but note that California reports much lower incidence of dental problems than is found in the U.S. overall.

Report Area	Total Population (Age 18+)	Total Adults with Poor Dental Health	Percent Adults with Poor Dental Health
Los Angeles County, CA	7,297,743	845,641	11.6%
California	27,665,678	3,116,539	11.3%
United States	235,375,690	36,842,620	15.7%

Percent Adults with Poor Dental Health

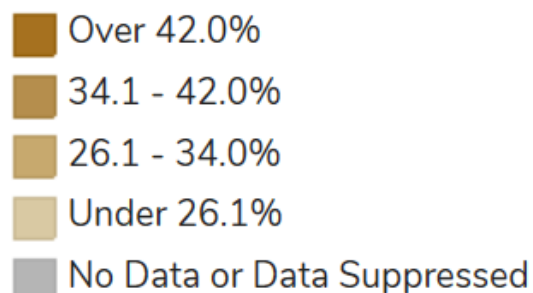


Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES, 2006-10. Source geography: County



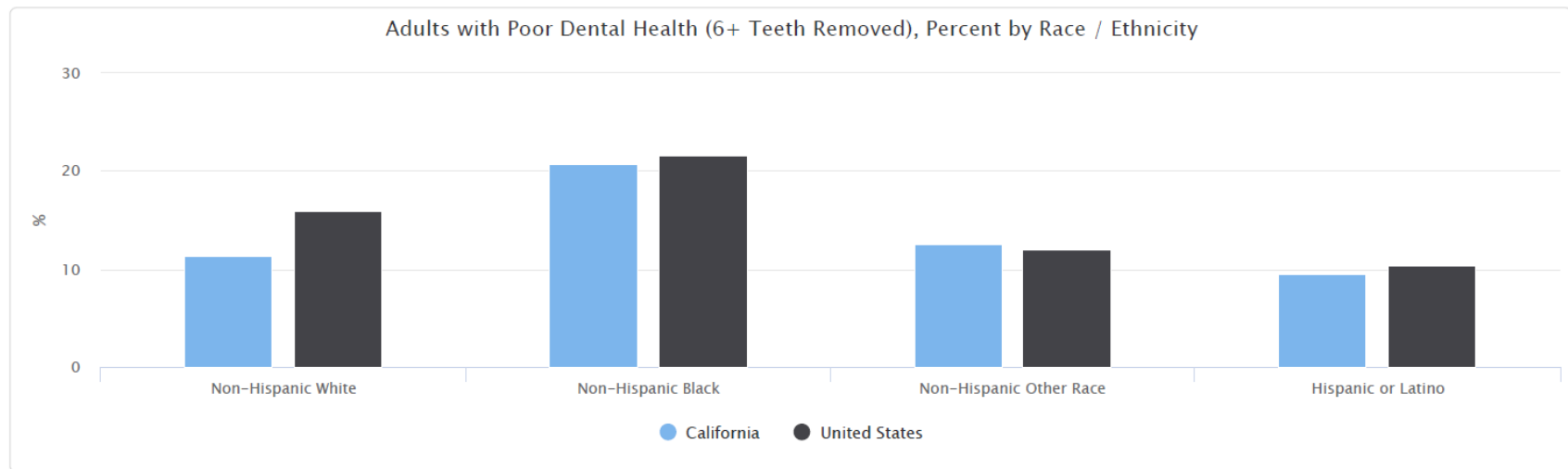
## Adults Age 18+ Without Dental Exam in Past 12 Months, Percent by County, BRFSS 2006-10



## Adults with Poor Dental Health (6+ Teeth Removed), Percent by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Non-Hispanic Other Race	Hispanic or Latino
California	11.38%	20.77%	12.68%	9.53%
United States	16.04%	21.6%	12.11%	10.31%

*Note: No county data available. See data source and methodology for more details.*

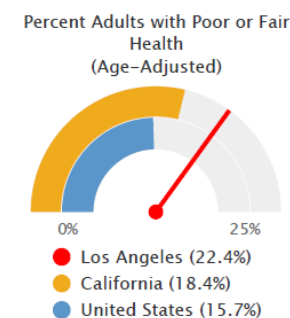


Source: Community Commons.org

## Poor General Health

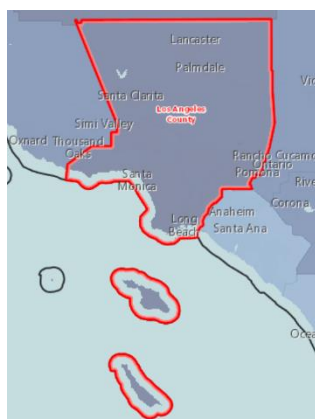
This indicator reports the percentage of adults age 18 and older who self-report having poor or fair health. Within the report area 22.3% of adults age 18 and older self-report having poor or fair health in response to the question "would you say that in general your health is excellent, very good, good, fair, or poor?". This indicator is relevant because it is a measure of general poor health status. This indicator is one of the most disparate items in the list of indicators, with Los Angeles County significantly higher than all comparable areas. Since the survey it references was taken before 2012, it will be interesting to see if changes resulting from provisions of the Affordable Care Act and Covered California result in changes to the percentage of Los Angeles County residents reporting poor health in ensuing years.

Report Area	Total Population Age 18+	Estimated Population with Poor or Fair Health	Crude Percentage	Age-Adjusted Percentage
Los Angeles County, CA	7,359,916	1,641,261	22.3%	<b>22.4%</b>
California	27,665,678	5,118,150	18.5%	18.4%
United States	232,556,016	37,766,703	16.2%	15.7%

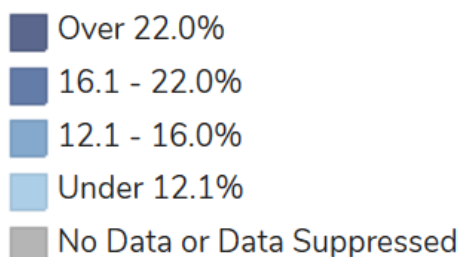


Note: This indicator is compared to the state average.

Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Accessed via the [Health Indicators Warehouse](#). US Department of Health & Human Services, [Health Indicators Warehouse](#). 2006-12. Source geography: County



## Adults with Poor or Fair Health, Percent by County, BRFSS 2006-12



Source: Community Commons.org

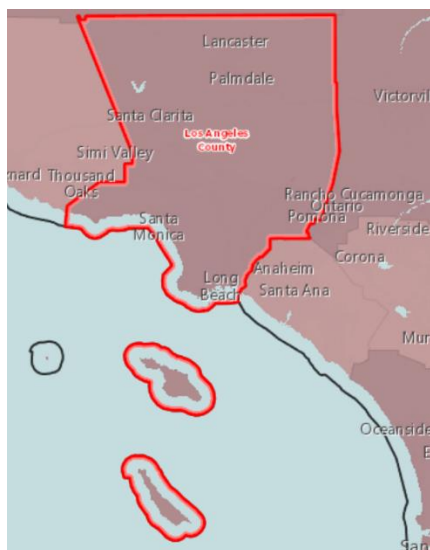
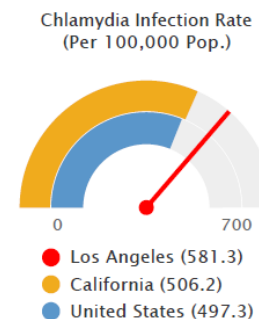
## STI - Chlamydia

This indicator reports incidence rate of chlamydia cases per 100,000 population. This indicator is relevant because it is a measure of poor health status and indicates the prevalence of unsafe sex practices. Los Angeles County's incidence rate is substantially greater than the comparable large areas.

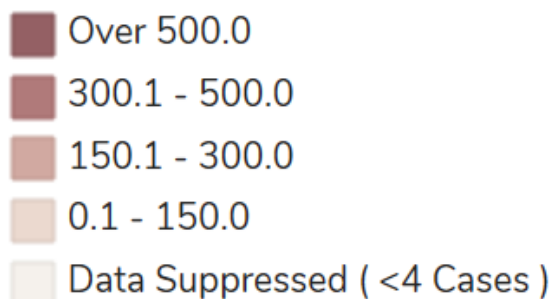
Report Area	Total Population	Total Chlamydia Infections	Chlamydia Infections, Rate (Per 100,000 Pop.)
Los Angeles County, CA	10,170,292	59,116	581.3
California	39,144,818	198,155	506.2
United States	321,418,820	1,598,354	497.3

Note: This indicator is compared to the state average.

Data Source: US Department of Health & Human Services, [Health Indicators Warehouse](#). Centers for Disease Control and Prevention, [National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention](#). 2016. Source geography: County

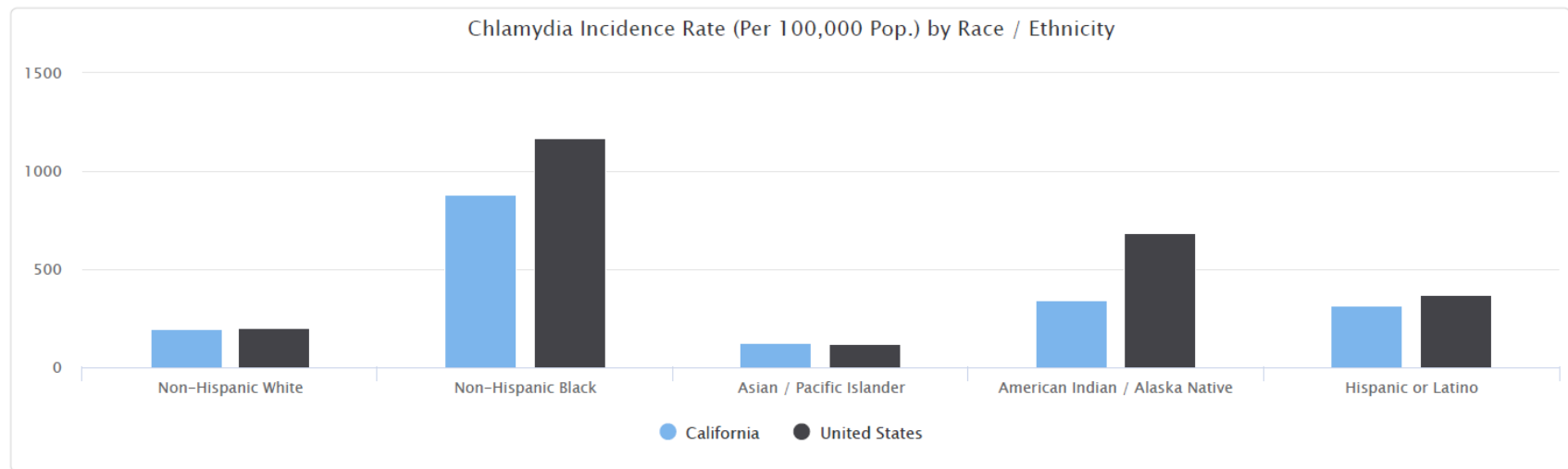


## Chlamydia, Infection Rate per 100,000 Population by County, NCHHSTP 2016



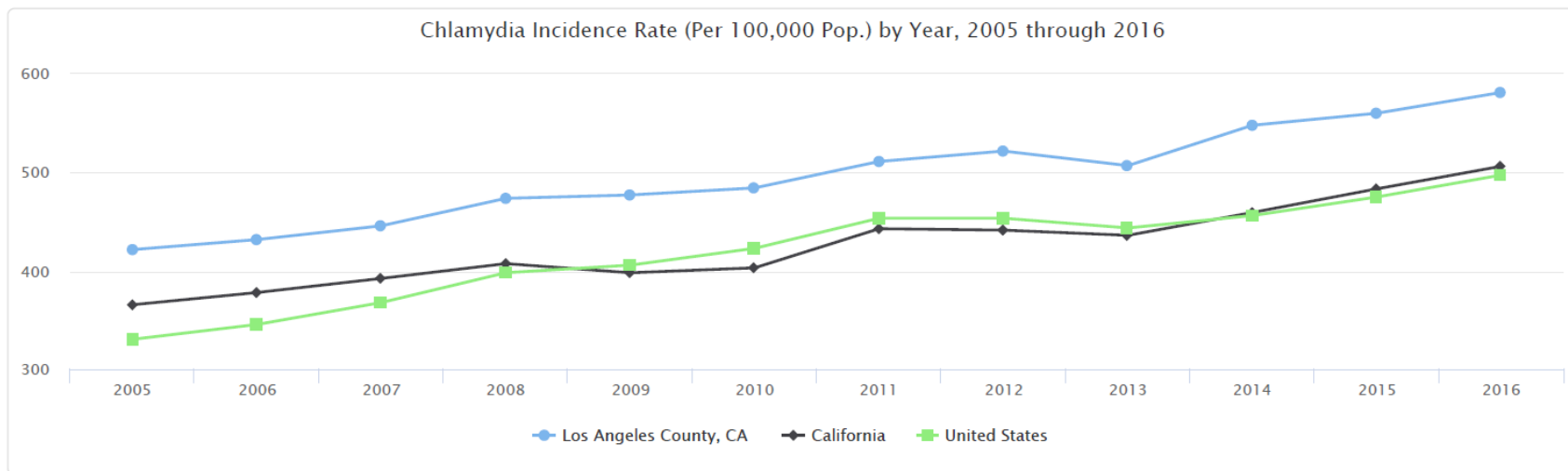
### Chlamydia Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Asian / Pacific Islander	American Indian / Alaska Native	Hispanic or Latino
Los Angeles County, CA	No data	No data	No data	No data	No data
California	199.5	885.4	129.2	346.2	318.9
United States	203.3	1,168.7	120.6	684.8	372.8



### Chlamydia Incidence Rate (Per 100,000 Pop.) by Year, 2005 through 2016

Report Area	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Los Angeles County, CA	421.5	431.67	445.71	473.6	477.02	484.22	511.09	521.68	506.88	547.87	560.14	581.26
California	365.43	377.85	392.22	407.24	397.95	402.97	442.74	441.3	436	459.2	483.26	506.21
United States	330.3	345.4	367.7	398	405.7	422.8	453.4	453.4	443.5	456.1	474.97	497.28



Source: Community Commons.org



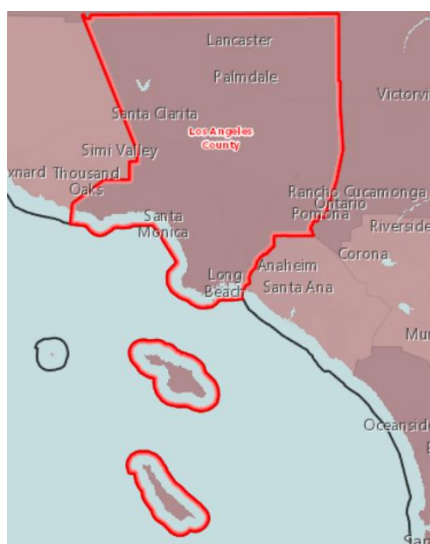
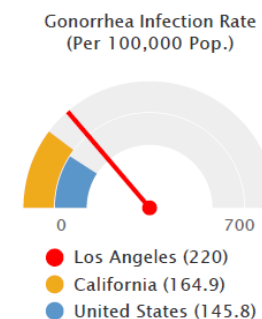
## STI – Gonorrhea

This indicator reports incidence rate of Gonorrhea cases per 100,000 population. This indicator is relevant because it is a measure of poor health status and indicates the prevalence of unsafe sex practices. As with Chlamydia, Los Angeles County's incidence rates are greater than all comparable areas.

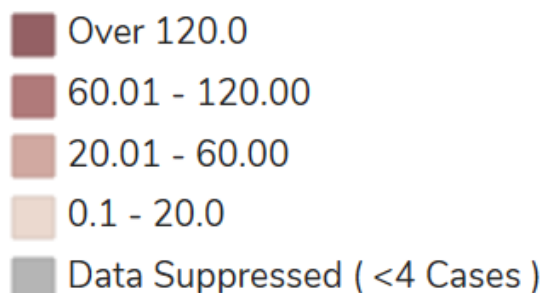
Report Area	Total Population	Total Gonorrhea Infections	Gonorrhea Infections, Rate (Per 100,000 Pop.)
Los Angeles County, CA	10,170,292	22,376	220
California	39,144,818	64,551	164.9
United States	321,418,820	468,514	145.8

Note: This indicator is compared to the state average.

Data Source: US Department of Health & Human Services, [Health Indicators Warehouse](#). Centers for Disease Control and Prevention, [National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention](#). 2016. Source geography: County

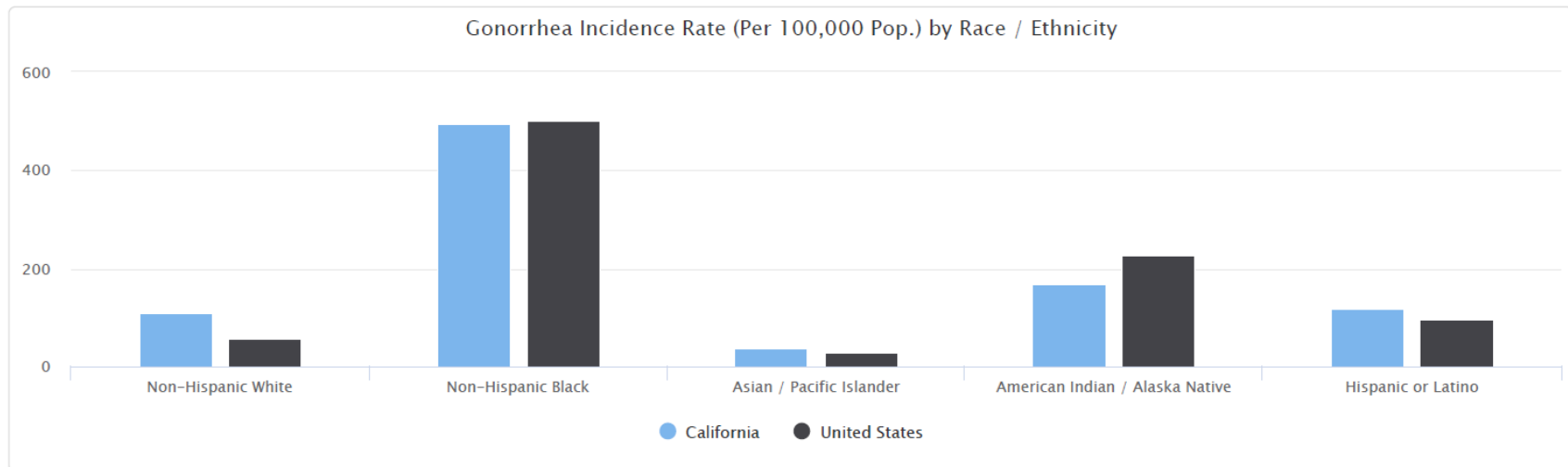


## Gonorrhea, Infection Rate per 100,000 Population by County, NCHHSTP 2016



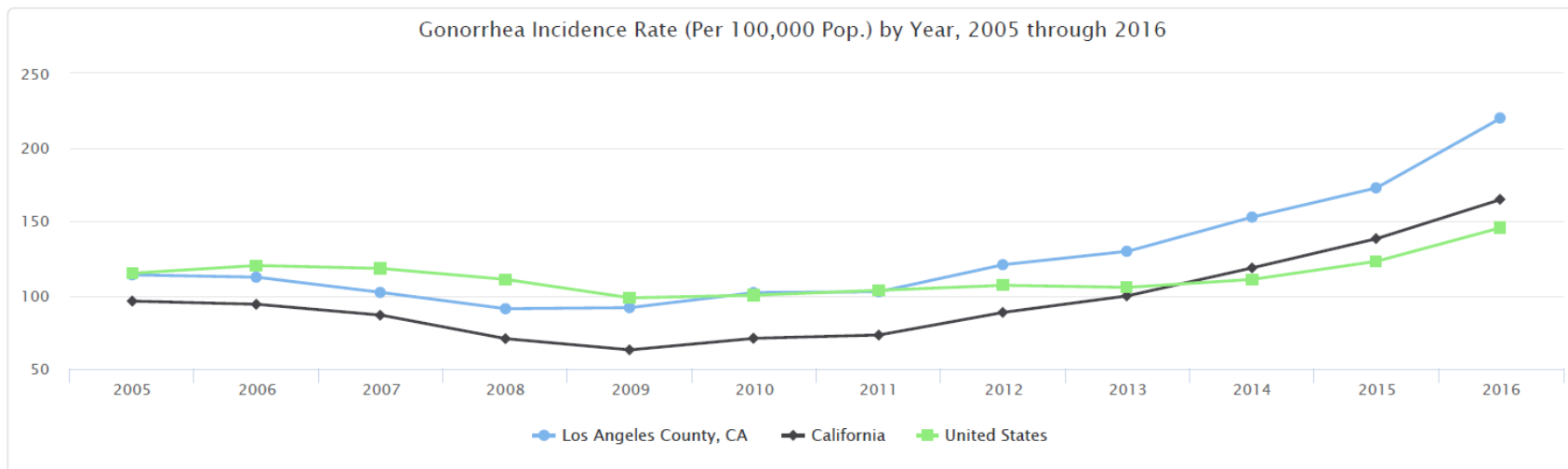
### Gonorrhea Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Asian / Pacific Islander	American Indian / Alaska Native	Hispanic or Latino
Los Angeles County, CA	No data	No data	No data	No data	No data
California	108.1	492.7	37.4	169.2	117.9
United States	57.3	503.2	28.8	228.1	96.1



### Gonorrhea Incidence Rate (Per 100,000 Pop.) by Year, 2005 through 2016

Report Area	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Los Angeles County, CA	113.8	112.2	101.87	90.84	91.59	101.78	102.35	120.67	129.75	152.9	172.69	220.01
California	95.99	93.86	86.48	70.58	62.97	70.82	73.05	88.37	99.6	118.5	138.29	164.9
United States	114.9	120.1	118.1	110.7	98.2	100	103.3	106.7	105.3	110.7	122.96	145.76



Source: Community Commons.org

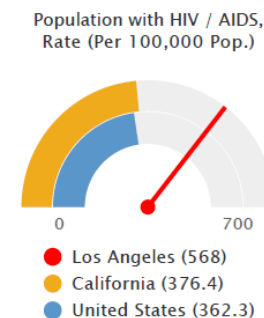
## STI – HIV Prevalence

This indicator reports prevalence rate of HIV per 100,000 population. This indicator is relevant because HIV is a life-threatening communicable disease that disproportionately affects minority populations and may also indicate the prevalence of unsafe sex practices. The San Fernando Valley has a large population of HIV-positive residents and an active cadre of organizations devoted to helping clients manage their condition. Thus the incidence of HIV is much higher than any of the comparison areas. The prevalence of HIV among ethnic groups is highly variable, with greater concentrations in the non-Hispanic Black populations and lower concentrations in the non-Hispanic White cohort. White Hispanics have the lowest incidence among the three groups.

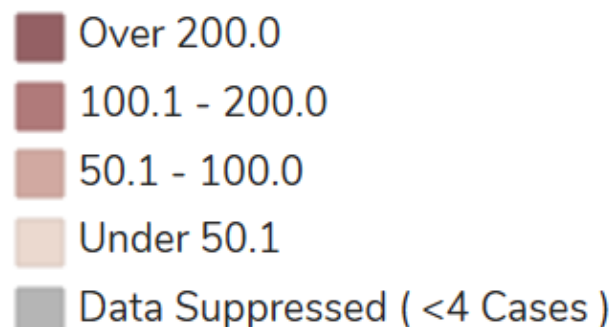
Report Area	Population Age 13+	Population with HIV / AIDS	Population with HIV / AIDS, Rate (Per 100,000 Pop.)
Los Angeles County, CA	8,480,153	48,170	568
California	32,433,206	122,079	376.4
United States	268,159,414	971,524	362.3

Note: This indicator is compared to the state average.

Data Source: US Department of Health & Human Services, *Health Indicators Warehouse*. Centers for Disease Control and Prevention, *National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention*. 2015. Source geography: County

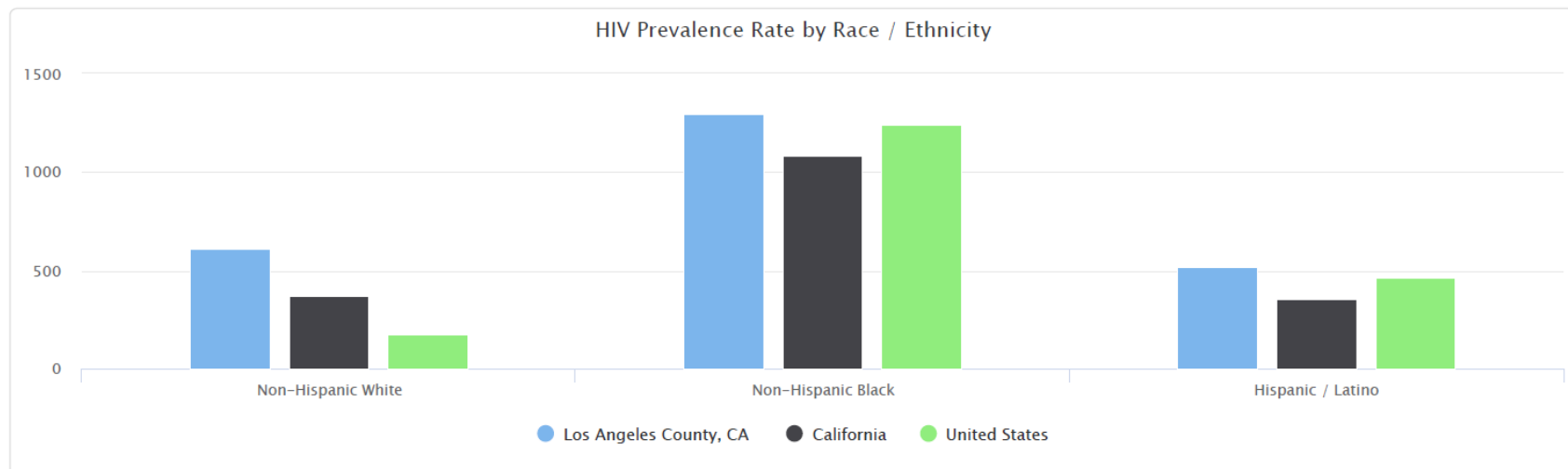


## HIV Prevalence, Rate (Per 100,000 Pop.) by County, NCHHSTP 2015



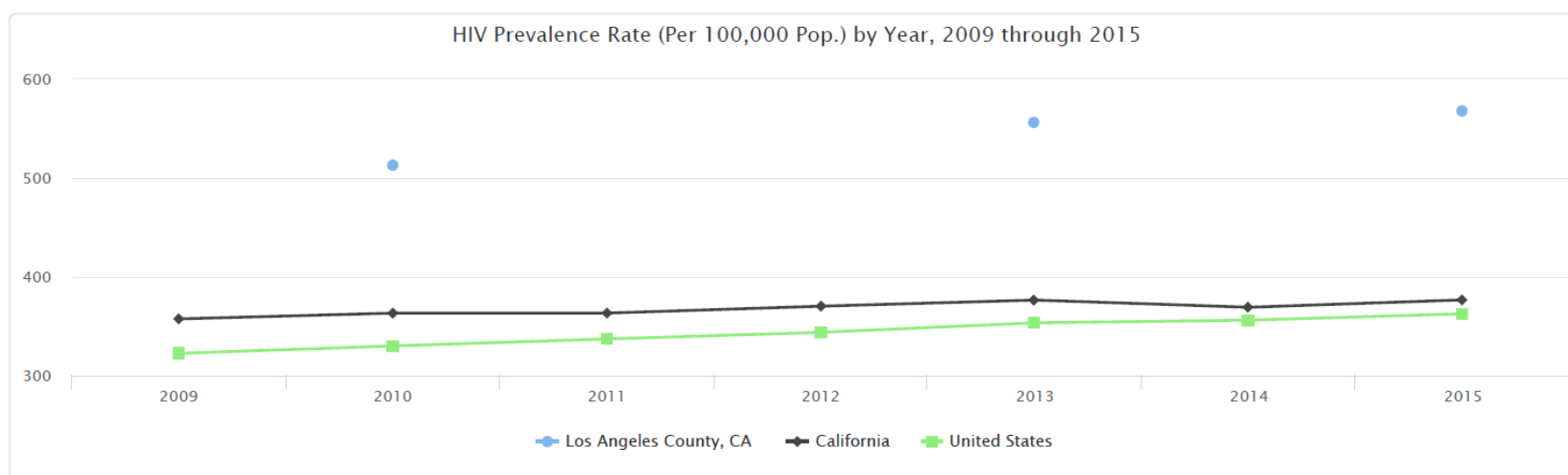
## HIV Prevalence Rate by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Hispanic / Latino
Los Angeles County, CA	609.49	1,293.79	522.01
California	369.99	1,089.56	360.74
United States	174	1,243.8	462



## HIV Prevalence Rate (Per 100,000 Pop.) by Year, 2009 through 2015

Report Area	2009	2010	2011	2012	2013	2014	2015
Los Angeles County, CA	No data	513	No data	No data	556.4	No data	568
California	357.1	363	363	370	376.2	368.9	376.4
United States	322.2	329.7	336.8	343.5	353.16	355.8	362.3



Source: Community Commons.org

## SURVEY DATA SUMMARY

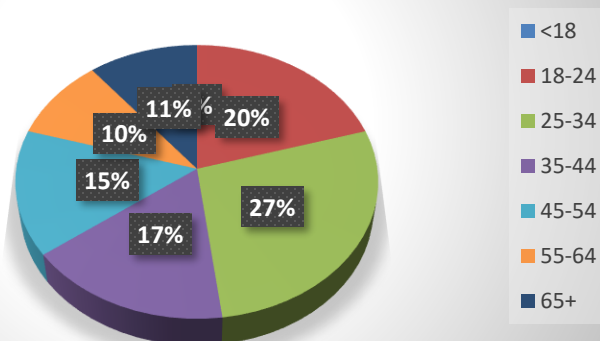
In an attempt to reach out to the community and gather a better understanding of their service area needs, SOH reached out to its patients and community in general through a community needs survey, distributed in five languages (English, Spanish, Korean, Vietnamese, and Mandarin Chinese) to be able to capture and represent as many groups as possible. It should be noted that the surveys did not differentiate among the various Asian groups, and that many Asian subgroups are present in the area, all of whom would have responded “Asian” to the list of ethnicity options despite significant differences among the various Asian subgroups.

Survey respondents were solicited in shopping areas surrounding SOH, at meetings of civic and religious groups, and among people coming to the hospital.

The 203 surveys obtained from respondents in SOH’s service area represent a much smaller sample than the discharge data, but provide a more detailed view of each respondent. Since the surveys are distributed by hospital personnel to their acquaintances and community contacts, they do not represent a true cross-section of the overall TSA population. But the answers provided give insight into some issues that are of interest in analyzing community health needs.

The highlighted items which follow are those where the survey responses deviated from total population data, or where the responses received indicate an area worthy of further analysis. The entire survey results are presented in a later section of the report.

## Respondent Age

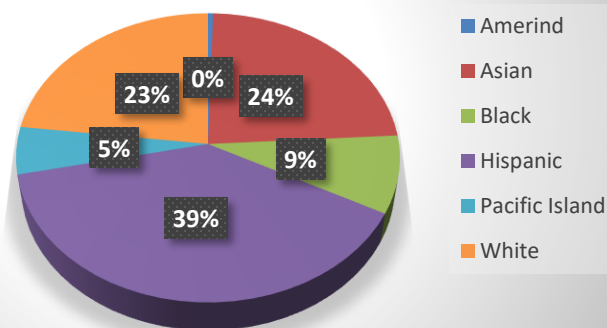


## Survey Respondents' Age

From a planning perspective, neither group is extremely different from county, state or national norms, so the issues of both groups are important considerations, along with those of middle age residents. The demographic mix also indicates that issues found throughout the county are probably issues that will matter to residents of the TSA

Review of the surveys returned indicates that the survey sample was much more weighted toward younger demographics, although all ages were represented.

## Respondent Ethnicity



## Population by Race/Ethnicity

The TSA population as analyzed by the California Department of Finance ("DOF") is significantly more mixed ethnically than Los Angeles County, California, and especially the USA as a whole. The percentage of "white only" residents in the TSA (54%) is 8% less than Los Angeles County as a whole, and an even smaller percentage compared to California or the USA. All non-white ethnic categories are smaller than their Los Angeles County and US counterparts, except for "all other" groups, which exceed county, state and national averages.

The survey results tell a different story about ethnicity in the area than do census reports. The "white" Survey

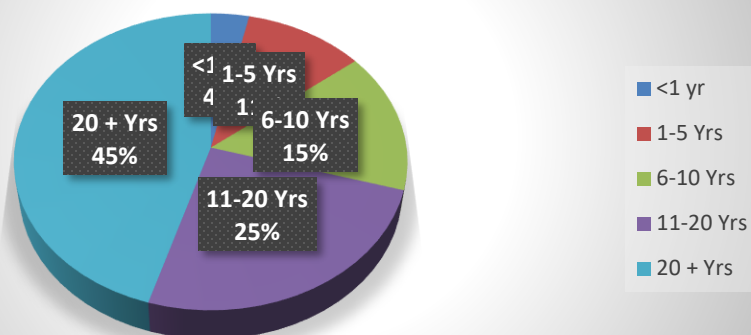
respondents were a much smaller portion of the survey population. the Hispanic population represented a larger proportion of respondents, and those responding as Asian were the second-largest group.

An important conclusion to be drawn from this population distribution is that opportunities exist for SOH to serve a more diversified population ethnically, and services to the various ethnic groups are an area for further discussion.



Several other items from the survey are considered primary questions, and they are presented first, with responses to all other questions following.

### How Long in Community

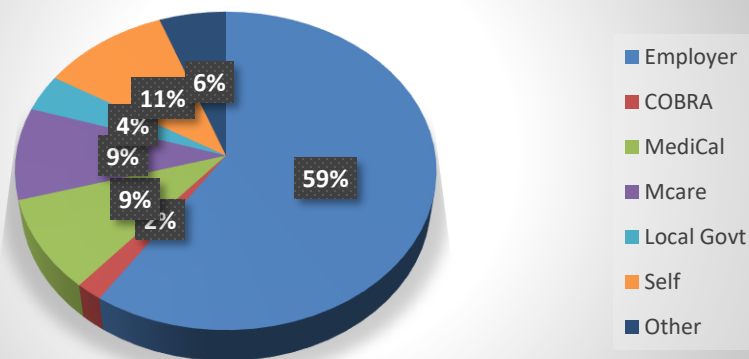


### Tenure in Community

The community tenure response was heavy on long-term residents, split between respondents who had lived for 20 years or more (45%) and those whose tenure was 11-20 years (25%).

1. How long have you lived in the community?
- ☐ Less than one year
  - ☐ 1 to 5 years
  - ☐ 6 to 10 years
  - ☐ 11 to 20 years
  - ☐ More than 20 years

### Health Insurance Payor



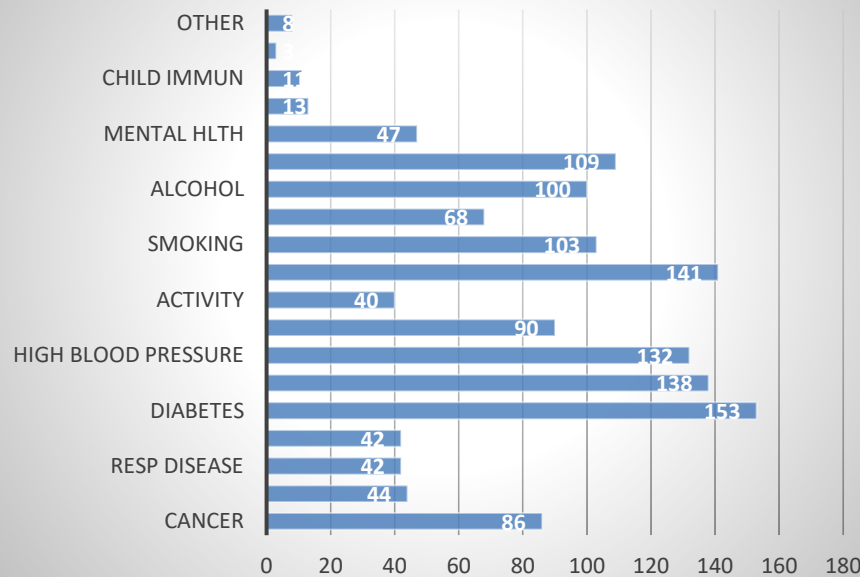
### Payment for Insurance

96% of respondents replied they have insurance. The primary payor was reported to be their employer, with smaller portions of self-insured, MediCal and Medicare respondents. The prevalence of insured residents is significantly different than the statewide ratios, in which roughly one third of the state's population is a MediCal recipient.

10. Who pays for your health insurance (Check all that apply)?
- ☐ Current employer (HMO, PPO)
  - ☐ Former employer (COBRA)
  - ☐ State government (Medi-Cal)

- ☐ National government (Medicare, Medicaid)
- ☐ Local government
- ☐ Self-funded
- ☐ Other (please specify)

## Most Common Health Problems



- ☐ Respiratory diseases-adults
- ☐ Asthma-children
- ☐ Diabetes
- ☐ Heart disease
- ☐ High Blood Pressure
- ☐ Poor Nutrition
- ☐ Lack of physical activity
- ☐ Obesity
- ☐ Smoking
- ☐ Stroke
- ☐ Substance abuse- alcohol
- ☐ Substance abuse-drugs
- ☐ Mental Health Disorders
- ☐ Dental Problems

## Primary Health Problems

When asked to name the greatest health problems in the community, the following were highlighted:

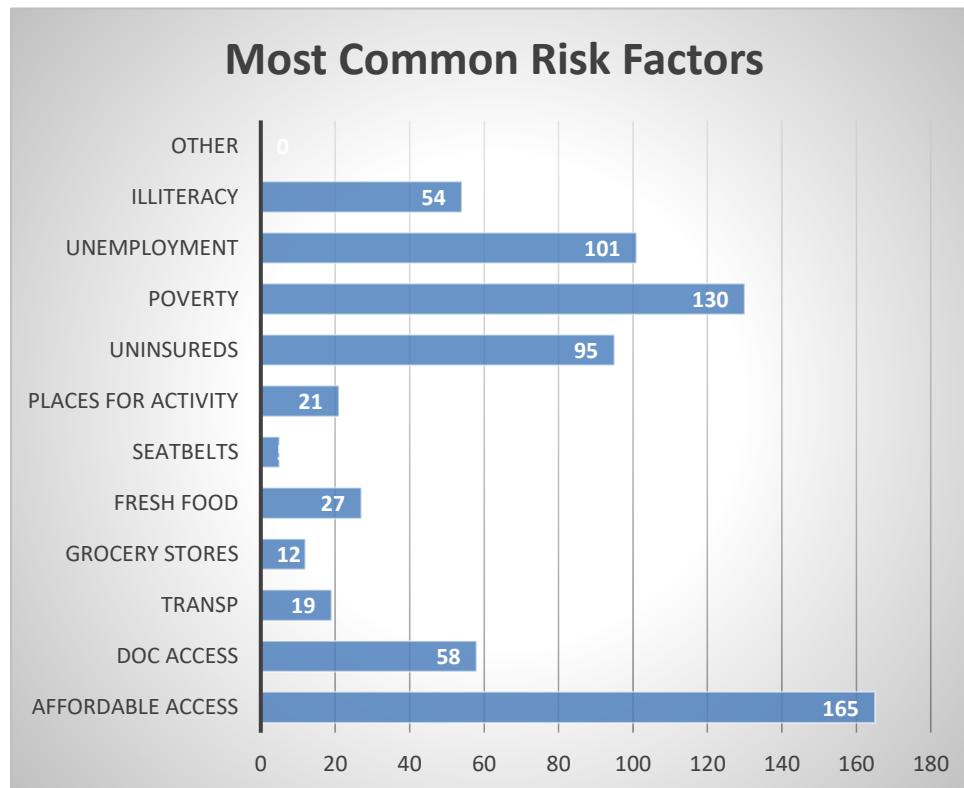
- Diabetes 75%
- Obesity 69%
- Heart Disease 68%
- High Blood Pressure 65%
- Drugs 54%

The emergence of diabetes as the most commonly cited health problem, and its dominance in the responses, indicates a growing awareness of the problem. Many of the other high-response issues are also diabetes related, indicating an area of opportunity for education.

28. Which four diseases/conditions do you believe are the most common in our community?

- ☐ Cancer-general
- ☐ Breast Cancer

- ☐ Immunizations- children
- ☐ Immunizations- adults
- ☐ Other (please specify)



- ☐ Inadequate transportation
- ☐ Lack of grocery stores
- ☐ Access to fresh, healthy food
- ☐ Wearing seatbelts
- ☐ Lack of safe places for physical activity
- ☐ High number of uninsured people
- ☐ Poverty

### Greatest Risk Factors

When asked to list three behavioral risk factors are the most common in the community, not all respondents provided answers. Among those who did, the following were highlighted:

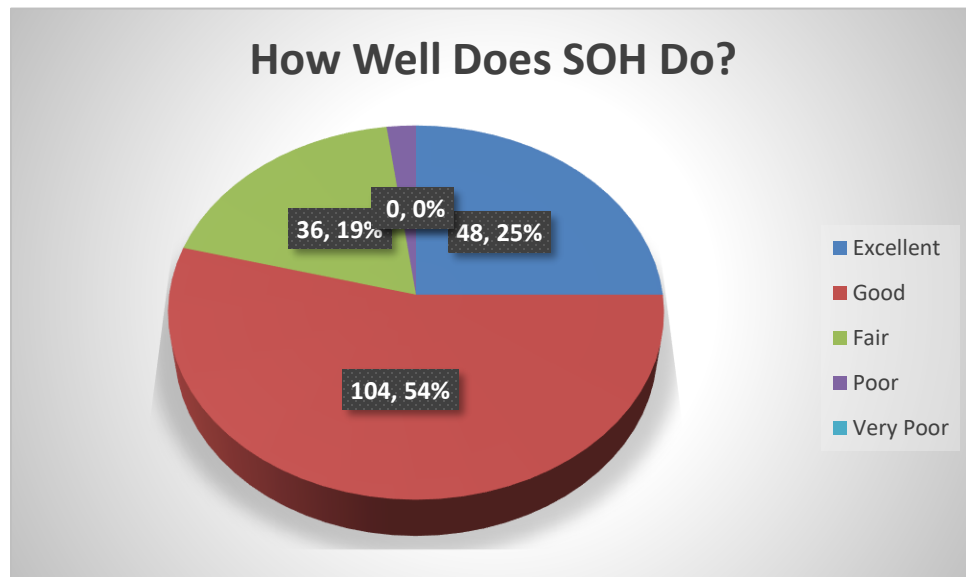
- Affordable Access to Health Care 81%
- Poverty 64%
- Unemployment 50%

In contrast to previous surveys, which highlighted uninsured residents, the most common complaint now focuses on the cost of care. This correlates to data reported by the Commonwealth Fund, which shows a decrease in uninsured California residents from 25% in 2012 to 10% in 2017, but a much smaller decrease in adults who went without care due to cost (19% in 2012 to 14% in 2017).

29. Which three behavioral risk factors are the most common in our community?

- ☐ Access to affordable health care
- ☐ Access to physicians

- ☐ Unemployment
- ☐ Illiteracy
- ☐ Other (please specify)



### Perception of Sherman Oaks Community Hospital

The surveyed community also felt that a variety of clinics and programs were doing a good job in promoting health for the community. When asked specifically about SOH, the responses broke down as shown to the left. While the “Good” category got the largest share of responses, the other large responses bookended “Good” at “Fair” and “Excellent”.

32. How well does Sherman Oaks Community Hospital promote good health?

- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

When asked what SOH could do better to promote good health, the most common responses included:

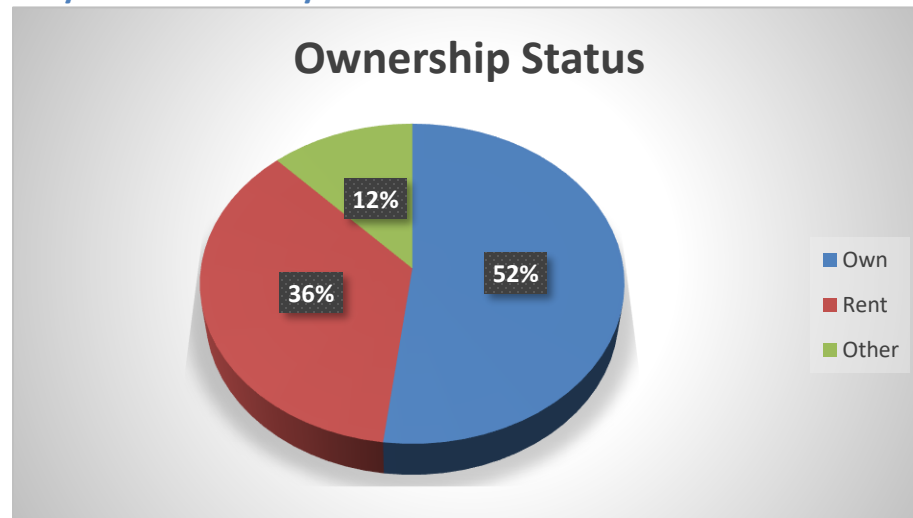
- Have preventive medicine screenings
- Program for staff/exercise room
- Marketing & Incentives
- Offer healthy food options - less carbs
- Farmers Market
- Continue with outreach programs
- Interact more with at risk groups

Finally, the most pressing health care needs for those in the community that took part in the survey were the following:

- Urgent care (colds, flu, pink eye, ear infections)
- More parks to exercise
- In network, nearby specialists
- Affordable healthcare, secondary insurances
- Not sure - need to think on that
- Substance abuse
- Stress
- Access to Physicians on weekends and nights

The rest of the questions on the survey are presented below, with the questions as posted on the survey, and the range of responses presented in the charts.

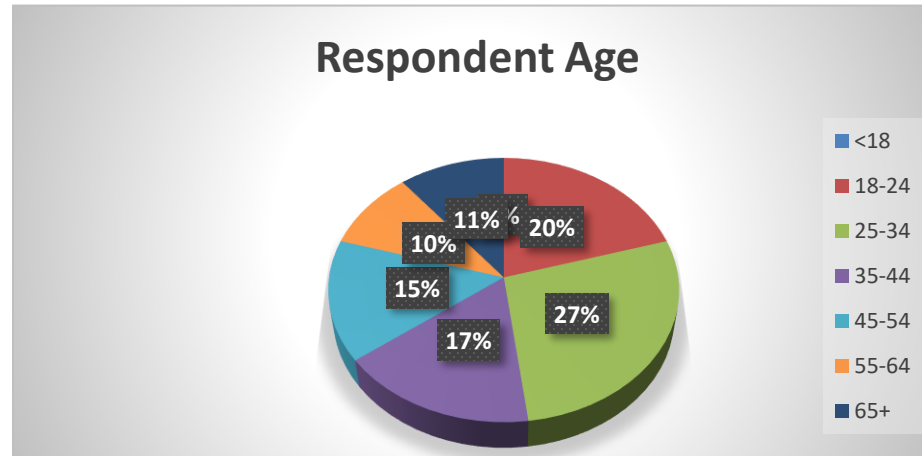
### Do you own or rent your residence?



- ☐ Own
- ☐ Rent
- ☐ Other (please specify)

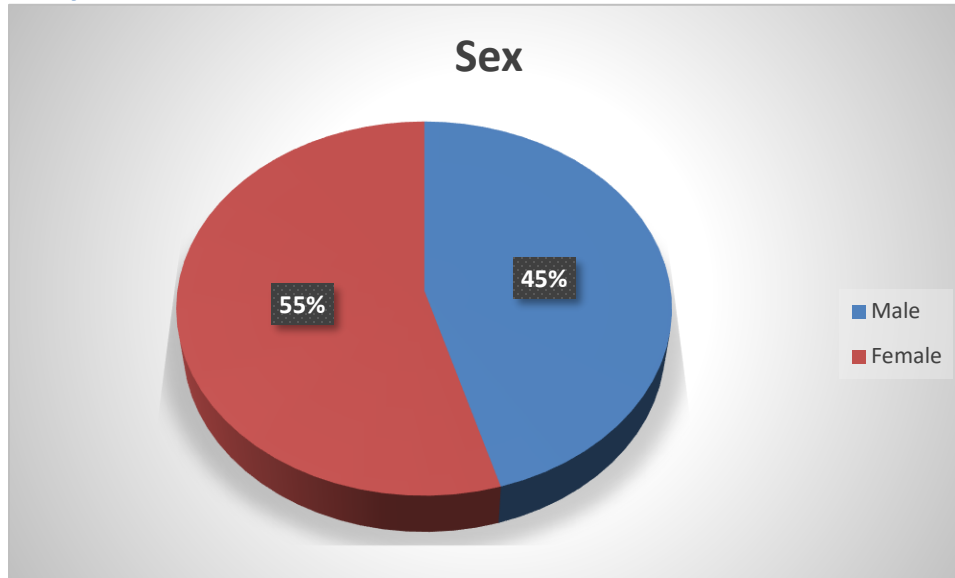
### What is your age bracket?

#### Under 18



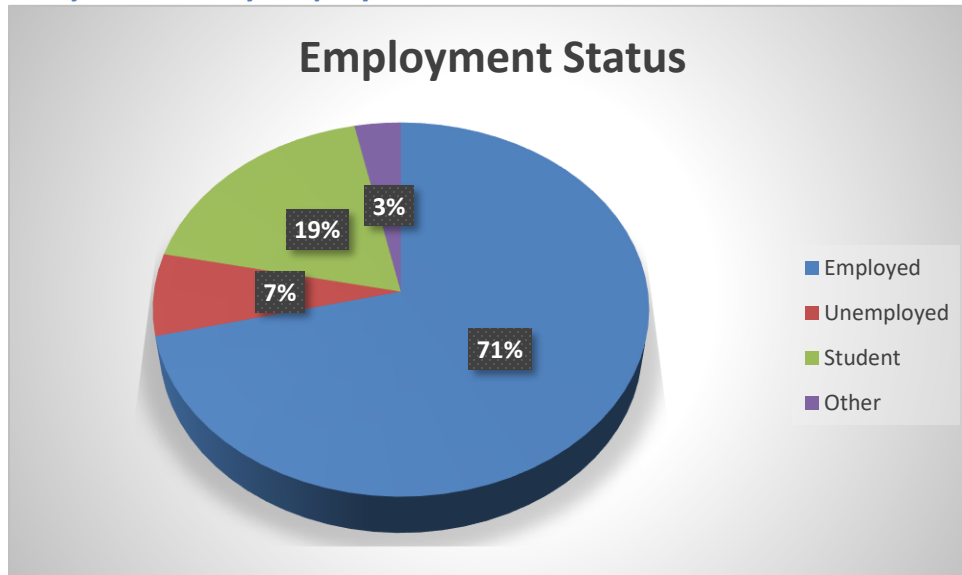
- ☐ 18 – 24
- ☐ 25 – 34
- ☐ 35 – 44
- ☐ 45 – 54
- ☐ 55 – 64
- ☐ Over 65

Are you female or male?



- ☐ Male
- ☐ Female

Are you currently employed?

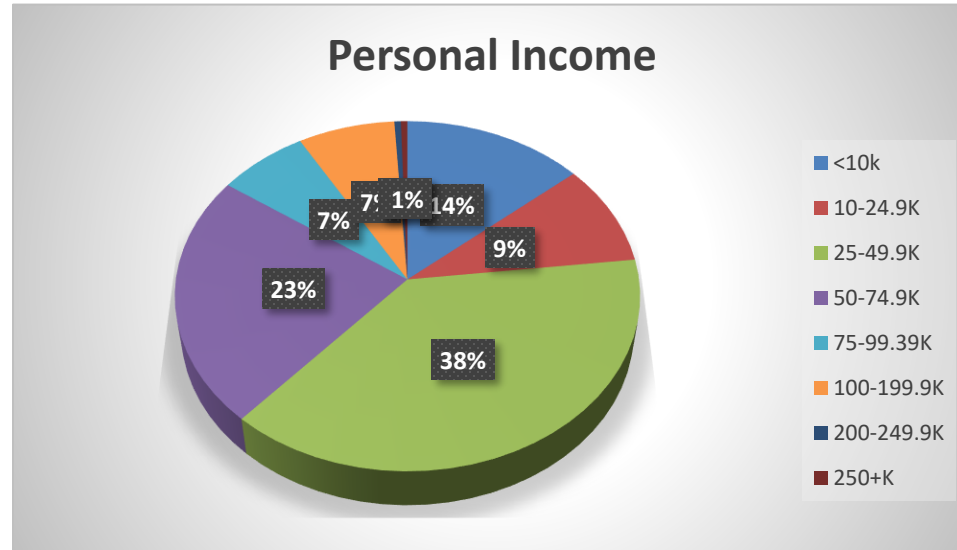


- ☐ Yes
- ☐ No
- ☐ Full-time Student
- ☐ Other (please specify)

“Other” responses typically classed themselves as retired.

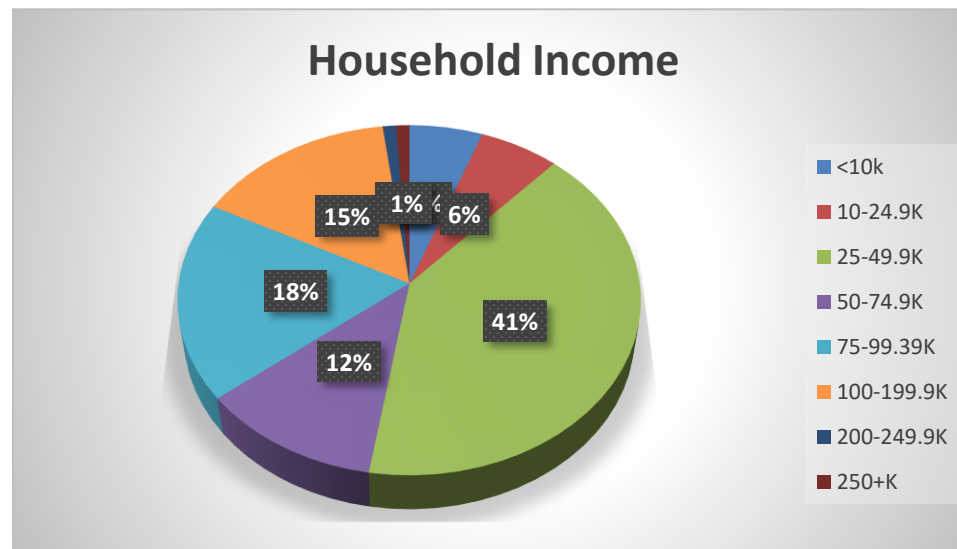
## What are your income and your total household income?

### Your income



- ☐ Under \$10,000
- ☐ \$10,000 to \$24,999
- ☐ \$25,000 to \$49,999
- ☐ \$50,000 to \$74,999
- ☐ \$75,000 to \$99,999
- ☐ \$100,000 to \$199,999
- ☐ \$200,000 to \$249,999
- ☐ Over \$250,000

The respondents this year had a higher average personal income than the last time the survey was done, although incomes in nearly all categories were reported.



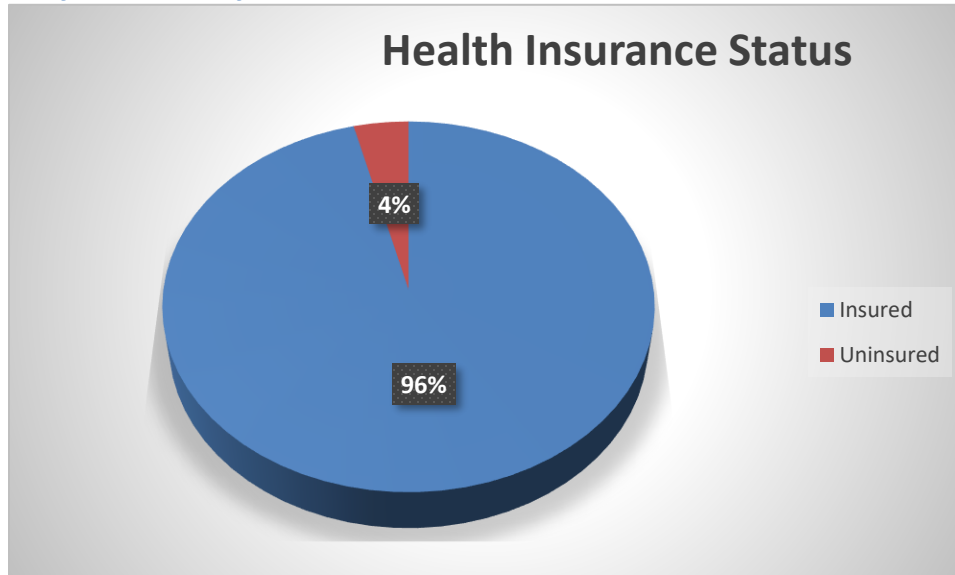
### Total household

- ☐ Under \$10,000
- ☐ \$10,000 to \$24,999
- ☐ \$25,000 to \$49,999
- ☐ \$50,000 to \$74,999
- ☐ \$75,000 to \$99,999
- ☐ \$100,000 to \$199,999
- ☐ \$200,000 to \$249,999
- ☐ Over \$250,000

The presence of several two-income households pushed many respondents into higher income brackets.

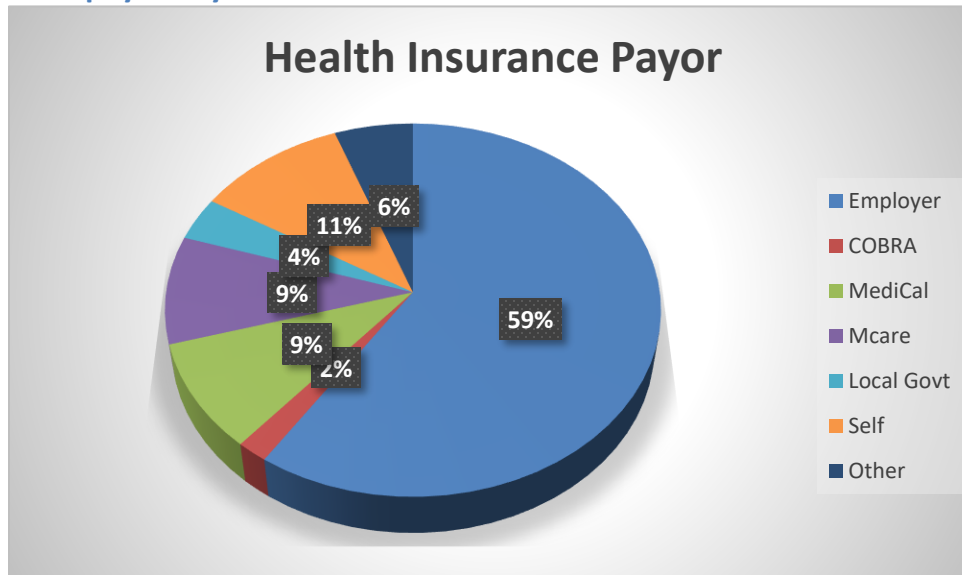


### Do you currently have health insurance?



- ☐ Yes
- ☐ No

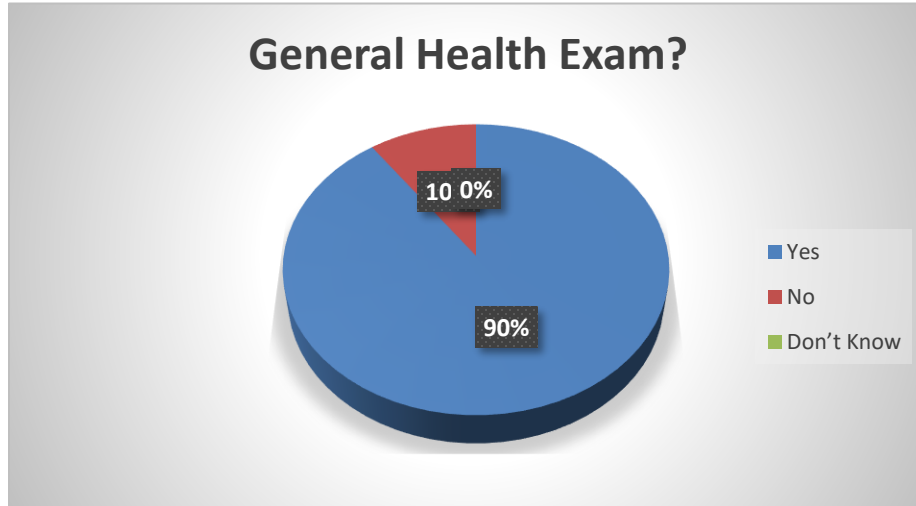
### Who pays for your health insurance?



- ☐ Current employer (HMO, PPO)
- ☐ Former employer (COBRA)
- ☐ State government (Medi-Cal)
- ☐ National government (Medicare, Medicaid)
- ☐ Local government
- ☐ Self-funded
- ☐ Other (please specify)

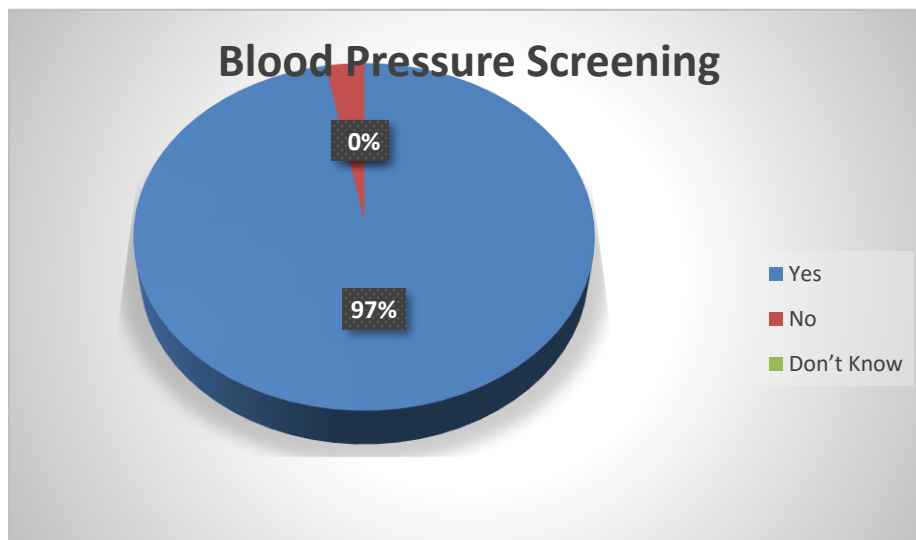
In the past 12 months, have you had a:

#### General Health Exam



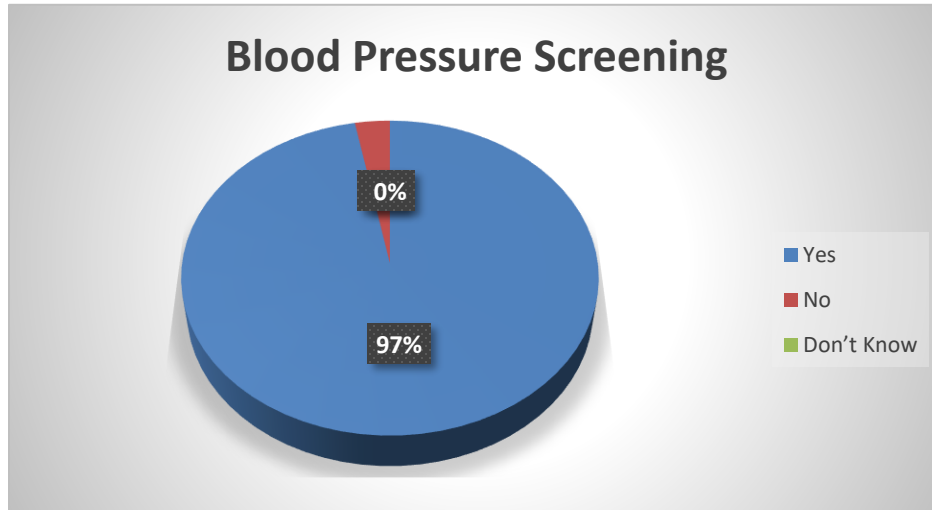
- ☐ Yes
- ☐ No
- ☐ Do not know

#### Blood Pressure Check



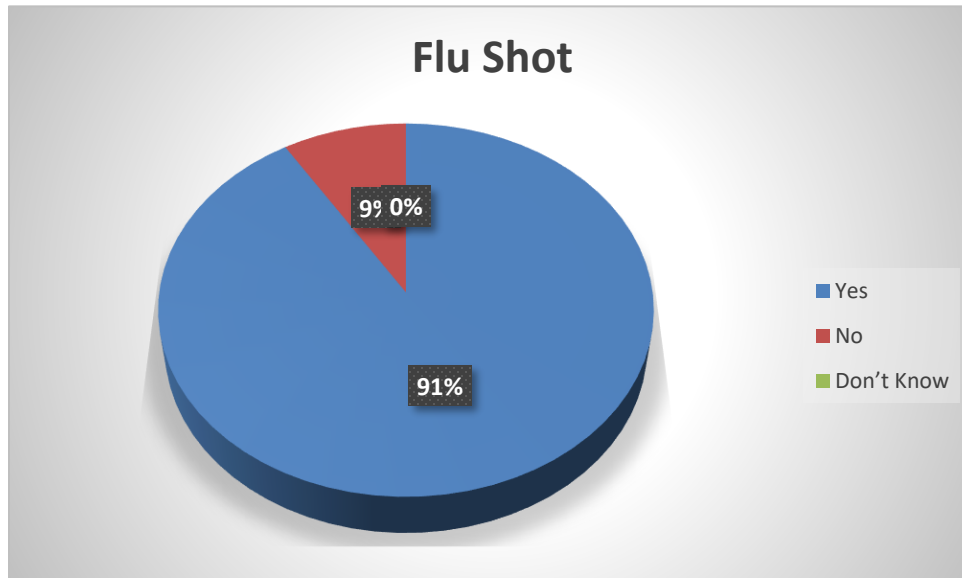
- ☐ Yes
- ☐ No
- ☐ Do not know

### Cholesterol Check



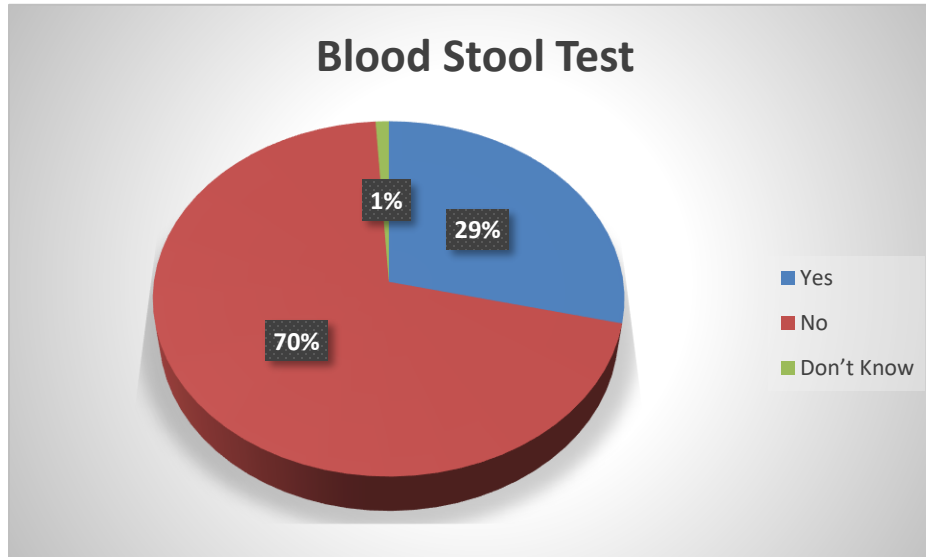
- ☐ Yes
- ☐ No
- ☐ Do not know

### Flu Shot



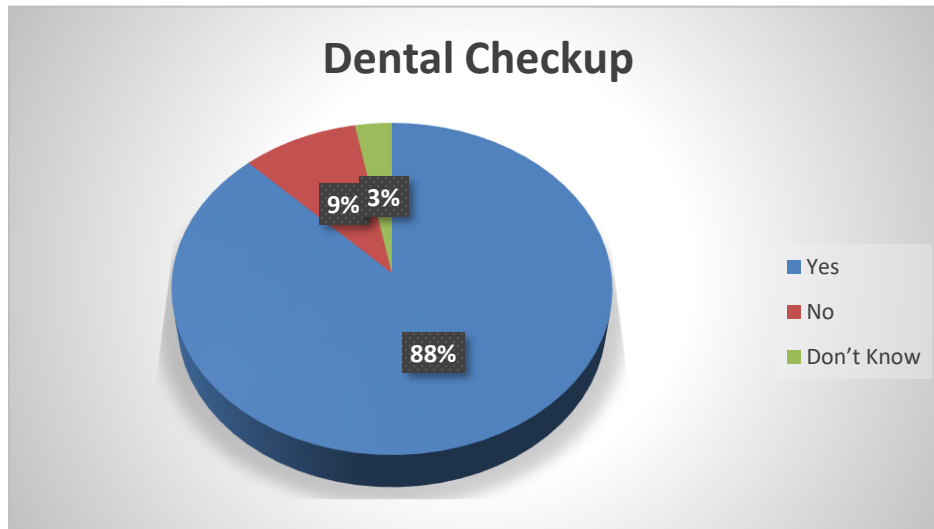
- ☐ Yes
- ☐ No
- ☐ Do not know

### Blood Stool Test



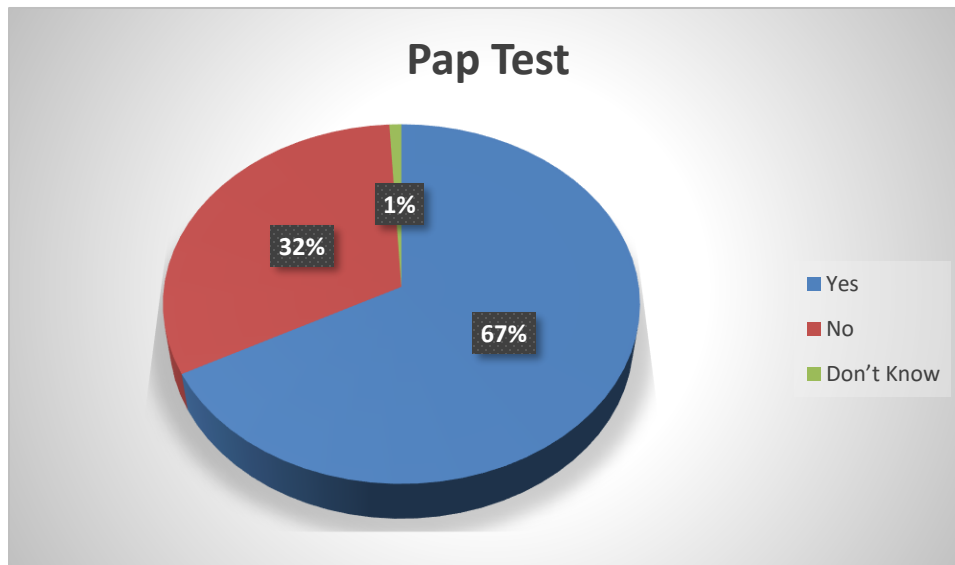
- ☐ Yes
- ☐ No
- ☐ Do not know

### Dental Exam/Teeth Cleaned



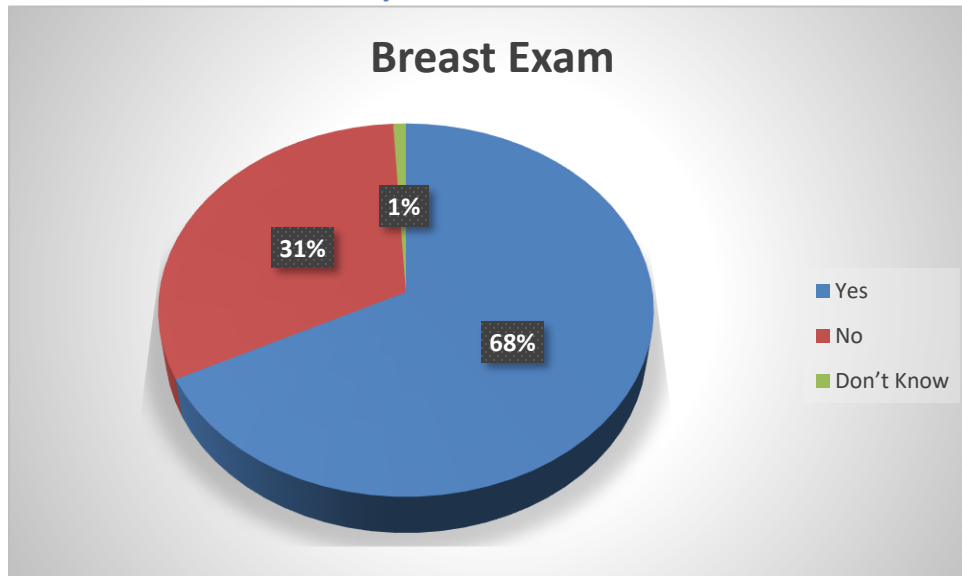
- ☐ Yes
- ☐ No
- ☐ Do not know

### IF FEMALE: Pap Test



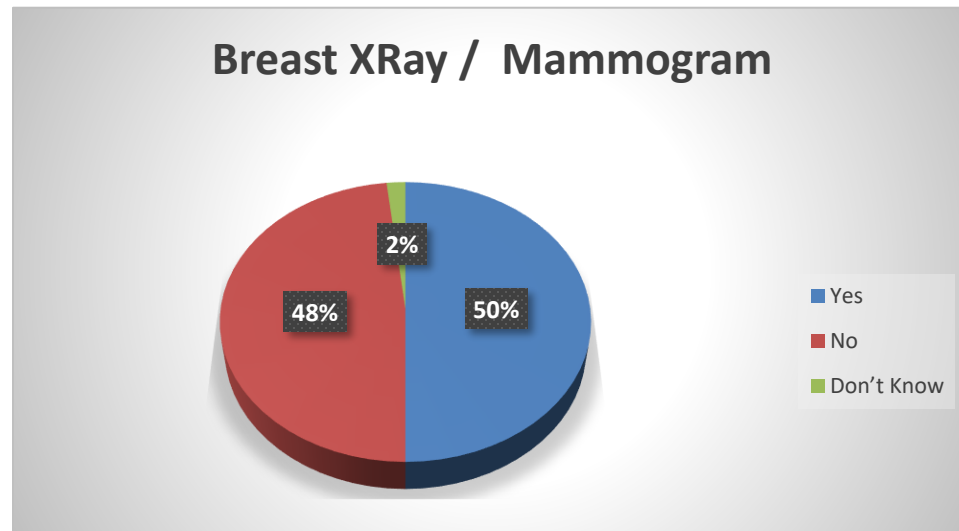
- ☐ Yes
- ☐ No
- ☐ Do not know

### IF FEMALE: Breast Exam by a Health Care Provider



- ☐ Yes
- ☐ No
- ☐ Do not know

**IF FEMALE: Breast X-Ray or Mammogram**



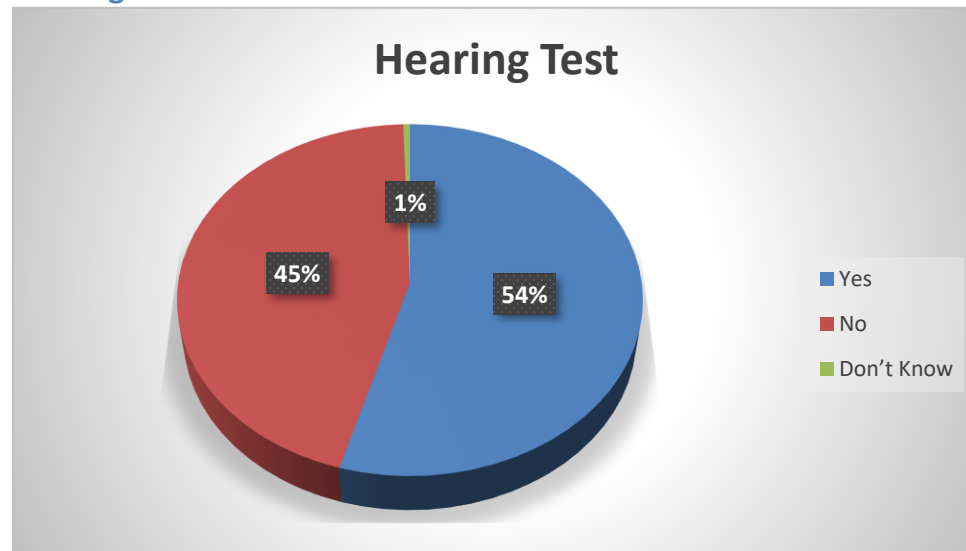
Yes

☐ No

☐ Do not know

**In the past 5 years, have you had a (fill in all that apply):**

**Hearing Test**

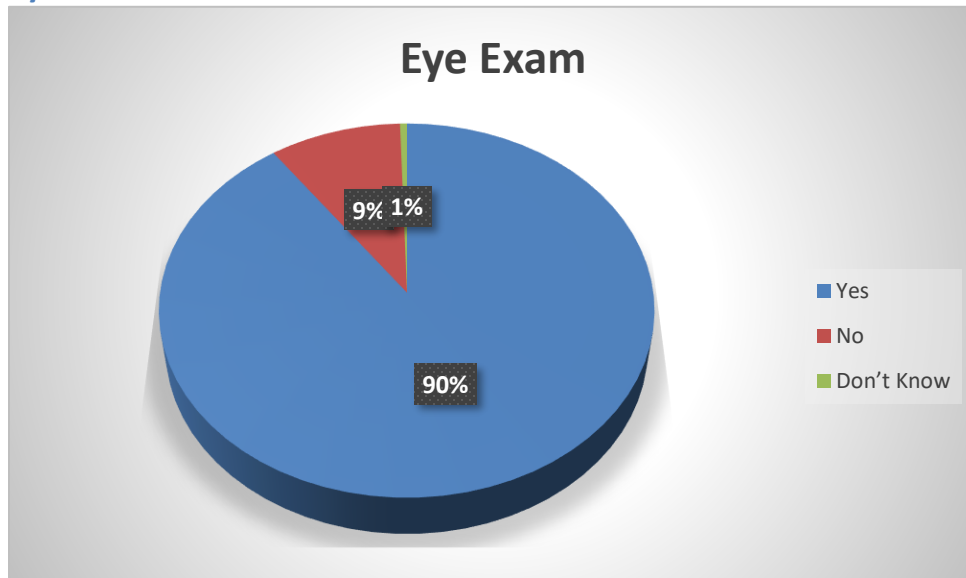


☐ Yes

☐ No

☐ Do not know

## Eye Exam

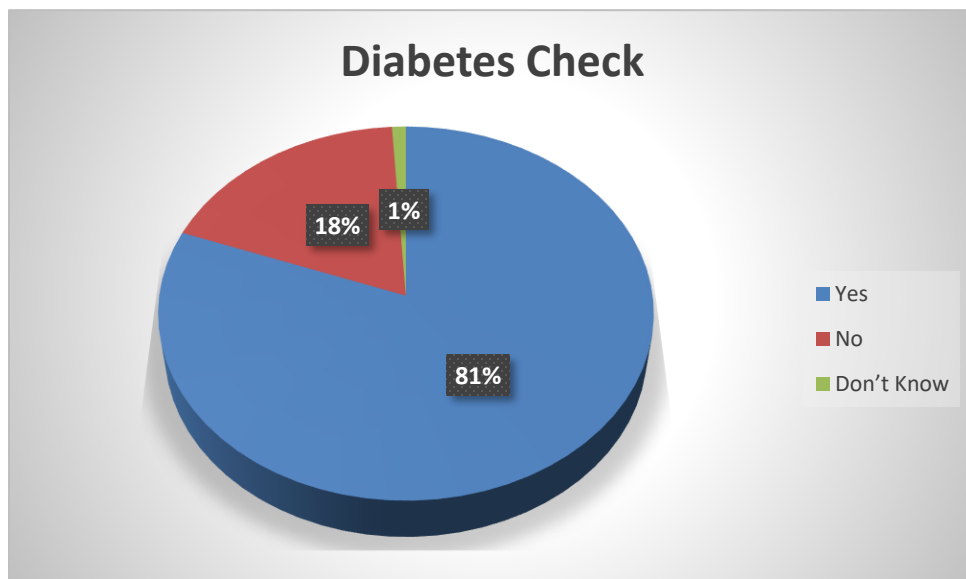


Yes

☐ No

☐ Do not know

## Diabetes Check

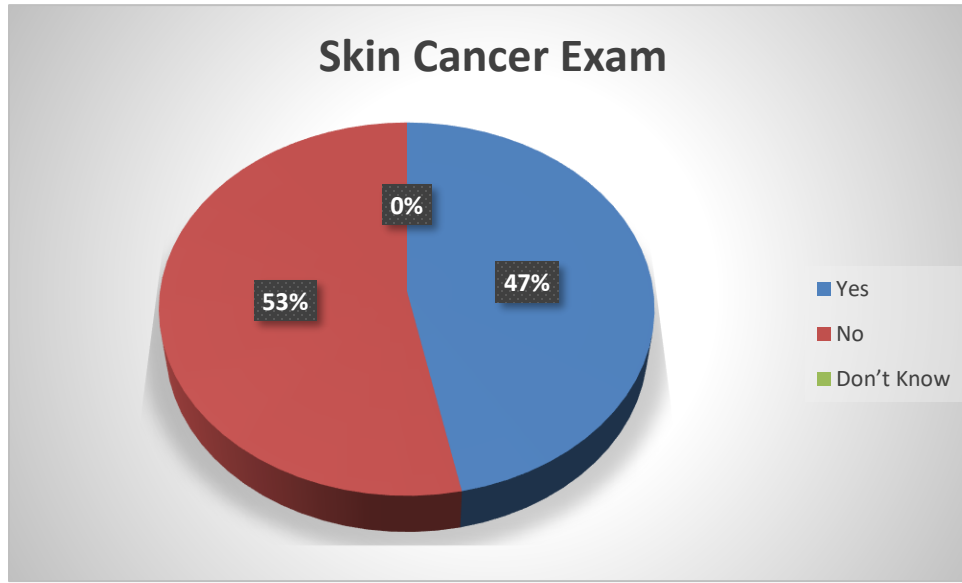


☐ Yes

☐ No

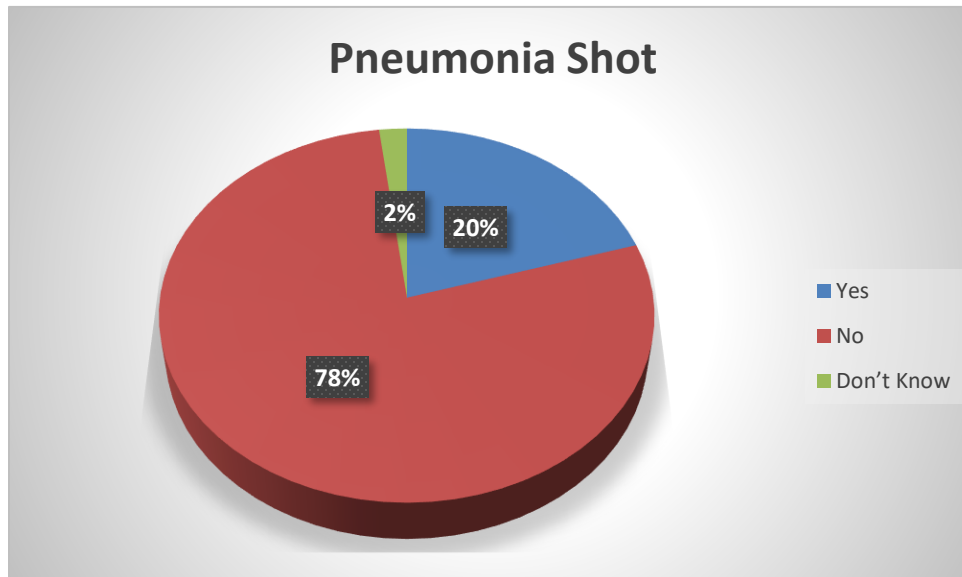
☐ Do not know

### Skin Cancer Screen



- ☐ Yes
- ☐ No
- ☐ Do not know

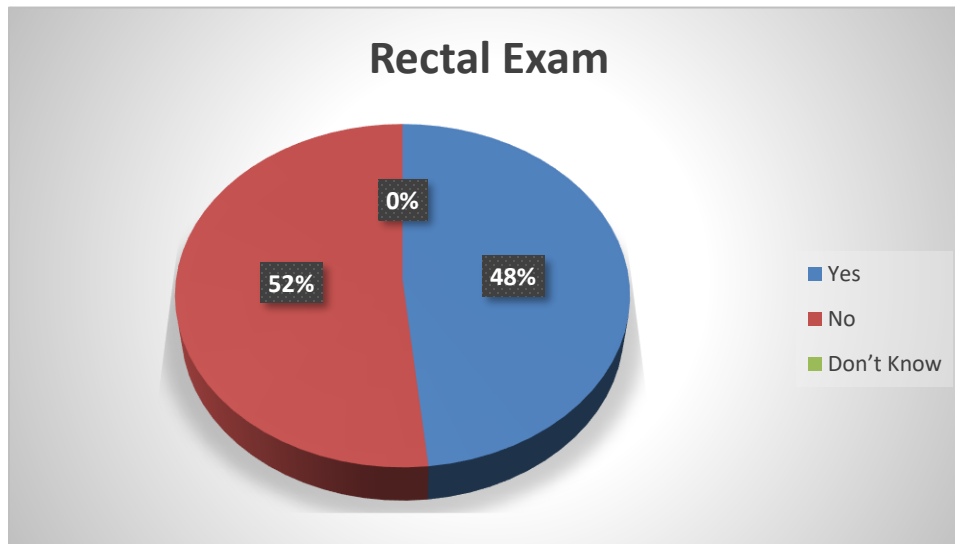
### Pneumonia Shot



- ☐ Yes
- ☐ No
- ☐ Do not know

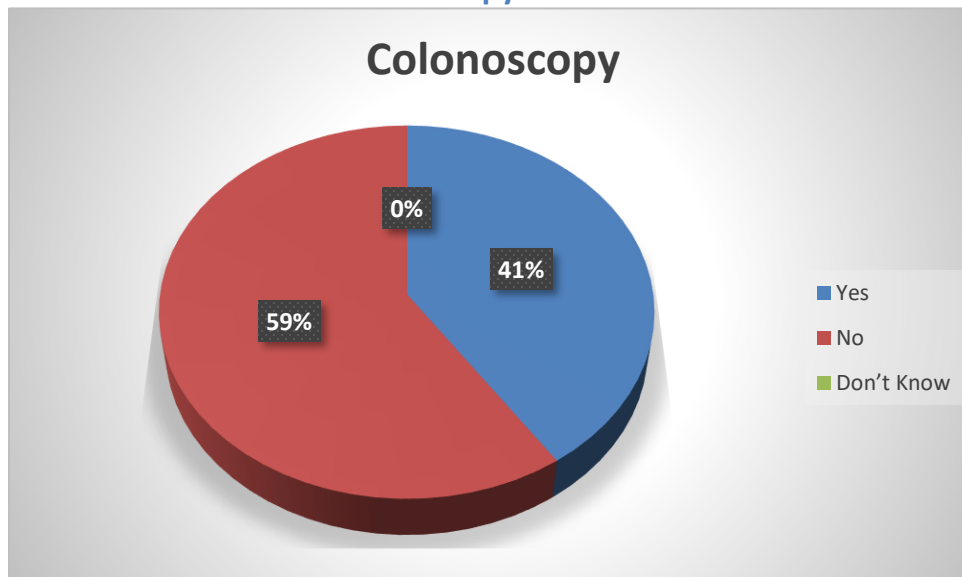


#### IF AGE 40 or OLDER: Rectal Exam



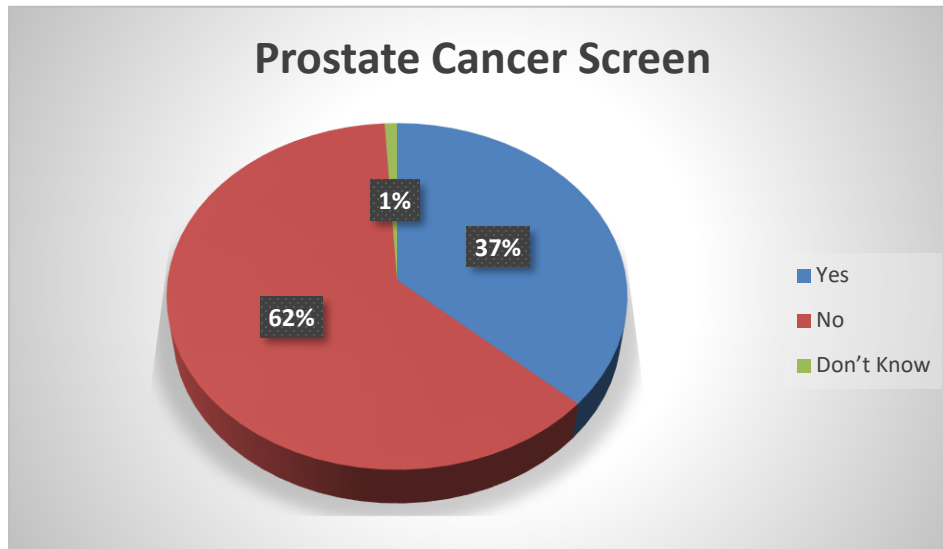
- ☐ Yes
- ☐ No
- ☐ Do not know

#### IF AGE 50 or OLDER: A Colonoscopy



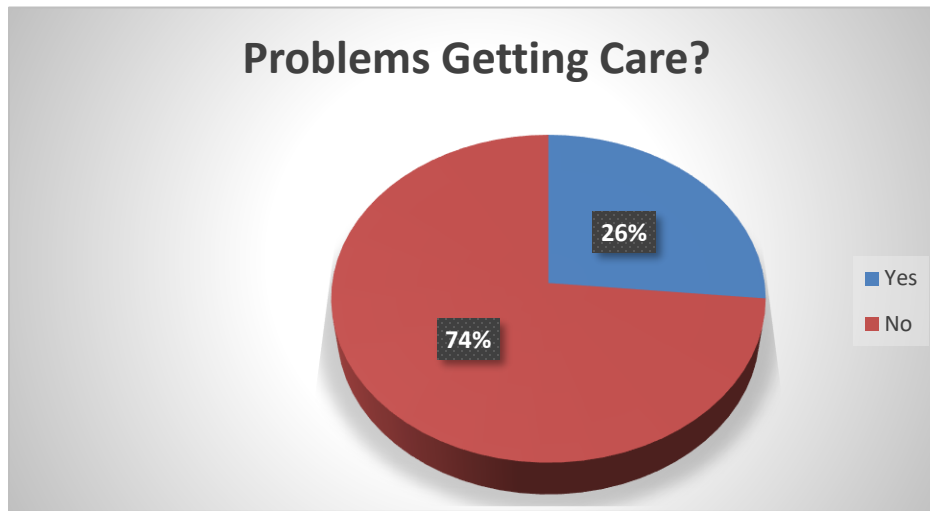
- ☐ Yes
- ☐ No
- ☐ Do not know

IF MALE and AGE 40 or OLDER: A Prostate Cancer Screen/PSA



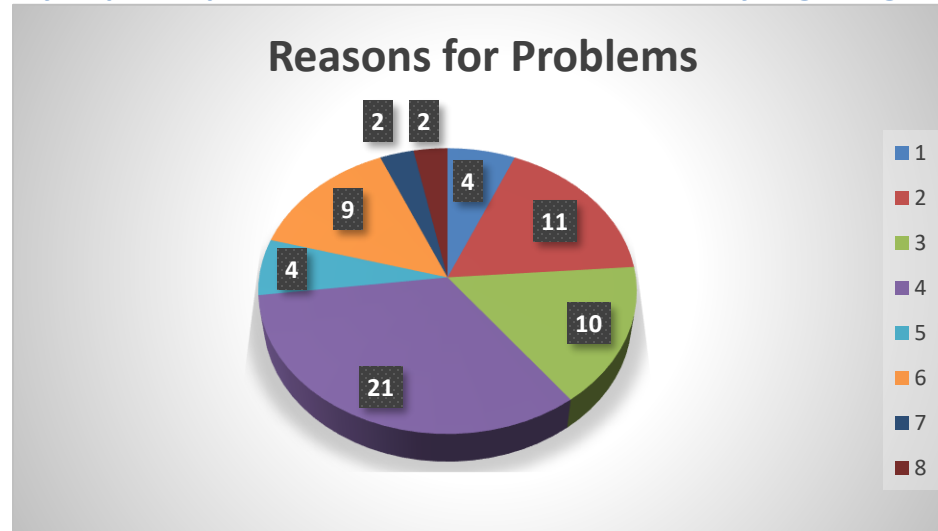
- ☐ Yes
- ☐ No
- ☐ Do not know

In the past 12 months, have you had problems getting needed health care?



- ☐ Yes
- ☐ No

If yes, please provide the reason(s) for the difficulty in getting healthcare.



- ☐ Lack of insurance
- ☐ Health care provider would not accept insurance
- ☐ Insurance would not approve pay for care
- ☐ Cannot afford co-pay
- ☐ Lack of transportation
- ☐ Language barriers
- ☐ Travel distance to provider too great
- ☐ Cannot understand my doctor

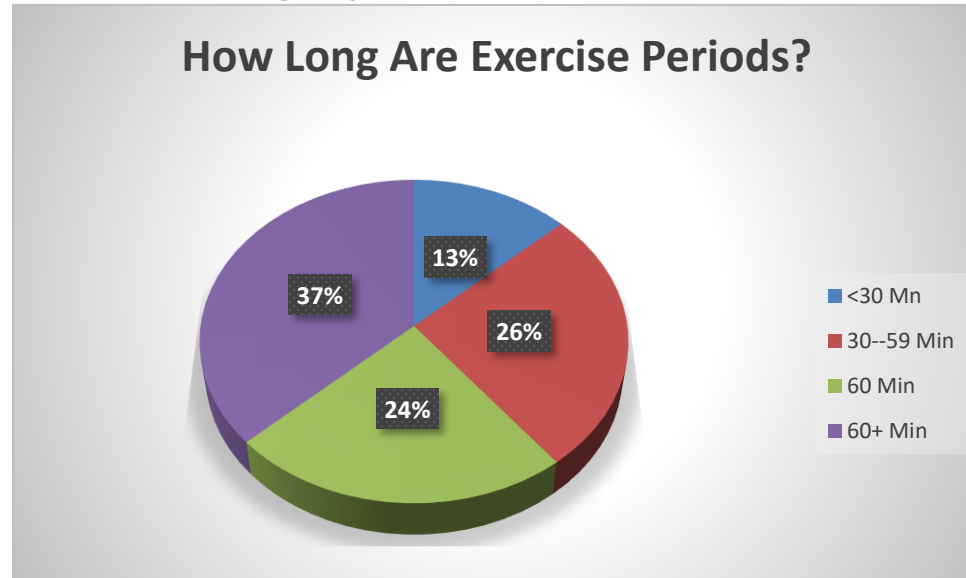
The respondents who mentioned a problem getting care did not provide a reason.

How many times a week do you exercise?



- ☐ 0
- ☐ 1-2
- ☐ 2-4
- ☐ 4-7

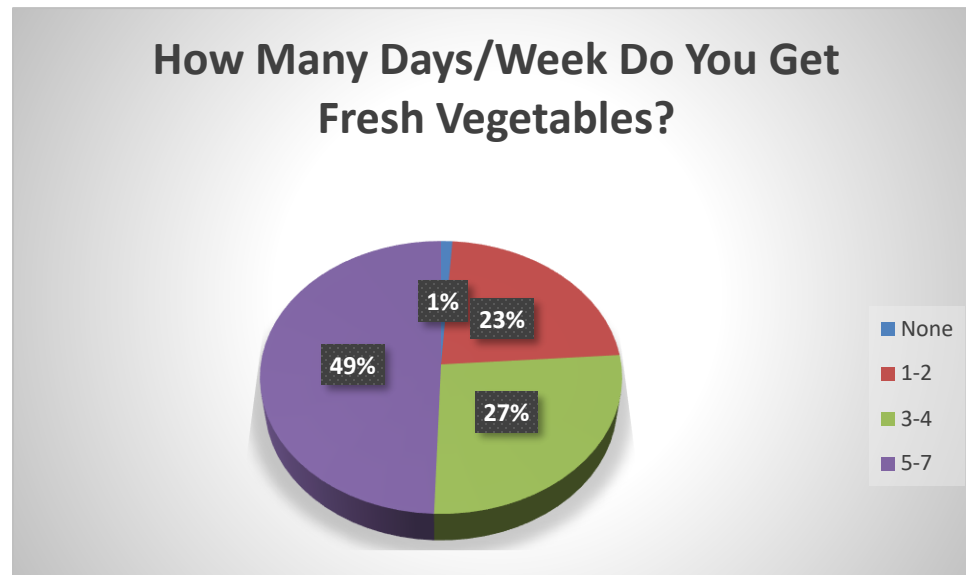
For about how long do you exercise?



- ☐ Less than 30 minutes
- ☐ 30 minutes
- ☐ 1 hour
- ☐ Over 1 hour

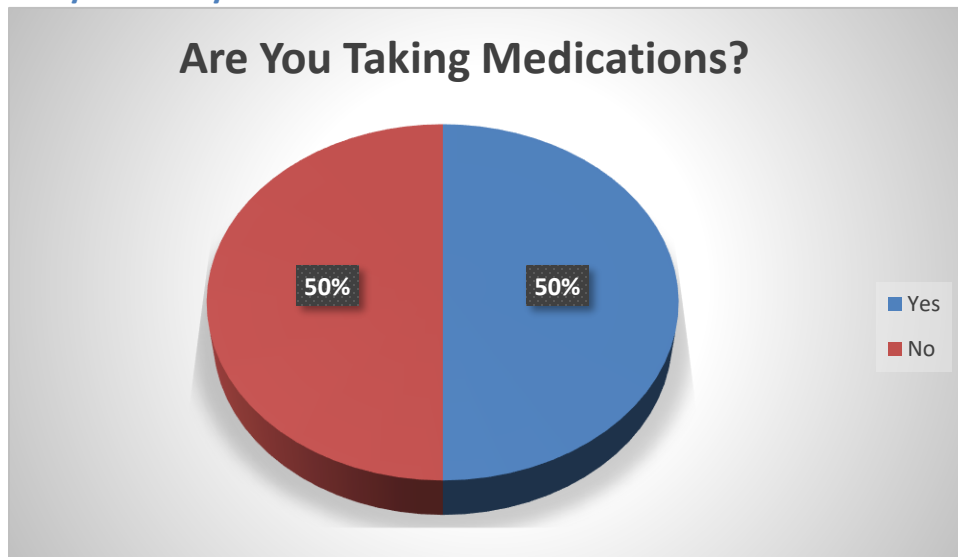
While most respondents indicate that they exercise, and most indicate relatively long amounts of time spent.

How many days per week do you eat at least 5 servings of fruits and/or vegetables?



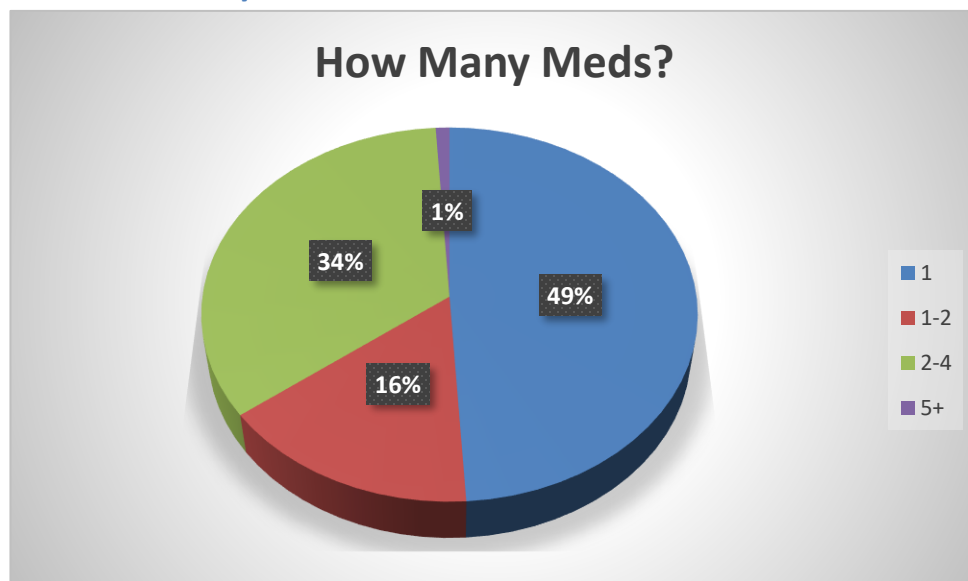
- ☐ 0 days a week
- ☐ 1-2 days a week
- ☐ 3-4 days a week
- ☐ Over 5 days a week

### Are you on any medications?



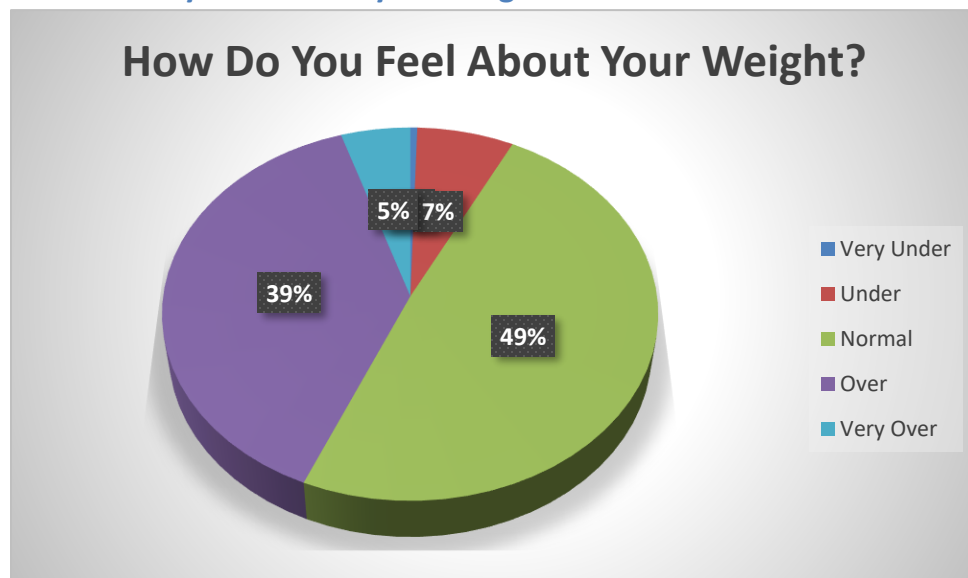
- ☐ Yes
- ☐ No

### If Yes, how many?



- ☐ Just one
- ☐ 1 to 2
- ☐ 2 to 4
- ☐ Over 5

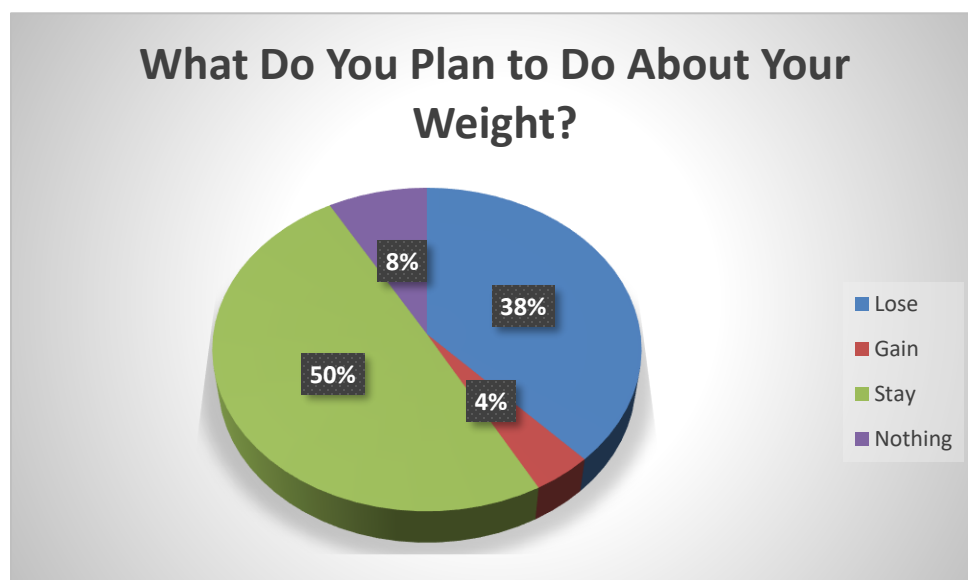
### How would you describe your weight?



- ☐ Very underweight
- ☐ Slightly underweight
- ☐ About right
- ☐ Slightly overweight
- ☐ Very Overweight

The largest group of respondents indicated they felt about normal weight-wise, but the next-largest group responded with overweight or very overweight, and those two categories accounted for over 85% of all responses.

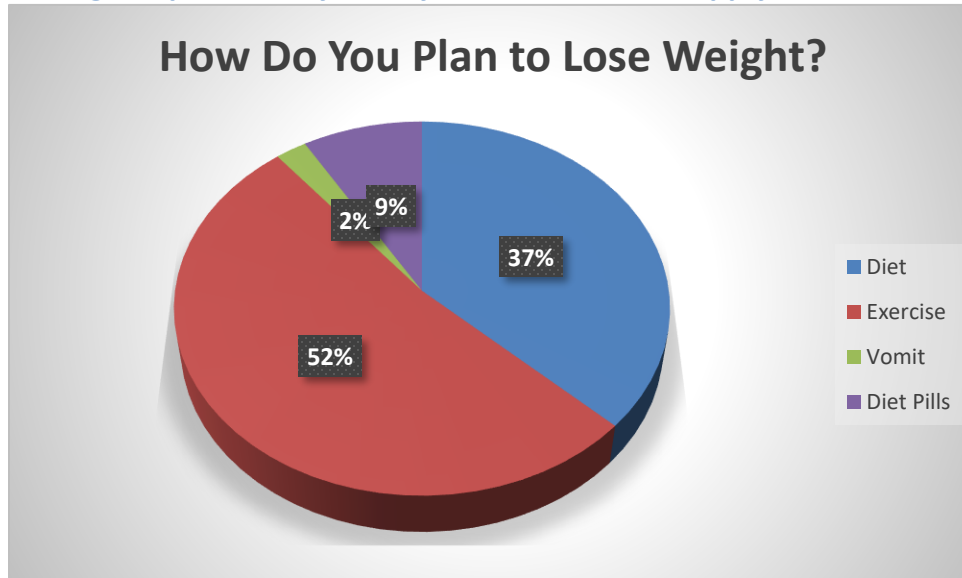
### Which of the following are you trying to do about your weight?



- ☐ Lose weight
- ☐ Gain weight
- ☐ Stay the same weight
- ☐ I am not trying to do anything about my weight

These responses echo the respondents' self-assessments, with most of those describing themselves as overweight working to slim down.

During the past 30 days, did you (Check all that apply):

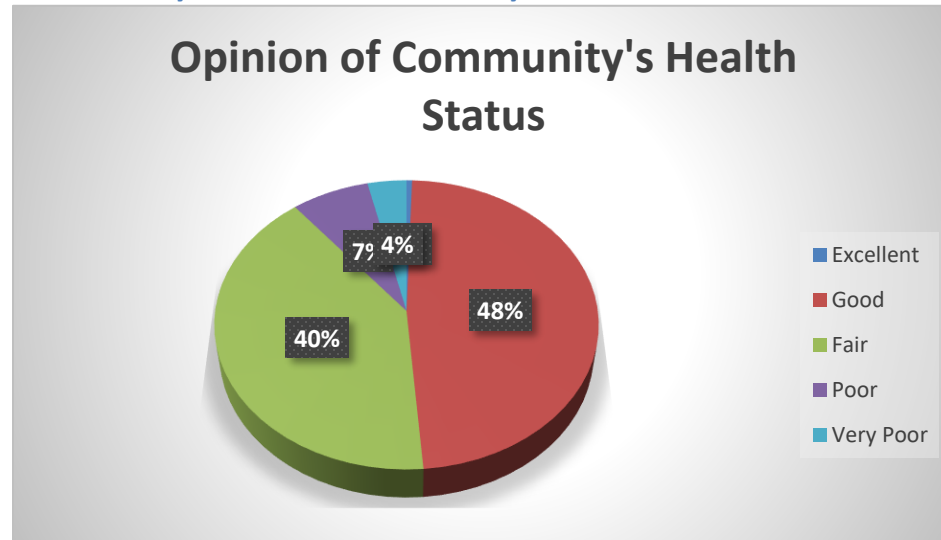


- ☐ Diet to lose weight or to keep from gaining weight
- ☐ Exercise to lose weight or to keep from gaining weight
- ☐ Vomit, or take laxatives to lose weight or to keep from gaining weight
- ☐ Take diet pills to lose weight or to keep from gaining weight

Respondents trying to lose weight are uniformly working on healthy ways to achieve that goal.

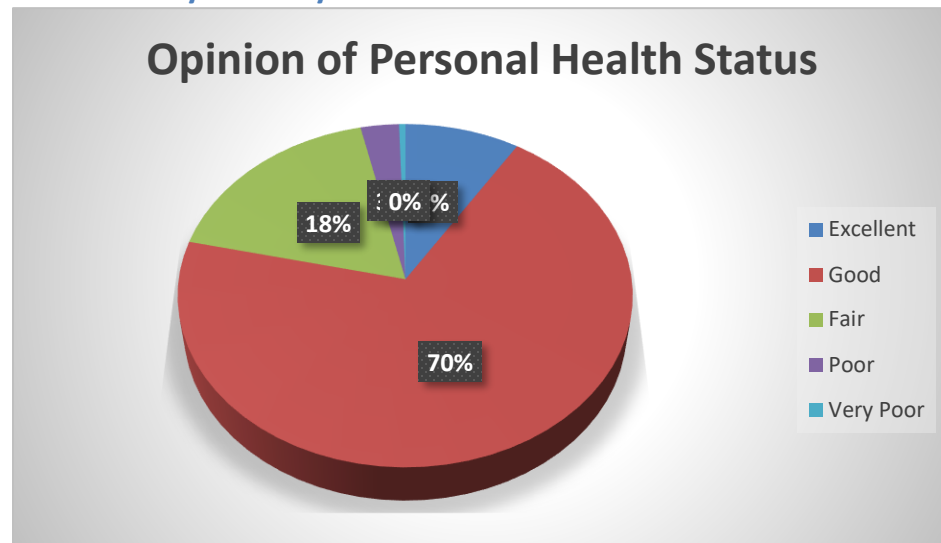
## Community Information

How could you rate our community's overall health status?



- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

How would you rate your own health status?



- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

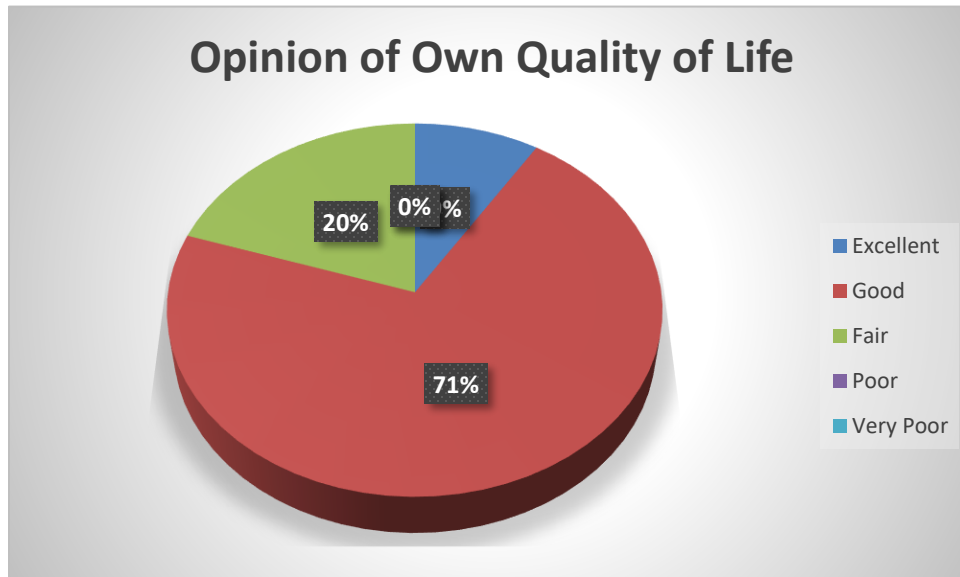


How would you rate our community's overall quality of life?



- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

How would you rate your own quality of life?



- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

## PRIMARY DATA KEY FINDINGS

### Community Input

The longstanding partnership and collaboration with various local agencies including L.A County departments helped Sherman Oaks Hospital, KeyGroup and VCCC to identify representatives from health and mental health departments who serve the broad interests of the communities in the Sherman Oaks Hospital service area. In addition, focus groups were conducted with patients, school staffs, and other community residents. A list of stakeholders can be found in the Appendix.

Sherman Oaks Hospital's Health Need Ranking identified 35 needs. They include the following:

- 211 Awareness Within Hospital
- Addiction Resistance Education
- Bullying
- Cardiopulmonary Issues
- Caregiver Support
- Family Education – Elder Medication
- Chronic Care Management
- Continuity in Care
- Diabetes Management
- Family Education – Elder Medication
- Grief Counseling
- Healthcare Access
- Homecare Education
- Homeless
- Home Pharmacy
- Hospital Marketing & Branding
- Hospital Service Awareness Marketing
- Information Clearinghouse – Community Resources
- Marketing Outreach – Branding & Marketing
- Medication Education
- Medication Management

- Mental Health
- Mental Healthcare – Teens
- Obesity
- Old Medication Disposal
- Opioid Crisis
- Pain Management
- Parenting Classes
- Personal Health Information Portal
- Sepsis
- Sex Education
- Smoking / Vaping
- Suicide Prevention
- Teen Crisis Management
- VA Medication Management
- Vaccine Awareness
- Yoga, Art, Wellness Classes

A brief discussion of the ideas follows.

***211 Awareness Within Hospital*** – This idea deals with the availability of information at Los Angeles’ information line. Many problems that patients encounter are addressable by agencies reachable through the 211 speed dial number. This idea is related to the later discussion about *Information Clearinghouses*.

***Addiction Resistance Education*** – As addiction appears among younger users, one idea for dealing with the problem is to provide education in schools to prevent teens from starting addictive habits.

***Bullying*** – This is a relatively new issue from a publicity standpoint. although bullying has been around as long as schools have been. Now that it is considered an issue to be addressed, opportunities should be found to provide the education needed.

***Cardiopulmonary Issues*** – One chronic disease category that continues to put clients in hospitals involves cardiac-related maladies. Hospitals are the organizations that receive cardiac patients when their latent problems and as such have opportunities to educate them on ways to avoid coming back to the hospital.

***Caregiver Support*** – Hospitals focus on caring for their patients, but each patient has a group of relatives, friends, and others who are affected by the illness. These relations present issues in navigating the illness process, as they all have needs and desires for the patient that may or may not be in the patient’s best interest from a recovery standpoint. Conversely, these relations may provide opportunities to assist in the recovery process. Hospital staff is well positioned to assess the risks and opportunities presented by these relationships, and to guide them as the patient returns to his/her home.

***Chronic Care Management*** – The major disease issues that create the most constant problems are chronic diseases, such as diabetes, hypertension, and obesity. All are largely manageable on a routine basis if sufferers follow the needed protocols to keep them in check. The problem is keeping clients on their regimens, and hospitals can work to provide guidelines and assistance to the discharged patients to assure their success in the rehabilitation process.

***Family Education – Elder Medication*** – Many elderly people are clients of multiple specialist physicians, and it often happens that they are on a variety of prescriptions that may interact in unforeseen ways. Family members are the most common interactors with their elders. Helping them understand the risks and assist the medical teams in determining best solutions to any medication problems that may be found is an opportunity for hospital staff.

***Continuity in Care*** – While hospitals can achieve great success in treating acute care needs, they are not ideal for providing the long-term rehabilitation needs that accompany many hospital admissions. Making sure that the step-down services needed are in place as the patient leaves the hospital is crucial in assuring a successful recovery. The hospital currently has programs to coordinate with skilled nursing providers, home health agencies, hospices, and assisted living communities, the communication process can always be improved. Additional opportunities for care management exist in the social services arena and other home-based service providers.

***Diabetes Management*** – Diabetes is another chronic illness that responds to management and allows patients to stay at home and live relatively normal lives. The hospital sees diabetics that fail to manage their illness, and each episode is an opportunity to get the client back into a management position.

***Grief Counseling*** – Loss is one facet of some hospital stays, and grief is a part of that process. It involves not only the patient but his/her circle of friends and relatives. Hospital staff is often the first place that grief gets expressed, and staff needs to be able to address those expressions. On-the-spot counseling is one option, as well as providing grief counseling sessions on an ongoing basis.

***Healthcare Access*** – Despite all attempts to assure every person needing care a way to access that care, barriers still exist to actually getting the care needed. Hospitals are working to make the process as painless as possible, but it will continue to be a problem, thus it will continue to be an opportunity for improvement.

***Homecare Education*** – Many chronic diseases are manageable at home, and many hazards exist in home environments that have the potential to cause hospitalizations. Since these issues do not necessarily cause hospitalizations, they may be invisible to hospital staff. However, if not addressed, they have the potential to cause acute problems. Some patients become “frequent flyers” due to problems encountered in the home that can be easily addressed if someone figures out what the problems are. Opportunities exist to work with emergency medical personnel to identify persons with track records of needing emergency care on a regular basis, and identify what is causing the problems so they can be addressed.

***Homeless*** – The homeless residents of Los Angeles are a major political issue, and possible solutions to the problem are a source of continuing debate and innovation. Hospitals serve as first responders to many homeless residents, and encounter problems finding placements for them once the acute problems have been addressed. Sherman Oaks Hospital is working with social service agencies, government bureaus and other care providers to work on solutions to the issue, but much remains to be done.

***Home Pharmacy*** – This issue is related to Homecare Education, in that many people with multiple physicians may have multiple prescriptions at home, with no one able to comprehensively catalog all medications being used. Prime hospitals use a master listing to review prescriptions written for one patient at different Prime hospitals, but no such coordination exists beyond the Prime hospitals.

***Hospital Marketing & Branding*** – Some of the group asked what differentiated Sherman Oaks Hospital from any other hospital, and the question was framed as a branding issue. This was not considered a healthcare issue but it did bring up the next topic.

***Hospital Service Awareness Marketing*** – There was widespread opinion that much of the public living in the hospital’s market area did not know all the services available at the hospital, resulting in patients driving to distant facilities to access care that could have been delivered in their neighborhood.

***Information Clearinghouse – Community Resources*** – As was noted in the discussion of 211, information exists in various places that is useful to hospital staff and patients, but no one source is comprehensive. While the hospital may not be the ideal location for such a source, it can be a catalyst to getting a database organized and published.

***Marketing Outreach – Branding & Marketing*** – This issue reflects back to the issue of Hospital Marketing and Branding, and is addressed there.

***Medication Education*** – This issue is related to Home Pharmacy, in that people with large numbers of prescriptions may need to be educated as to the potential interaction effects of multiple medications. The hospital cannot be the final solution for this problem, since many of the medications may be prescribed by physicians not associated with the hospital. But hospital staff can ask questions before discharge to ascertain whether there are many medications at home that may cause problems.

***Medication Management*** – This issue is again closely related to Home Pharmacy and Medication Education, and is discussed in both places.

***Mental Health*** – This topic is receiving significant publicity and professionals in the specialty are actively advocating treatment as an illness, with legislation mandating coverage for mental health issues as part of basic coverage under the Affordable Care Act. While progress has been made in bringing mental health care into the medical mainstream, it still needs increase its prominence and funding. Sherman Oaks Hospital is well positioned to increase its involvement in this area, with an existing Senior Behavioral Health program, and a growing reputation among healthcare providers as a go-to option when mental health issues arise.

***Mental Healthcare – Teens*** – An offshoot of the broader mental health category, it was noted that the rise in teen suicides and substance abuse presents opportunities for hospitals to address this age group directly.

***Obesity*** – A chronic condition that is not a direct health issue, obesity is a clear indicator of risk for many acute and chronic issues. As a public health and chronic disease management problem, it is most appropriately addressed in home and community settings as opposed to institutional locations. Hospitals' opportunities to address obesity are best focused on educational opportunities where remedies for the condition (and any conditions it may have fostered) can be promoted.

***Old Medication Disposal*** – With reports of some medications showing up in measurable quantities in drinking water, and concerns about opioids being diverted from medicine cabinets by family members not having prescriptions for them, disposal of old or expired prescription medications is becoming a prominent issue. Hospitals have an opportunity to act as disposal sites for such drugs in a safe manner.

***Opioid Crisis*** – This issue is front page news, and hospitals are among the venues identified as potential providers of the medications that fuel the problem. Many people who become addicted to opioids are first introduced to them in the hospital, and addicts have been known to present at different hospitals with symptoms that could generate additional opioid prescriptions. Prime hospitals maintain records of prescriptions on a centralized database that allows diverse staffs to see what prescriptions have been issued to clients at other Prime hospitals. A similar system would be more useful if it extended to all hospitals in the area.

***Pain Management*** – The opioid crisis has focused attention on the ways pain can be alleviated, and attempts are underway to encourage alternate pain management. Hospitals can have an active role in advocating these alternative treatments

***Parenting Classes*** - Hospitals dealing extensively with pediatric patients are prime candidates to provide classes for parents-to-be and for parents dealing with problem children. To the extent that children present mental health issues, these can be dealt with in behavioral health settings. Other hospitals are better equipped to address this issue than Sherman Oaks.

***Personal Health Information Portal*** – a goal of many academics studying the state of healthcare is to have one source containing all healthcare data for each person. But the logistics of getting manifold medical records, many in handwritten form, assembled in one usable format, has so far proven unachievable. But attempts are continuing, and hospitals are a critical factor in getting the idea translated into usable reality.

***Sepsis*** – Infections that spread throughout the body are an additional problem when acquired in the hospital, but they can also occur in the home. Hospitals have protocols to control sepsis, and infection control committees spend time reviewing incidents and developing new techniques to combat it.

***Sex Education*** – With the advent of internet and social media, sex education has become a more fraught topic at a time when the definition of “sex” is being debated. Hospitals have historically watched this topic from the outside, but as issues regarding sex become more involved with medical procedures, a portion of the sex education issue has made its way into hospitals dealing with sex and reproductive cases.

***Smoking / Vaping*** – Smoking has been a long-term target for eradication among public health advocates, including hospitals. While that goal has not changed, the advent of vaping has opened a new front on the addiction issue. As new affections related to vaping appear in emergency rooms, staff will need to keep up to date on new protocols to deal with them.

***Suicide Prevention*** – Hospitals most often deal with suicides in the aftermath of botched attempts, but as early responders to people making attempts, they have opportunities to assist in the recovery process. The help can be in the form of counseling or referral to mental health professionals, and the hospital can keep up its understanding of suicide prevention techniques as they evolve.

***Teen Crisis Management*** – This issue is closely related to suicide prevention, and many of the same care opportunities apply. Additional understanding of teen topics like bullying and online trolling will be useful also.

***VA Medication Management*** – To the extent that a hospital has contracts with the Veterans Administration, it needs to keep current on VA policies regarding medications, and follow changes in VA management.

***Vaccine Awareness*** – Recent campaigns against vaccinations, and resulting outbreaks of communicable diseases are news items, with legislation and regulations attempting to force greater inoculation rates. The hospital must keep abreast of new laws and regulations to assure that they are operating within the current legal environment.

*Yoga, Art, Wellness Classes* – Several groups members advocated for on-site classes to provide relaxation, training and self-improvement to staff as well as to outside clients willing to come to the hospital. There is an opportunity for management to solicit ideas for classes and seminars from hospital staff.



## APPENDIX A

### STEERING COMMITTEE

- The steering committee for the CHNA is composed of the operating management of the hospital, along with board members overseeing the foundation.

Steering Committee - Sherman Oaks Hospital		
Name	Title	Role in Community
Sundeep Bhatia, MD	Chairman of the Board	Chairman
J. Nathan Rubin, MD	Chief of Staff	Chief of Staff
Bockhi Park	Chief Executive Officer	Chief Executive Officer
Em V. Garcia	Administrator & CNO	Chief Nursing Officer
Kenn Phillips	Member-at-Large	Community Member
Christopher Cooper	Member-at-Large	Community Member
David Thorson	Member-at-Large	Community Member
Jason Greenspan MD	Member-at-Large	Emergency Medicine

Not all members of the steering committee were available for meetings, but the committee approved the analysis of needs and will oversee the implementation of programs to meet the needs as outlined in the Implementation program.

## APPENDIX B

### FOCUS GROUPS

Sherman Oaks Hospital Focus Group Invitees		
11/21/2019 Focus Group		
First Name	Last Name	Organization
Balabbo	M	SNF
Bocanegra	Oscar	Officer LAPD
Chandran	Girraj	Persivia
Dominique	Vickie	Prime Healthcare
Dondo	Marre	Accredited Hospice
Duarte	Jose	SNF
Duenas	Diana	Encino Chamber
Feir	Jules	Interim Mayor
Gamero	Albert	SNF
Givens	Christopher	Field Representative of Councilmember Paul Koretz
Hofhine	Michell	Accredited Home Health
Ko	Vanessa	Marketing Windsor
Mabugat	Maria Cecilia	Admin. SNF
Matsumoto	Jackie	Valley Economics
McGinnis	Sharon	Persivia
Moss	Kimberly	Home Health Admin
Pastrano	Michell	HSAG
Perez	Jennifer	Assisted Home Health
Petty	Captian Brian	LAFD
Phelps	David R.	Sherman Oaks Chamber of Commerce
Ptityan	Gohar	SNF
Punzalan	Arlene	Admin SNF
Purcell	Karie	President of Encino Chamber of Commerce
Ranchenberg	CD	Bellmont Villages
Realegeno	Ana	Admin SNF
Rivas	Stephanie	West Vally LAPD Boosters
Ruber	Nurit	Admin SNF

Sterlin	Kathleen	The Valley News Press
Stewart	B	Assisted Living
Suh	Jade	Senator Feinstein Representative
Taylor	Emma	Representative Asm. Adrin Nazarian
Trancoso	Trancoso	Admin SNF
Valverde	Elizabeth	New York Life Insurance Company
Walia	Pravind	Senior Lead Officer
Walker	Kiley	Brookdale

## APPENDIX C

### COMMUNITY RESOURCES

The following lists are extracted from various websites. Los Angeles County maintains a health information website which allows searches for specific services near a given zip code. The webpage was under reconstruction when accessed, so the data below is extracted from earlier listings. When the site is rebuilt it should be accessible at [www.211LA.com](http://www.211LA.com).

#### *Asthma*

Agency	Address	City	Zip	Telephone
Advance Health Medical Group	333 E. Magnolia Blvd., Unit 103	Burbank	91502	(818)848-1555
Allergy and Asthma Institute of the Valley – West Hills	7230 Medical Center Dr Ste 602	West Hills	91307	(818)769-5998
Allergy and Asthma Institute of the Valley – Granada Hills	10515 Balboa Blvd., #390	Granada Hills	91344	(818)366-8112
Allergy and Asthma Institute of the Valley – Studio City	12660 Riverside Dr., #325	Studio City	91607	(818)769-5998
Asthma and Allergy Foundation of America, California Chapter	3435 Wilshire Blvd., Ste. 350	Los Angeles	90010	(800) 624-0044 (323)937-7859
Glendale Healthy Kids	735 Lexington Dr.	Glendale	91206	(818)548-7931

#### *Cancer Resources*

Agency	Address	City	Zip	Telephone
American Cancer Society	4454 Van Nuys Blvd. #100	Sherman Oaks	91403	(818)905-9141
Circle of Hope Inc.	23560 Lyons Ave.	Newhall	91322	(661)254-5218
El Proyecto Del Barrio - Arleta Health Center	13641 Van Nuys Blvd.	Pcoima	91331	(818)896-1135
Elysia Skye Breast Cancer Organization	5805 Whitsett Ave. # 211	Valley Village	91607	(310)402-5163
Hats Off for Cancer Inc.	3850 Poppyseed Ln.	Calabasas	91302	
LAC DHS - San Fernando Health Center	10605 Balboa Blvd., Ste. 100	Granada Hills	91344	(818)832-2400
Leukemia and Lymphoma Society's Greater L.A Chapter	6033 West Century Blvd, Suite 300	Los Angeles	90045	(310)342-5800

Los Angeles County Department of Health Service (LAC DHS) - Mid Valley Comprehensive Health Center	7515 Van Nuys Blvd.	Van Nuys	91405	(818)947-4000
Meet Each Need With Dignity (MEND)	10641 N. San Fernando Rd.	Pacoima	91331	(818)686-7300
Mission City Community Network, Inc.	15206 Parthenia St.	North Hills	91343	(818)895-3100
NEVHC - Pacoima Health Center and WIC Site	12756 Van Nuys Blvd.	Pacoima	91331	(818)270- 9777
Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
Ovarian Cancer Coalition of Greater California	P.O. Box 40035	Studio City	91614	(800)500-1877 (818)985-0288
Planned Parenthood Los Angeles Canoga Park Health Center	21001 Sherman Way, Ste. 9	Canoga Park	91303	(800)576-5544
The Robert Urich Foundation Inc.	10060 Riverside Dr. #1001	Toluca Lake	91602	(310)817-0945
The Wellness Community	9410 Owensmouth Ave.	Chatsworth	91311	(818)379-4777
WeSPARK Resource Center	13520 Ventura Blvd.	Sherman Oaks	91423	(818)906-3022

### ***Child Abuse and Prevention***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Child Help USA				(800)422-4453
Children's Institute International	711 S. New Hampshire Ave.	Los Angeles	90005	(213)385-5100
Department of Social Services	21731 Ventura Blvd. #250	Woodland Hills	91364	(818)596-4334
El Nido Family Center	13460 Van Nuys	Pacoima	91331	(818)896-7776
El Nido Family Centers	10200 Sepulveda Blvd. #350	Mission Hills	91345	(818)830-3646
El Proyecto del Barrio	9140 Van Nuys Blvd.	Panorama City	91402	(818)895-0824
First 5 LA Champions For Our Children	750 North Alameda St., Ste. 300	Los Angeles	90012	(213)482-5902
L.A. County Department of Children and Family Services	425 Shatto Place	Los Angeles	90020	Headquarters: (213)351-5507 Public line: (213)351-5602
Los Angeles Police Department	100 West 1st. St. Room	Los Angeles	90012	911
Safe Passage - Women Crowned in Glory Inc.	P.O. Box 40034	Studio City	91614	(818)232-7476
The Help Group	13130 Burbank Blvd.	Sherman Oaks	91401	(818)779-5262

Valley Interfaith Council	10824 Topanga Canyon Blvd. #7	Chatsworth	91311	(818)718-6460
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### ***Community Clinics***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Alzheimer's Greater San Fernando Valley Regional Office	16933 Parthenia St. #200	Northridge	91343	(800)272-3900
American Cancer Society	4940 Van Nuys Blvd.	Sherman Oaks	91403	(818)905-7766
American Cancer Society SFV Unit	500 N. Victory Blvd.	Burbank	91502	(818)841-2969
CareNex Health Services	15477 Ventura Blvd., Ste. LL	Sherman Oaks	91403	(877)367-6428 (818)205-2500
Columbus Middle School Columbus School Based Clinic	22250 Elkwood St.	Canoga Park	91304	(818)702-1270
Community Clinic Association of Los Angeles County	1055 Wilshire Blvd.	Los Angeles	90017	(213)201-6500
Community Speech and Hearing Center	18740 Ventura Blvd. #100	Tarzana	91356	(818)774-0224
Comprehensive Community Health Center	12157 Victory Blvd.	North Hollywood	91606	(818)755-8000
Comprehensive Community Health Centers Inc.	801 S. Chevy Chase Dr. #250	Glendale	91205	(818)265-2264
Del Carmen Medical Center	19234 Vanowen St.	Reseda	91335	(818)705-1157
East Valley District Office	14545 Lanark St.	Panorama City	91402	(818)901-4120
El Proyecto del Barrio	8902 Woodman Ave.	Arleta	91331	(818)830-7033
El Proyecto del Barrio	9140 Van Nuys Blvd.	Panorama City	91402	(818)895-0824
El Proyecto del Barrio/Family Health Care Clinic	20800 Sherman Way	Canoga Park	91304	(818)883-2273
Goodwill Southern California	342 San Fernando Rd.	Los Angeles	90031	(323)223-1211
Hart St. School Health Center	21006 Hart St.	Canoga Park	91303	(818)883-0360
Hungry Children Project	16520 Vintage St.	North Hills	91343	(818) 349-2093
International Myeloma Foundation	12650 Riverside Dr. #206	North Hollywood	91607	(800)452-2873 (818)487-7455
Joni and Friends	30009 Ladyface Ct.	Agoura Hills	91301	(818)707-5664
Kennedy High School Based Clinic	11254 Gothic Ave.	Granada Hills	91344	(818)271-2547
Los Angeles Jewish Home	7150 Tampa Ave.	Reseda	91335	(818)774-3000
Los Angeles Unified School District - PTA Vision Clinics - Telfair Avenue Health Center	10911 Telfair Ave.	Pacoima	91311	(818)899-6113
Medicina Familiar	13500 Van Nuys Blvd.	Pacoima	91331	(818)896-2999

Meet Each Need With Dignity (MEND)	10641 No. San Fernando Rd.	Pacoima	91331	(818)896-0246
Mission City Community Clinic, Inc.	4842 Hollywood Blvd.	Los Angeles	90027	(323)644-1110
Mission City Community Network Inc.	15206/15210 Parthenia St.	North Hills	91343	(818)895-3100
Motion Picture & Television Fund Foundation	23388 Mulholland Dr.	Woodland Hills	91364	(855)7606783 (818)876-1900
NEVHC - Pacoima Health Center and WIC Site	12756 Van Nuys Blvd.	Pacoima	91331	(818)270- 9777
NEVHC - San Fernando Health Center	1600 San Fernando Rd.	San Fernando	91340	(818)365-8086
Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
ONEgeneration	17400 Victory Blvd.	Van Nuys	91406	(818)705-2345
Pacific Lodge Youth Services	4900 Serrani Ave.	Woodland Hills	91364	(818)347-1577
Partners in Care Foundation	732 Mott St., Ste.150	San Fernando	91340	(818)837-3775
Planned Parenthood Los Angeles Canoga Park Health Center	21001 Sherman Way, Ste. 9	Canoga Park	91303	(800)576-5544
School Health Services Division San Fernando High School	11133 O'Melveny St.	San Fernando	91340	(818)365-7517
Tarzana Treatment Center	8330 Reseda Blvd.	Northridge	91324	(818)996-7019
Tarzana Treatment Center	7101 Baird Ave.	Reseda	91335	(818)342-5897
Telfair School Health Center	10911 Telfair Ave.	Pacoima	91331	(818)899-6113
The Saban Free Clinic - Is the Los Angeles Free Clinic	8405 Beverly Blvd.	Los Angeles	90048	(323)653-8622
Therapeutic Living Centers for the Blind Inc.	7915 Lindley Ave.	Reseda	91335	(818)708-1740
Total Family Support Clinic	13788 Foothill Blvd. Unit 8	Sylmar	91342	(818)833-9789
UCP Wheels for Humanity	12750 Raymer St. Unit 4	North Hollywood	91605	(818)255-0100
United Cerebral Palsy of Los Angeles, Ventura and Santa Barbara Counties	6430 Independence Ave.	Woodland Hills	91367	(818)782-2211
Valley Community Clinic	6801 Coldwater Canyon Ave.	North Hollywood	91605	(818)763-8836
Valley Interfaith Council	4505 Las Virgenes Rd. #211	Calabasas	91302	(818)880-4842
Valley View Family Clinic	14400 Roscoe Blvd.	Panorama City	91402	(818)830-6888
Valley Village	20830 Sherman Way	Winnetka	91306	(818)587-9450
Willie Ross Foundation	6621 Van Nuys Blvd.	Van Nuys	91405	(818)786-7677
Women, Infants and Children (WIC)				(916)558-1784

### ***Community Organizations***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Activities Recreation & Care (ARC)	6456 Whitsett Ave.	North Hollywood	91606	(818)762-365
Alliance for a Better Community	350 South Bixel St., Ste. 180	Los Angeles	90017	
Arthritis Foundation	800 W. 6th St., Ste. 1250	Los Angeles	90017	(323)954-5750
Boys & Girls Club of Burbank	2244 N. Buena Vista St.	Burbank	91504	(818)842-333
Boys & Girls Club of San Fernando Valley	11251 Glenoaks Blvd.	Pacoima	91331	(818)896-261
Boys & Girls Club of the West Valley	7245 Remmet Ave.	Canoga Park	91303	(818)610-054
Build Rehabilitation Industries	12432 Foothill Blvd.	Sylmar	91342	(818)898-020
Build Worksource	9207 Eton Ave.	Chatsworth	91311	(818)701-800
Canoga Park Village Ready for School	22250 Elkwood St.	Canoga Park	91304	(818)716-1376
Center for Living and Learning	14549 Archwood St. #221	Van Nuys	91405	(818)781-1073
Child & Family Guidance Center	9650 Zelzah Ave.	Northridge	91325	(818)993-9311
Child care Resource Center - Customer Support and Information	20001 Prairie St.	Chatsworth	91311`	(818)717-1000
Chrysalis	14015 Van Nuys Blvd., Ste. E	Pacoima	91331	(818)794-4200
Community Enhancement Services (CES)	16743 Schoenborn St.	North Hills	91343	(818)894-8121
County of Los Angeles Public Health - Immunization Program Public Health	3530 Wilshire Blvd., Ste. 700	Los Angeles	90010	(213)351-7800
East Valley PALS	11640 Burbank Blvd	North Hollywood	91601	(818)623-4001
EL Nido Family Center	13460 Van Nuys	Pacoima	91331	(818)896-7776
El Nido Family Centers	10200 Sepulveda Blvd. #350	Mission Hills	91345	(818)830-3646
El Proyecto del Barrio	9140 Van Nuys Blvd.	Panorama City	91402	(818)895-0824
El Proyecto del Barrio/Family Health Care Clinic	20800 Sherman Way	Canoga Park	91304	(818)883-2273
Fernando Award Foundation Inc.	12520 Magnolia Blvd. #212	North Hollywood	91607	(818)817-4218
Friends of the Family	15350 Sherman Way #140	Van Nuys	91406	(818)988-4430
Glendale Healthy Kids	735 Lexington Dr.	Glendale	91206	(818)548-7931
Guadalupe Center	6933 Remmet Ave.	Canoga Park	91303	(818)340-2050
Halcyon Center	10842 Alta View Dr.	Studio City	91604	(323)654-4307
Haven Hills	P.O. Box 260	Canoga Park	91305	(800)799-7233 (818)887-7481



Independent Living Center of Southern California	14407 Gilmore St. #101	Van Nuys	91401	(818)785-6934 (800)524-5272
Jewish Community and Recreational Center of the West Valley	22622 Vanowen St.	West Hills	91307	(818)464-3300
Jewish Family Service of Los Angeles	13949 Ventura Blvd. #308	Sherman Oaks	91423	(818)789-1293
Jewish Family Services Los Angeles				(877)275-4537
Jewish World Watch	17514 Ventura Blvd. #206	Encino	91316	(818)501-1836
JFS/ Valley Storefront Senior Center	12821 Victory Blvd.	North Hollywood	91606	(818)984-1380
Joni and Friends	30009 Ladyface Ct.	Agoura Hills	91301	(818)707-5664
Leonis Adobe Museum	23537 Calabasas Rd.	Calabasas	91302	(818)222-6511
Lutheran Social Services	80 E. Hillcrest Dr.	Thousand Oaks	91360	(805)497-6207
Meet Each Need with Dignity (MEND)	10641 No. San Fernando Rd.	Pacoima	91331	(818)896-0246
Mid Valley Jeopardy Foundation	6015 Woodman Ave.	Van Nuys	91401	(818)756-9802
New Directions for Youth	7315 North Lankershim Blvd.	North Hollywood	91605	(818)375-1000
New Horizons	15725 Parthenia St.	North Hills	91343	(818)894-9301
Old Town Newhall Association	24336 Main St.	Newhall	91321	(661)253-0730
Operation Gratitude	16444 Refugio Rd.	Encino	91436	(818)909-0039
Penny Lane Centers	15305 Rayen St.	North Hills	91343	(818)892-3423
Pleasantview Industries Inc.	27921 Urbandale Ave.	Santa Clarita	91350	(661)296-6700
Project SAFE - The Help Group	6455 Coldwater Canyon Blvd.	Valley Glen	91606	(818)623-6383 (818)623-6382
Project Youth Green	444 South Brand Blvd., Ste. 201	San Fernando	91340	(818)890-2928
Pueblo y Salud Inc.	1024 N. Maclay Ave.	San Fernando	91340	(818)837-2272
Rickey and Robbi Gelb Charitable Foundation	17547 Ventura Blvd. #201	Encino	91316	(818)377-2277
Ride On L.A.	10860 Topanga Canyon Blvd.	Chatsworth	91311	(818)700-2971
San Fernando Valley Community Foundation	5121 Van Nuys Blvd. #200	Sherman Oaks	91403	(818)379-7000
Special Olympics Southern California - Tri-Valley	24779 Valley St.	New Hall	91321	(818)342-0017
The Valley Economic Alliance	5121 Van Nuys Blvd.	Sherman Oaks	91403	(818)379-7000
Topanga BOOSTERS	21501 Schoenborn St.	Canoga Park	91304	(818)756-4800
Total Family Support Clinic	13788 Foothill Blvd. Unit 8	Sylmar	91342	(818)833-9789
Travelers Aid Society of Los Angeles	800 N. Alameda St.	Los Angeles	90012	(213)625-2160

United Cerebral Palsy of Los Angeles, Ventura and Santa Barbara Counties	6430 Independence Ave.	Woodland Hills	91367	(818)782-2211
Valley Economic Alliance	5121 Van Nuys Blvd. #200	Sherman Oaks	91403	(818)379-7000
Valley Economic Development Center Inc.	5121 Van Nuys Blvd. 3rd Floor	Van Nuys	91403	(818)907-9977
Valley group	17547 Ventura Blvd. #201	Encino	91316	(818)377-2277
Valley Industry & Commerce Association (VICA)	5121 Van Nuys Blvd. #203	Sherman Oaks	91403	(818)817-0545
Valley Interfaith Council	4505 Las Virgenes Rd. #211	Calabasas	91302	(818)880-4842
Valley Nonprofit Resources	5435 Balboa Blvd. #115	Encino	91316	(818)591-9321
Volunteer Center of Los Angeles	8134 Van Nuys Blvd. #200	Panorama City	91402	(818)908-5066
Volunteers of America Greater Los Angeles	3600 Wilshire Blvd., Ste. 1500	Los Angeles	90010	(213)389-1500
Wellness Works Therapy				(877)884-3089
West Valley Police BOOSTERS	17547 Ventura Blvd. #201	Encino	91316	(818)377-2277
Zev Yaroslavsky Third District Office	14340 Sylvan St., Ste. A	Van Nuys	91401	(818)901-3831

### ***Crisis Prevention***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Access (LAC DMH Crisis Assistance)				(800)854-7771
American Red Cross	14717 Sherman Way	Van Nuys	91405	(818)376-1700
California Youth Crisis Line				(800)843-5200
Counseling Center				(661)702-0000
County of Los Angeles Dept. of Mental Health (LAC DMH) West Valley Mental Health	7621 Canoga Ave.	Canoga Park	91304	(818)598-6900
El Centro De Amistad Inc.	6800 Owensmouth Ave.	Canoga Park	91303	(818)347-8565
LAC DMH Valley Care Children's Services	19231 Victory Blvd. Ste. 110	Reseda	91335	(818)708-4500 (800)854-771
Los Angeles County Department of Mental Health - Disaster Services	550 S. Vermont Ave.	Los Angeles	90020	(800)854-7771 (213)738-924
Los Angeles County Mental/Behavioral Health - Psychiatric Emergency Team (PET)		Los Angeles		(800)854-7771
Los Angeles Police Department Foothill Jeopardy Family Center	11844 Glenoaks Blvd.	San Fernando	91340	(818)837-1167

Los Angeles Police Department Jeopardy Program - Reseda	19020 Vanowen St.	Reseda	91335	(818)756-8671
Peace Over Violence formally known as LACAAW	1015 Wilshire Blvd., Ste. 200	Los Angeles	90017	(213)955-9090 (310)392-8381
Suicide Prevention Services, Los Angeles Unified School District	333 S. Beaudry Ave.	Los Angeles	90017	(213)241-1000
The Los Angeles Police Department	12760 Osborne St.	Pacoima	91331	(818)756-8866
Therapeutic Living Centers for the Blind	7915 Lindley Ave.	Reseda	91335	(818)708-1740
Valley Center for Prevention of Family Violence	13655 Victory Blvd., Ste. 201	Van Nuys	91405	(818)786-2079
Valley Trauma	7116 Sophia Ave.	Van Nuys	91406	(818)756-5330

### ***Dental Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
CaliforniaKids- Los Angeles	5200 Lankershim Blvd. Ste. 360	North Hollywood	91601	(818)755-9708
Hart St. School Health Center	21006 Hart St.	Canoga Park	91303	(818)883-0360
Kids Community Clinic of Burbank	400 West Elmwood Ave.	Burbank	91506	(818)841-8010
LAC DHS - Olive View- UCLA Medical Center	14445 Olive View Dr.	Sylmar	91342	(818)364-1555
LAC DPH - Pacoima Health Center	13300 Van Nuys Blvd.	Pacoima	91331	(818)896-1903
Meet Each Need With Dignity (MEND)	10641 N San Fernando Rd.	Pacoima	91331	(818)686-7300
Mission City Community Network	15206 Parthenia St.	North Hills	91343	(818)895-3100
NEVHC - San Fernando Health Center	1600 San Fernando Rd.	San Fernando	91340	(818)365-8086
Northeast Valley Health Corporation	1172 North Maclay Ave.	San Fernando	91340	(818)898-1388
Northeast Valley Health Corporation	7107 Remmet Ave.	Canoga Park	91303	(818)340-3570
Olive View Medical Center Dental Clinic	14445 Olive View Dr.	Sylmar	91352	(818)947-4028
Tarzana Treatment Center	8330 Reseda Blvd.	Northridge	91324	(818)996-7019
UCLA Dental Clinic - Mission Community Hospital	732 Mott St. Ste. 110	San Fernando	91340	(818)837-0398
Valley Community Clinic	6801 Coldwater Canyon Blvd.	North Hollywood	91605	(818)763-8836

### ***Diabetes Resources***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
American Diabetes Association				(800)EFA-1000
Columbus Middle School (School Based Clinic)	22250 Elkwood St.	Canoga Park	91304	(818)702-1270

Meet Each Need With Dignity (MEND)	10641 N San Fernando Rd.	Pacoima	91331	(818)686-7300
Mission Community Hospital-San Fernando Campus For Health and Education	700 Chatsworth Dr.	San Fernando	91340	(818)365-5059
Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
North East Valley Community Clinic	1600 San Fernando Rd.	San Fernando	91340	(818)365-8086
North Valley Health Corporation	1172 North Maclay Ave.	San Fernando	91340	(818)898-1388
Tarzana Treatment Center	8330 Reseda Blvd.	Northridge	91324	(818)996-7019

### ***Domestic Violence***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Counseling West	20700 Ventura Blvd., Ste. 210	Woodland Hills	91364	(818)999-6164
Domestic Abuse Center	8817 Reseda Blvd., #C	Northridge	91324	(818)772-0176
Jewish Family Services	22622 Vanowen St.	West Hills	91307	(818)464-3333
Valley Center for the Prevention of Family Violence	20944 Sherman Way, #209	Canoga Park	91303	(818)883-2132
Valley Trauma Counseling Center	7116 Sophia Ave.	Van Nuys	91406	(818)756-5330

### ***Drugs and Alcohol Recovery Programs***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
AA Alcoholics Anonymous	7417 Van Nuys Blvd., Ste. E	Van Nuys	91405	(818)988-3001
Al-Anon	4936 Lankershim Blvd.	North Hollywood	91601	(818)760-7122
CRI-Help Inc.	11027 Burbank Blvd.	North Hollywood	91601	(818)985-8323
CRI-Help Inc.	2029 Keith St.	Los Angeles	90031	(323)222-7660
CRI-Help Inc.	8330 Lankershim Blvd.	North Hollywood	91605	(818)504-0505
El Dorado Community Service Center	24625 Arch St.	Newhall	91321	(661)288-2644
El Sereno Manor Sylmar Health and - Rehabilitation Center	12220 Foothill Blvd.	Sylmar	91342	(818)834-5082 ext. 118
I-ADARP - Drug and Substance Abuse Programs	6911 Hayvenhurst Ave., Ste. 101	Van Nuys	91406	(818)994-7454
Kingpins of Sobriety - Candlelight	7552 Remmet St.	Canoga Park	91303	
Narcotics Anonymous World Services	19737 Nordhoff Pl.	Chatsworth	91311	(818)773-9999
NEVHC - Pacoima Health Center and WIC Site	12756 Van Nuys Blvd.	Pacoima	91331	(818)270- 9777
New Directions for Youth	7315 N. Lankershim Blvd.	North Hollywood	91605	(818)503-6330

Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	( 818)270-9777
Now & Forever Foundation	8745 Parthenia Pl.	North Hills	91343	(818)895-5002
People in Progress	8140 Sunland Blvd.	Sun Valley	91352	(818)768-7494
Phoenix House	11600 Eldridge Ave.	Sylmar	91342	(818)896-1121 (877)769-9668
Provides referrals for drug treatment - Tarzana Treatment Center	18646 Oxnard St.	Tarzana	91356	(818)996-1051
San Fernando Valley Partnership	1131 Celis St.	San Fernando	91340	(818)837-7767
Tarzana Treatment Center	8330 Reseda Blvd.	Northridge	91324	(818)996-1051
Tarzana Treatment Center	7101 Baird Ave.	Reseda	91335	(818)342-5897
Total Family Support Clinic	13788 Foothill Blvd.	Sylmar	91342	(818)833-9789
Via Avanta	11643 Glenoaks Blvd.	Pacoima	91331	(818)897-2609
We will be Clean	6006 Laurel Canyon Blvd.	North Hollywood	91606	

### ***Employment Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Canoga Park Work Source Center	21010 Vanowen St.	Canoga Park	91303	(818)596-4116
Chatsworth Work Source Center	9207 Eton Ave.	Chatsworth	91311	(818)701-9800
Chrysalis	14015 Van Nuys Blvd., Ste. E	Pacoima	91331	(818)794-4200
El Camino Community Adult School (LAUSD)	5440 Valley Circle	Woodland Hills	91367	(818)595-8000
El Proyecto del Barrio	8902 Woodman Ave.	Arleta	91331	(818)830-7181
Employment Development Department	11623 Glenoaks Blvd.	Pacoima	91331	(818)890-9400
Goodwill Southern California	342 San Fernando Rd.	Los Angeles	90031	(323)223-1211
Kennedy Community Adult School (LAUSD)	11254 Gothic Ave	Granada Hills	91340	(818)271-2550
Loaves & Fishes II - Van Nuys	14640 Keswick St.	Van Nuys	91405	(818)997-0943
Los Ángeles ORT Technical Instituto - Van Nuys Campus	14519 W. Sylvan St.	Van Nuys	91411	(818)646-4714
Meet Each Need with Dignity (MEND)	10641 No. San Fernando Rd.	Pacoima	91331	(818)896-0246
New Directions for Youth	7315 North Lankershim Blvd.	North Hollywood	91605	(818)503-6330
North Valley Occupational Center (LAUSD)	11450 Sharp Ave.	Mission Hills	91345	(818)365-9645
Pacoima Skills Center (LAUSD)	13545 Van Nuys Blvd.	Pacoima	91331	(818)896-9558

Worksource of California - Adult	9024 Laurel Canyon Blvd.	Sun Valley	91352	(818)504-0334
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### ***Eye Exams***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Hart St. School Health Center	21006 Hart St.	Canoga Park	091303	(818)883-0360
Castaic Lions Club	P.O. Box 312	Castaic	91310	

### ***Food Programs***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Alpa Food Bank	7336 Bellaire Ave.	North Hollywood	91605	(818)255-0080
Children's Hunger Fund	13931 Balboa Blvd.	Sylmar	91342	(818)979-7100
Eliza Shanks Home, Inc.	13055 Weidner St.	Pacoima	91331	(818)335-1233
Family Rescue Center	22103 Vanowen St.	Canoga Park	91303	(818)884-7587
Guadalupe Community Center	21600 Hart St.	Canoga Park	91303	(818)340-2050
Holy Rosary Church	7800 Vineland Ave.	Sun Valley	91352	(818)765-3350
Interfaith Food Pantry Coalition Greater Community Church	10824 Topanga Cyn. Blvd. #7	Chatsworth	91311	(818)718-6460
Meet Each Need With Dignity (MEND)	10641 N. San Fernando Rd.	Pacoima	91331	(818)686-7300
North Hollywood Interfaith Food Pantry	4387 Troost Ave.	Studio City	91604	(818)760-3575
North Valley Caring Services	15435 Rayen St.	North Hills	91343	(818)891-0481
Our Lady of The Holy Rosary Parish	7800 Vineland Ave.	Sun Valley	91352	(818)765-3350
Saint James Presbyterian Church	19414 Ventura Blvd.	Tarzana	91356	(818)345-2057
Salvation Army Corps Community Center - San Fernando Valley	14917 Victory Blvd.	Van Nuys	91411	(818)781-5739
San Fernando Valley Japanese-American Community Center	12953 Branford St.	Pacoima	91331	(818)899-1989
Santa Clarita Valley Food Pantry	34133 Railroad Ave.	Santa Clarita	91321	(661)255-9078
Sova Food Pantry - Valley	16439 Vanowen St.	Van Nuys	91406	(818)988-7682
St Elizabeth Service Center Distribution Site	6640 Cedros St.	Van Nuys	91405	(818)779-1775
St. Ferdinand Outreach Center	1109 Coronel St.	San Fernando	91340	(818)365-3194
Total Family Support Clinic	13788 Foothill Blvd., Unit 8	Sylmar	91342	(818)833-9789
United Methodist Church of Sepulveda	15435 Rayen St.	North Hills	91343	(818)892-1164

Valley Food Bank	12701 Van Nuys Blvd., Ste. A	Pacoima	91331	(800)417-5678 ext. 5060 or (818)510-4140
Valley Interfaith Council	4505 Las Virgenes Rd., #211	Calabasas	91302	(818)880-4842
West Valley Food Pantry	5700 Rudnick Ave.	Woodland Hills	91367	(818)346-6968
WIC Program (Women, Infants, and Children)				(916)558-1784

### ***Health Care Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
AIM Health Care Foundation	4630 Van Nuys Blvd. 1 <sup>st</sup> Floor	Sherman Oaks	91403	(818)981-5681
CareNex Health Services	15477 Ventura Blvd. Ste. LL	Sherman Oaks	91403	(818)205-2500
Community Speech and Hearing Center	18740 Ventura Blvd. #100	Tarzana	91356	(818)774-0224
Grandparents As Parents, Inc.	22048 Sherman Way #217	Canoga Park	91303	(818)264-0880
Guadalupe Center	6933 Remmet Ave.	Canoga Park	91303	(818)340-2050
Inner Circle Foster Care & Adoption Services	7120 Hayvenhurst Ave. #204	Van Nuys	91406	(818)988-6300
Joni and Friends	30009 Ladyface Ct.	Agoura Hills	91301	(818)707-5664
Los Angeles Jewish Home	7150 Tampa Ave.	Reseda	91335	(818)774-3000
Motion Picture & Television Fund Foundation	22388 Mulholland Dr.	Woodland Hills	91364	(818)876-1900
ONE generation	17400 Victory Blvd.	Van Nuys	91406	(818)705-2345
Pacific Lodge Youth Services	4900 Serrani Ave.	Woodland Hills	91364	(818)347-1577
Ride On L.A.	10860 Topanga Canyon Blvd.	Chatsworth	91311	(818)700-2971
Therapeutic Living Centers for the Blind Inc.	7915 Lindley Ave.	Reseda	91335	(818)708-1740
United Cerebral Palsy of Los Angeles, Ventura and Santa Barbara Counties	6430 Independence Ave.	Woodland Hills	91367	(818)782-2211
Valley Interfaith Council Inc.	4505 Las Virgenes Canyon Rd., #211	Calabasas	91302	(818)880-4842
Valley Village	20830 Sherman Way	Winnetka	91306	(818)587-9450

### ***Health Coverage for Adults and Children***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Antelope Valley Health Center	335-B E. Ave. K-6	Lancaster	93535	(661)723-4511
Columbus Middle School (School Based Clinic)	22250 Elkwood St.	Canoga Park	91304	(818)702-1270



Glendale Health Center	501 N. Glendale Ave.	Glendale	91206	(818)500-5785
Health Consumer Center	13327 Van Nuys	Pacoima	91331	(800)896-3203
Kennedy High School Based Clinic	11254 Gothic Ave.	Granada Hills	91344	(818)271-2547
Medi-Cal for children for LA County	21415 Plummer St.	Chatsworth	91311	818-718-5003 (818)380-6010
Mid-Valley Comprehensive Health Center	7515 Van Nuys Blvd.	Van Nuys	91405	(818)947-4000
San Fernando Health Center	1212 Pico St.	San Fernando	91340	(818)837-6969
Tarzana Family Resource Center	AT: Tarzana Elementary School	Tarzana	91356	(818)705-4988

### ***Heart Disease***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
American Heart Association	4741 Laurel Canyon Blvd.	Valley Village	91607	(818)984-0004
American Heart Association	816 S. Figueroa St.	Los Angeles	90017	(213)291-7000
American Heart Association	1055 Wilshire Blvd., Ste. 900	Los Angeles	90017	(213)580-1408

### ***HIV Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
AHF Healthcare Center – San Fernando Valley	4835 Van Nuys Blvd., Ste. 200	Sherman Oaks	91403	(818)380-2626
El Proyecto del Barrio - Arleta Health Center	8902 Woodman Ave.	Arleta	91331	(818)830-7133
LAC DHS - Olive View UCLA Medical Center and Health Center	14445 Olive View Dr.	Sylmar	91342	(818)364-1555
Los Angeles Mission College	13356 Eldridge Ave.	Sylmar	91342	(818)362-6182
Mary Magdalene Project – Drop in Center	7136 Haskell Ave., Ste. 125	Van Nuys	91406	(818)988-4970
Northeast Valley Health Corporation - Van Nuys HIV Division	6551 Van Nuys Blvd., Ste. 201	Van Nuys	91401	(818)988-6335
Pacifica Hospital of the Valley	9449 San Fernando Rd.	Sun Valley	91352	(818)252-2142
Planned Parenthood Los Angeles- Van Nuys Health Center	7100 Van Nuys Blvd., Ste. 108	Van Nuys	91405	(800)576-5544
Tarzana Treatment – Transitional Housing for Parolees with HIV/ AIDS	7101 Baird Ave.	Reseda	91335	(818)342-5897
Tarzana Treatment Center Inc.	18646 Oxnard St.	Tarzana	91356	(800)996-1051



Valley Community Clinic	6801 Coldwater Canyon Ave., Ste. 1B	North Hollywood	91605	(818)763-1718
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### ***Homeless Services and Shelters***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
211 L.A. County (formerly Info Line of Los Angeles)				(800)339-6993
Abode Communities	701 East 3rd St., Ste. 400	Los Angeles	90013	(213)629-2702
Aviva Family and Children's Services - Wallis Annenberg Center	1701 Camino Palmero	Los Angeles	90046	(323)876-0550
Aviva Girls Graduate	6603 Whitman Ave.	Van Nuys	91406	(818)781-8020
Beyond Shelter	11243 Glenoaks Blvd., Ste. 3	Pacoima	91331	(818)834-4885
CARE Housing Services Corporation	18757 Burbank Blvd., #102	Tarzana	91356	(818)774-1550
Children of the Night	14530 Sylvan St.	Van Nuys	91411	(818)908-4474 (800)551-1300
Chrysalis	14015 Van Nuys Blvd., Ste. E	Pacoima	91331	(818)794-4200
Corner Stone Christian Ministry	11449 Sproule Ave.	Pacoima	91331	(818)899-5900
Corporation for Better Housing	15303 Ventura Blvd., #1100	Sherman Oaks	91403	(818)905-2430
Department of Public Social Services - Cal Works, West Valley	21415 Plummer St.	Chatsworth	91311	(818)-718-5000 (818)718-5216
Department of Public Social Services (DPSS)	12847 Arroyo St.	Sylmar	91342	(818)837-6393
East Valley Community Action Group - Valley Food Bank	11210 Otsego St.	North Hollywood	91601	(818)980-7370
Habitat for Humanity	11257 Borden Ave.	Pacoima	91331	(818)899-6180
Hábitat for Humanity San Fernando/Santa Clarita Valleys	21031 Ventura Blvd., #610	Woodlands Hills	91364	(818)884-8808
Homeless Health Care Project	7843 Lankershim Blvd.	North Hollywood	91605	(818)765-8656
Housing Authority of Los Angeles	10995 Lehigh Ave.	Pacoima	91331	(818)899-5228
Interfaith Food Pantry Coalition Greater Comm Church	10824 Topanga Canyon Blvd., #7	Chatsworth	91311	(818)718-6460
JFS/ Valley Storefront Senior Center	12821 Victory Blvd.	North Hollywood	91606	(818)984-1380
L.A. County CSS - San Fernando Valley Service Center	7555 Van Nuys Blvd.	Van Nuys	91405	(818)901-3501

L.A. County Victim - Witness Assistance Program San Fernando Valley Branch Office	900 Third St., Room 3rd Floor	San Fernando	91340	(818)898-2404
L.A. Family Housing	7843 Lankershim Blvd.	North Hollywood	91605	(818)982-4091
LAC - Canoga Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)340-3570
Loaves & Fishes II - Van Nuys	14640 Keswick St.	Van Nuys	91405	(818)997-0943
Local District 1 Nursing The Wellness Center - Zelzah Site	6505 Zelzah Ave.	Reseda	91335	(818)654-1670
Los Angeles Family Housing Corp. -Valley Shelter	10995 Lehigh Ave.	Pacoima	91331	(818)982-4091
Lutheran Social Services of Southern California San Fernando/Antelope Valley Area Office	6425 Tyrone Ave.	Van Nuys	91401	(818)901-9480
Manna From Heaven (Valley Vineyard) - Valley Food Bank	6642 Reseda Blvd.	Reseda	91335	(818)343-3626
Many Mansions	1459 E. Thousand Oaks Blvd., Bldg. D	Thousand Oaks	91362	(818)496-4948
Meet Each Need With Dignity (MEND)	10641 N. San Fernando Rd.	Pacoima	91331	(818)686-7300
Neighborhood Legal Services of Los Angeles County	13327 Van Nuys Blvd.	Pacoima	91331	(818)485-0913
NEVHC - San Fernando Health Center	1600 San Fernando Rd.	San Fernando	91340	(818)365-8086
NEVHC - Sun Valley Health Center	7223 North Fair Ave.	Sun Valley	91352	(818)432-4400
North Valley Caring Services	15435 Rayen St.	North Hills	91343	(818)891-0481
Our Lady of Peace Catholic Church	15444 Nordhoff	North Hills	91343	(818)894-1176
Panorama Baptist Church of Pacoima - Valley Food bank	8767 Woodman Ave.	Arleta	91331	(818)894-2281
Redeemer Lutheran Church	20025 Chase St.	Winnetka	91306	(818)341-1629
Rock of The Valley - Church of Christ in God - Valley Food Bank	7722 Kester Ave.	Van Nuys	91405	(818)781-4156
Salvation Army Corps Community Center - San Fernando Valley	14917 Victory Blvd.	Van Nuys	91411	(818)781-5739
San Fernando Community Clinic MHC Inc. - Homeless CalWORKS Families Project	6842 Van Nuys Blvd. 6th Floor	Van Nuys	91405	(818)908-3855
San Fernando Valley Rescue Mission	13422 Saticoy St.	North Hollywood	91605	(818)785-4476
School Health Services Division SF High School	11133 O'Melveny St.	San Fernando	91340	(818)365-7517
St. Didacus Church Parish Center	14339 Astoria St.	Sylmar	91342	(818)896-0246

St. Elizabeth Service Center Distribution Site	6640 Cedros St.	Van Nuys	91405	(818)779-1775
Sun Valley WorkSource Center	9024 Laurel Canyon Blvd.	Sun Valley	91352	(818)504-1974
Sunland-Tujunga Temporary Aid Center	7747 Foothill Blvd.	Tujunga	91402	(818)352-2421
Tamar House (previously Hope Cottage)	(confidential Site)			(818)505-0900
Tarzana Treatment Center	7101 Baird Ave.	Reseda	91335	(818)342-5897
The Harbor - San Fernando Valley Community Mental Health	5519 Elmer Ave.	North Hollywood	91601	(818)980-7576
Valley Lighthouse Church	6159 Tyrone Ave.	Van Nuys	91401	(818)780-8334
Victim Witness Assistance Program	11640 Burbank Blvd.	North Hollywood	91601	(818)623-4056
Victim Witness Assistance Program	6230 Sylmar Ave.	Van Nuys	91401	(818)374-3075
Volunteer League of the San Fernando Valley Clothes Corner	14603 Hamlin St.	Van Nuys	91411	(818)785-4134
Volunteers of America Greater Los Angeles - Women's Care Cottage (Headquarters)	3600 Wilshire Blvd., Ste. 1500	Los Angeles	90010	(213)500-6013
West Valley Food Pantry	5700 Rudnik Ave.	Woodland Hills	91367	(818)346-6968

### ***Hospitals OSHPD***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Cedars-Sinai Medical Center	8700 Beverly Blvd.	West Hollywood	90048	(310)423-3277
Encino Hospital Medical Center	16237 Ventura Blvd.	Encino	91436	(818)995-5000
Encino-Tarzana Regional Medical Center	18321 Clark St.	Tarzana	91356	(818)881-0800
Glendale Adventist Hospital	1509 Wilson Terrace	Glendale	91206	(818)409-8000
Henry Mayo Newhall Memorial Hospital	23845 McBean Pkwy.	Valencia	91355	(661)253-8000
Joyce Eisenberg Keefer Medical Center	7150 Tampa Ave.	Reseda	91335	(818)774-3000
Kaiser Permanente	13652 Cantara St.	Panorama City	91402	(818)375-2000
Kaiser Permanente Woodland Hills Medical Center	5601 De Soto Ave.	Woodland Hills	91367	(818)719-2000
Loa Angeles County USC Medical Center	1200 N. State St.	Los Angeles	90033	(323)409-1000
Los Angeles Orthopedic Hospital	2400 S. Flower St.	Los Angeles	90007	(213)742-1000
Mission Community Hospital	14850 Roscoe Blvd.	Panorama City	91402	(818)787-2222
Motion Picture & Television Fund Foundation	23388 Mulholland Dr.	Woodland Hills	91364	(855)7606783 (818)876-1900
Northridge Hospital - Behavioral Health/Crisis Services	18300 Roscoe Blvd.	Northridge	91328	(818)885-5484

Pine Grove Behavioral Healthcare System	7011 Shoup Ave.	Canoga Park	91307	(818)348-0500
Providence Holy Cross Medical Center	15031 Rinaldi St.	Mission Hills	91345	(818)365-8051
Providence Tarzana Medical Center	18321 Clark St.	Tarzana	91356	(818)881-0800
Sherman Oaks Hospital and Burn Center	4929 Van Nuys Blvd.	Sherman Oaks	91403	(818)981-7111 (818)904-4580
UCLA Medical Center - Olive View Medical Center	14445 Olive View Dr.	Sylmar	91342	(818)364-1555
UCLA Resnick Neuropsychiatric Hospital	150 UCLA Medical Plaza	Los Angeles	90095	(310)825-9111
Valley Presbyterian Hospital	15107 Vanowen St.	Van Nuys	91405	(818)782-6600
West Hills Hospital And Medical Center	7300 Medical Center Dr.	West Hills	91307	(818)676-4000

### ***Hotlines***

<b>Agency</b>	<b>Telephone</b>
Assaults Against Women Bilingual Hotlines	(800)548-2722
Battered Women Crisis Hotline	(818)887-6589
Boys Town National Counseling Hotline	(800)448-3000
CA Office of Family Planning & Information	(800)942-1054
California HMO Center	(800)400-0815
California Missing Children Hotline	(800)222-3463
California Youth Crisis Line	(800)843-5200
Care First Health Plan	(800)544-0088
Chicana Service Action Center	(800)548-2722
Child Abuse/DCFS	(800)540-4000
Child Help USA	(800)422-4453
Community Health Plan (County of L.A.)	(800)475-5550
Crisis Center	(310)392-8381
Crisis Hotline for Runaways Teens	(310)379-3620
Department of Community Services and Development	(866)675-6623 or (800)433-4327
Elder Abuse Hotline	(800)992-1660
Families Anonymous	(800)736-9805
Family Planning Referral Hotline	(800)942-1054
Gay/Lesbian Youth Talk Line	(800)773-5540

Haven Halls Crisis Hotline	(818)887-6589
Health Care Options	(800)430-4263 (800)430-6006 (800) 430-4091 (800)430-3003 (800)430-8008
HealthyCity/Advancement Project	<a href="http://www.healthycity.org">www.healthycity.org</a>
Homework Hotline	(800)527-8839
Jenesse Center	(800)479-7328 or (323)299-9496
Job Opportunities Hotline Bilingual	(800)843-9675
Kaiser Permanente	(800)464-4000
L.A. Care Health Plan	(888)4LA-CARE
L.A. Gay & Lesbian Center Anti-Violence Hotline Legal Services Department	(800)373-2227 or (323)993-7673
Loved Ones of Homicide Victims	(310)629-2551
Medi-Cal Information	(800)541-5555
National Domestic Violence Hotline	(800)799-7233
National Runaway Switchboard	(800) RUN-AWAY or (800)621-4000
Overeaters Anonymous	(818)342-2222
Parent Hotline - Complaint Resource Unity/ Parent Resource Network	(800)933-8133
Parents, Family & Friends of Lesbians and Gays	(888)735-2488
Pesticide Advice National Center	(800)858-7378
Planned Parenthood Locator	(800)230-7526
Poison Control Center	(800)222-1222
Rader Treatment Program	(818)880-3755
Rape and Battering Hotline	(310)392-8381
Substance Abuse	(800)564-6600
Suicide Prevention Center (Didi Hirsch Mental Health Services)	(877)727-4747 or 310-391-1253
Teen Line	(310)855-HOPE /(800)852-8336
ToughLove- Parent Support Line	(954)349-7260
Trevor Help Line	(866)4U-TREVOR
Valley Trauma Center	(818)886-0453
Valley Trauma Center - Battered Persons/Domestic Violence	(818)772-9981
Victims of Crime Resource Center	(800)VIC-TIMS
We Tip Reporting Hotline	(800)782-7463

Weapons on Campus /LAUSD School Police	(213)-625-6631
Winter Shelters Hotline (LAHSA)	(800)548-6047
Youth Talk line/Shelter	(800)773-5540

### ***Housing***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Department of Public Social Services - Cal Works, West Valley	21415 Plummer St.	Chatsworth	91311	(818)718-5000 (818)718-5216
Department of Social Services	3307 N. Glenoaks Blvd.	Burbank	91504	(818)557-4103
Department of Water and Power (DWP)				(800)342-5397
Eviction Defense Center	1930 Wilshire Blvd., Ste. 208	Los Angeles	90057	(213)385-8112
Fair Housing Council	8134 Van Nuys Blvd., #206	Panorama City	91402	(818)373-1185
Habitat for Humanity San Fernando/Santa Clarita Valleys	21031 Ventura Blvd., #610	Woodlands Hills	91364	(818)884-8808
Housing Right Center	3255 Wilshire Blvd., Ste. 1150	Los Angeles	90010	(800)477-5977
Housing Urban Development (HUD)				(800)347-3739
Los Angeles County Department of Consumer Affairs				(213)974-1452
Los Angeles Housing Department				(866)557-7368
Los Angeles Housing Department (LAHD)	1200 West 7th St., Floor 1	Los Angeles	90017	(866)557-7368
San Fernando Valley Neighborhood Legal Services	13327 Van Nuys Blvd.	Pacoima	91331	(818)896-5211
United Cerebral Palsy of Los Angeles, Ventura and Santa Barbara Counties	6430 Independence Ave.	Woodland Hills	91367	(818)782-2211

### ***Legal Assistance***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Barrister - Los Angeles County Bar Association	1055 West Seventh St., Ste. 2700	Los Angeles	90017	(213)627-2727
Bet Tzedek Legal Services	3250 Wilshire Blvd., 3rd Floor	Los Angeles	90010	(323)939-0506
Los Angeles County Public Defender	900 3rd St. 2nd Floor	San Fernando	91340	(818)898-2440
Los Angeles County Public Defender	16350 Filbert St.	Sylmar	91342	(818)364-2133
Public Council Law Center	610 S. Ardmore Ave.	Los Angeles	90005	(213)385-2977

San Fernando Valley Bar Association	5567 Reseda Blvd.	Tarzana	91356	(818)227-0490
San Fernando Valley Neighborhood Legal Services	13327 Van Nuys	Pacoima	91331	(818)896-5211 or (800)433-6251
Van Nuys Self-Help Legal Access Center	6230 Sylmar Ave., Room A100 (Van Nuys Court House)	Van Nuys	91401	

### ***Mental Health and Counseling***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
31st District PTSA	17445 Cantlay St.	Van Nuys	91406	(818)344-3581
Asian Pacific Counseling and Treatment Center	15400 Sherman Way Ste., # 220	Van Nuys	91406	(818)267-1100
Because I Love You	18663 Ventura Blvd.	Tarzana	91356	(818)882-4881
Bridges - TruStart	6267 Variel Ave., Ste. B	Woodland Hills	91367	(818)657-0411
Cal Fam - California Family Counseling Center	5445 Balboa Blvd.	Encino	91316	(818)386-5600
Casa de Paz Housing Inc.	1459 E. Thousand Oaks Blvd., Ste. C	Thousand Oaks	91362	Phone unavailable
Center for Hope and Health	7334 Topanga Canyon. Blvd. #213	Canoga Park	91303	(818)708-8541 or (818)884-0910
Center for Psychological Services (Catholic Charities of LA)	7120 Hayvenhurst Ave. #200	Van Nuys	91406	(818)883-6015
Child and Family Center-Newhall 304 Office	23504 Lyons Ave. Ste. 304	Santa Clarita	91321	(661)286-2562
Child and Family Guidance Center	9650 Zelzah Ave.	Northridge	91325	(818)993-9311 (800)422-4453
Child and Family Guidance Center - Family Stress Center	16861 Parthenia St.	North Hills	91343	(818)830-0200
Child and Family Guidance Center -Van Nuys Office	6851 Lennox Ave. Ste. 100	Van Nuys	91405	(818)830-3270
Counseling Family Focus Resource Center	18111 Nordhoff St.	Northridge	91324	(818)677-5575
Counseling West	20700 Ventura Blvd., Ste. 210	Woodland Hills	91364	(818)990-9898 or (818)999-6164
CSUN Community Counseling and Resource Institute (Mitchell Family Counseling Clinic)	18111 Nordhoff St.	Northridge	91324	(818)677-2568
Down Syndrome Association of Los Angeles	16461 Sherman Way #180	Van Nuys	91406	(818)786-0001
El Centro de Amistad	566 S Brand Blvd.	San Fernando	91340	(818)898-0223

El Centro de Amistad	6800 Owensmouth Ste. 310	Canoga Park	91401	(818)347-8565
El Nido Family Centers - Administrative Office	10200 Sepulveda Blvd., Ste. 350	Mission Hills	91345	(818)830-3646
El Proyecto del Barrio/Family Health Care Clinic	20800 Sherman Way	Canoga Park	91304	(818)883-2273
Family Focus Resource Center -Antelope Valley	1028 W. Ave. L-12, Ste. 107	Lancaster	93534	(661)945-9598
Family Phases Counseling	21243 Ventura Blvd., Ste. 121	Woodland Hills	91364	(818)883-9962
Family Stress Center	16861 Parthenia St.	North Hills	91406	(818)830-0200
Friends of the Family	15350 Sherman Way #140	Van Nuys	91406	(818)988-4430
Hillview Mental Health Center Inc.	12450 Van Nuys Blvd.	Pacoima	91331	(818)896-1161
Imagination Connection	9667 Natick Ave.	North Hills	91343	(818)522-7904
Jewish Family Service of the San Fernando Valley	22622 Vanowen St.	West Hills	91307	(818)464-3333
LAC DMH - West Valley Mental Health Center	7621 Canoga Ave.	Canoga Park	91304	(818)610-6700
LAUSD Mental Health	6651 Balboa Blvd.	Van Nuys	91406	(818)997-2640
Mitchell Family Counseling Clinic	18111 Nordhoff St.	Northridge	91324	(818)677-2568
NAMI -San Fernando Valley	14545 Sherman Cir.	Van Nuys	91405	(818)994-6747
New Directions for Youth, Inc.	7315 N Lankershim Blvd.	North Hollywood	91605	(818)503-6330
New Horizons Housing and Independent Living	15725 Parthenia St.	North Hills	91343	(818)894-9301
North Los Angeles County Regional Center	15400 Sherman Way. #170	Van Nuys	91406	(818)778-1900
Our House	21860 Burbank Blvd. Ste. #195	Woodland Hills	91367	(818)222-3344
Personal Growth Institute Inc.	5536 Tampa Ave.	Tarzana	91356	(818)609-9989
Phillips Graduate Institute/ CalFam Counseling Center	18757 Burbank Blvd.	Tarzana	91356	(818)654-1700
San Fernando Valley Child Guidance Clinic	9650 Zelzah Ave.	Northridge	91325	(818)993-9311
San Fernando Valley Community Mental Health Center - Center for Family Living	14545 Sherman Cir.	Van Nuys	91405	(818)901-4854
San Fernando Valley Counseling Center	8350 Reseda Blvd	Northridge	91324	(818)341-1111
Suicide Unit, Los Angeles Unified School District /Valley School Mental Health Clinic	6651 Balboa Blvd.	Van Nuys	91406	(818)705-7326 818-997-2640
Tarzana Treatment Centers	18646 Oxnard St.	Tarzana	91356	(818)996-1051
The Help Group	15339 Saticoy St	Van Nuys	91405	(818)267-2747
Valley Community Clinic	6801 Coldwater Canyon Ave., Ste. 1B	North Hollywood	91605	(818)763-8836



Valley Community Treatment Center	22110 Roscoe Blvd., Ste. 204	Canoga Park	91304	(818)713-8700
Valley Coordinated Children's Services	19231 Victory Blvd., #110	Reseda	91335	(818)708-4500
Valley Counseling	17547 Ventura Blvd., #310	Encino	91316	(818)995-0368
Valley Family Center	302 S Brand Blvd.	San Fernando	91340	(818)365-8588
Valley Trauma Counseling Center	7116 Sophia Ave.	Van Nuys	91406	(818)756-5330
Valley Women's Center	14430 Sherman Way	Van Nuys	91405	(818)785-9119
Veterans Administration Greater L.A Healthcare System - Sepulveda Ambulatory Care Center	16111 Plummer St.	North Hills	91343	(818)891-7711
West Valley Mental Health Center	7621 Canoga Ave.	Canoga Park	91304	(818)598-6900
Yes ICAN (International Child Abuse Network)	7657 Winnetka Ave., #155	Canoga Park	91306	(888)224-4226

### ***Parenting Education Resources***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
31st District PTSA - Parent - Teacher- Student Association	17445 Cantlay St.	Van Nuys	91406	(818)344-3581
El Centro de Amistad	6800 Owensmouth Ave.	Canoga Park	91303	(818)347-8565
Friends of the Family/Young Moms	15350 Sherman Way, #140	Van Nuys	91406	(818)988-4430
LAUSD - Division of Adult and Career Education	6200 Winnetka	Woodland Hills	91364	(818)346-3540
LAUSD - Division of Adult and Career Education	333 S Beaudry Ave.	Los Angeles	90017	(213)62-LEARN

### ***Pregnant and Parenting Teens***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
EL Nido Family Center	13460 Van Nuys	Pacoima	91331	(818)896-7776
El Nido Family Centers	10200 Sepulveda Blvd. #350	Mission Hills	91345	(818)830-3646
Friends of the Family	15350 Sherman Way #140	Van Nuys	91406	(818)988-4430
LA Best Babies Network	1401 South Grand Ave., PHR Bldg., 3rd Floor	Los Angeles	90015	(213)250-7273
Los Angeles Unified School District	333 S. Beaudry Ave.	Los Angeles	90017	(213)241-1000
McAllister High School (located at Lokrantz Special Education Center)	7325 Calvin	Reseda	91335	(818)886-2573

McAllister High School (located at San Fernando High School)	11011 O'Melveny	San Fernando	91340	(818)365-0731
Mission City Community Clinic, Inc.	4842 Hollywood Blvd.	Los Angeles	90027	(323)644-1110
Pediatric Health & WIC Center	7138 Van Nuys Blvd.	Van Nuys	91405	(818)778-6240
Planned Parenthood Los Angeles Canoga Park Health Center	21001 Sherman Way, Ste. 9	Canoga Park	91303	(800)576-5544
Pregnancy Counseling Center	10211 Sepulveda Blvd.	Mission Hills	91345	(818)895-2500
Project SAFE - The Help Group	6455 Coldwater Canyon Blvd.	Valley Glen	91606	(818)623-6383 or (818)623-6382
Valley Community Clinic	6801 Coldwater Cyn.	North Hollywood	91605	(818)763-8836

### ***Prenatal Education and Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Samuel Dixon Family Health Center- Newhall	23772 Newhall Ave.	Newhall	91321	(661)291-1777

### ***Senior Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Alicia Broadous Duncan M/P Senior Center	11300 Glenoaks Blvd.	Pacoima	91331	(818)834-6100
Ararat Nursing Home	15099 Mission Hills Rd.	Mission Hills	91345	(818)837-1800
Arthritis Foundation	800 W. 6th St., Ste. 1250	Los Angeles	90017	(800)954-2873 or (323)954-5750
Canoga Park Senior Center	7326 Jordan Ave.	Canoga Park	91303	(818)340-2633
El Project del Barrio	9140 Van Nuys Blvd.	Panorama City	91402	(818)895-0824
El Proyecto del Barrio/Family Health Care Clinic	20800 Sherman Way	Canoga Park	91304	(818)883-2273
Guadalupe Center	6933 Remmet Ave.	Canoga Park	91303	(818)340-2050
JFS/ Valley Storefront Senior Center	12821 Victory Blvd.	North Hollywood	91606	(818)984-1380
Joyce Eisenberg Keefer Medical Center	7150 Tampa Ave.	Reseda	91335	(818)774-3000
Meet Each Need With Dignity (MEND)	10641 N. San Fernando Rd.	Pacoima	91331	(818)686-7300
NEVHC - Pacoima Health Center and WIC Site	12756 Van Nuys Blvd.	Pacoima	91331	(818)270-9777
Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
ONEgeneration	17400 Victory Blvd.	Van Nuys	91406	(818)705-2345

ONEgeneration – Senior Enrichment Center	18255 Victory Blvd.	Reseda	91335	(818)705-2345
Partners in Care Foundation	732 Mott St., Ste. 150	San Fernando	91340	(818)837-3775
Providence Senior Outreach Programs	501 S. Buena Vista St.	Burbank	91505	(818)843-5111
Santa Clarita Valley Senior Center	22900 Market St.	Santa Clarita	91321	(661)259-9444
Sherman Oaks/East Valley Adult Center	5060 Van Nuys Blvd.	Sherman Oaks	91403	(818)981-1284
Sherman Oaks - SAGE Program	4929 Van Nuys Blvd.	Sherman Oaks	91403	(818)981-7111
The Adult Skill Center	17400 Vanowen St.	Van Nuys	91406	(818)996-3761
Valley Interfaith Council	4505 Las Virgenes Rd. #211	Calabasas	91302	(818)880-4842
Valley Interfaith Council	10824 Topanga Cyn. Blvd., #7	Chatsworth	91311	(818)718-6460
Valley Village	20830 Sherman Way	Winnetka	91306	(818)587-9450

### ***Sexual Transmitted Diseases Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
LAC DHS - Mid Valley Comprehensive Health Center	7515 Van Nuys Blvd.	Van Nuys	91405	(818)947-4000
LAC DPH - North Hollywood Public Health Center	5300 Tujunga Ave.	North Hollywood	91601	(818)487-0063
Mission City Community Network - Northridge	8363 Reseda Blvd. Ste. 11	Northridge	91324	(818)998-3579
NEVHC – LAC Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
Planned Parenthood Los Angeles - Van Nuys Health Center	7100 Van Nuys Blvd. Ste. 108	Van Nuys	91405	(800)576-5544
Planned Parenthood Los Angeles Canoga Park Health Center	21001 Sherman Way, Ste. 9	Canoga Park	91303	(800)576-5544
Valley Community Clinic	6801 Coldwater Canyon Ave. Ste. 1B	North Hollywood	91605	(818)763-1718

### ***Weight and Nutrition***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
NEVHC -Newhall WIC Site	23630 Newhall Ave.	Newhall	91321	(818)361-7541
Santa Clarita Valley Senior Center	22900 Market St.	Santa Clarita	91321	(661)259-9444

### ***Youth Development***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
31st District PTSA	17445 Cantlay St.	Van Nuys	91406	(818)344-3581
BookEnds	6520 Platt Ave. #331	West Hills	91307	(818)716-1198
Boy Scouts of America - Western L.A.County Council	16525 Sherman Way Ste. C-8	Van Nuys	91406	(818)785-8700
Boys & Girls Club of Conejo and Las Virgenes	5137 Clareton Dr. #210	Agoura Hills	91301	(818)706-0905
Boys & Girls Club of the West Valley	7245 Remmet Ave.	Canoga Park	91303	(818)610-1054
Child Care Resource Center (CCRC)	20001 Prairie St.	Chatsworth	91311	(818)717-1000
Child Development Institute	6340 Variel Ave. Ste. A	Woodland Hills	91367	(818)888-4559
Gymnastics Olympica USA Inc.	7735 Haskell Ave.	Van Nuys	91406	(818)785-1537
LAPD Devonshire PALS	8721 Wilbur Ave.	Northridge	91324	(818)885-6432
Stone Soup- Child Care Programs	15910 Ventura Blvd. #1702	Encino	91436	(818)905-1441
Students Run LA	5252 Crebs Ave.	Tarzana	91356	(818)654-3360
West Valley Soccer League/Real So. Cal	P.O. Box 8842	Calabasas	91302	(818)999-9875
YMCA - North Valley	11336 Corbin Ave.	Northridge	91326	(818)368-3231

### ***Parks and Recreations***

<b>Park</b>	<b>Street</b>	<b>City</b>	<b>Zip Code</b>
Aliso Canyon Park	18041 Rinaldi St.	Northridge	91326
Alizondo Drive Park	Mulholland and Alizondo	Woodland Hills	91364
Balboa Park	6300 Balboa Blvd	Van Nuys	91406
Bell Canyon Park	24501 Highlander Rd.	Canoga Park	91307
Blythe Street Park	14740 Blythe St.	Panorama City	91402
Brand Park (A.K.A Mission Park)	15174 San Fernando Mission Rd.	Mission Hills	91345
Branford Park	13310 Branford St.	Pacoima	91331
Browns Creek Park	Browns Canyon Rd.	Chatsworth	91311
Carey Ranch	Laurel Canyon Blvd. & Aztec St.	Mission Hills	91342
Chase Park	22525 Chase St.	Canoga Park	91304
Chatsworth Oaks Park	9301 Valley Circle Blvd.	Chatsworth	91311
Chatsworth Park North	22300 Chatsworth St.	Chatsworth	91311
Cohasset-Melba Park	7449 Melba Ave.	West Hills	91307

Dearborn Park	17141 Nordhoff St.	Northridge	91325
Delano Park	15100 Erwin St.	Van Nuys	91411
Devonshire/Arleta Park	14215 West Devonshire St.	Pacoima	91331
Devonwood Park	10230 Woodman Ave.	Panorama City	91402
Eddleston Park	11820 Reseda Blvd.	Reseda	91335
Encino Park	16953 Ventura Blvd.	Encino	91316
Fehlhaber-Houk Park	9521 Tujunga Canyon Blvd.	Tujunga	91042
Finn (Howard) Park	7747 Foothill Blvd.	Sunland	91042
Four Oaks Park	Melba Ave. & Cohasset St.	West Hills	91307
Haines Canyon Park	South Terminus Canyon Avenue (Foothill-Haines Canyon)	Tujunga	91402
Hartland Mini Park	Hartland & Woodman	Van Nuys	91605
Jessie Owens Mini Park	7100 White Oak	Reseda	91335
Jessup (Roger) Park	12467 West Osborne	Pacoima	91331
Kagel Canyon Park	11435 Kagel Canyon St.	Sylmar	91342
Kittridge Mini-Park	Kittridge & Greenbush	Van Nuys	91401
Knapp Ranch Park	25000 Kittridge	West Hills	91307
Libbit Park	5101 Libbit Ave.	Encino	91436
Limekiln Park	10300 Limekiln Canyon Rd.	Northridge	91326
Louise Park	7140 Louise Ave.	Van Nuys	91406
Mae Boyer Park	23936 Highlander Rd.	Canoga Park	91307
Mason Park	10500 Mason Ave.	Chatsworth	91311
Moonshine Canyon Park	West of Tampa Ave. and South of Sesnon	Northridge	91326
Moorpark Park	12061 Moorpark St.	Studio City	91604
North Hills Community Park	8756 Parthenia Place	North Hills	91343
O'Melveny Park	17300 Sesnon Blvd.	Granada Hills	91344
Panorama Park	8600 Hazeltine Ave.	Panorama City	91402
Parthenia Park	21444 Parthenia St.	Canoga Park	91304
Paxton Park	10731 Laurel Canyon Blvd.	Pacoima	91331
Porter Ridge Park	Reseda Blvd & Sesnon Blvd.	Northridge	91326
Quimby (John) Park	7008 Desoto Ave.	Canoga Park	91303

Reseda Parks	18411 Victory Blvd.	Reseda	91335
Ritchie Valens Park	10731 Laurel Canyon Blvd.	Pacoima	91331
Roscoe/Valley Circle Park	Valley Circle Roscoe Blvd.	Los Angeles	91307
Runnymede Park	20200 Runnymede St.	Winnetka	91306
Sepulveda Basin Dog Park	17550 Victory Blvd	Encino	91316
Sepulveda Park West	8756 Parthenia Pla.	North Hills	91343
Sepulveda Recreation Center	8801 Kester Ave.	Panorama City	91402
Serrania Avenue Park	20864 Wells Dr.	Woodland Hills	91364
Shadow Ranch Park	22633 Vanowen St.	West Hills	91307
Slavin (Jaime Beth) Park	12500 Strathern St.	North Hollywood	91605
Stetson Ranch Park	13877 Glenoaks Blvd.	Sylmar	91342
Stoney Point Park	Topanga Cyn Blvd and Chatsworth St. & 118 Fwy	Chatsworth	91311
Strathern Park North	Strathern and Whitsett	Sun Valley	91605
Strathern Park West	12541 Saticoy St.	Sun Valley	91605
Studio City Mini Park	12505 Moorpark St. at Whitsett Ave.	Studio City	91604
Sun Valley Park	8133 Vineland Ave.	Sun Valley	91352
Sylmar Park	13109 Borden Ave.	Sylmar	91342
Taxco Trails Park	23367 Ingomar St.	West Hills	91304
Valley Circle/Hillhurst Drive Park	24220 1/2 Clarington	Los Angeles	91304
Valley Glen Community Park	Erwin St. & Ethel Ave.	Van Nuys	91436
Valley Plaza Park	12240 Archwood St.	North Hollywood	91606
Valley Village Park	200 Westpark Dr.	North Hollywood	91601
Van Nuys/Sherman Oaks Recreation Center	14201 Huston St.	Sherman Oaks	91423
Vanalden Park	8956 Vanalden	Northridge	91324
Viking Park	Viking and Nau	Northridge	91326
Warner Center Park	21820 Califa Ave. (5800 Topanga Cyn Blvd.)	Woodland Hills	91367
West Valley Park	6731 Wilbur Ave.	Reseda	91335
Whitsett Fields Park	12240 Archwood St.	North Hollywood	91605
Woodbridge Park	11240 Moorpark St.	Studio City	91602
Woodley Park	6350 Woodley Ave.	Van Nuys	91436
Zelzah Park	11690 Zelzah Ave.	Granada Hills	91344

## APPENDIX D

### Primary Data Collection Instruments

#### ***Key Informant Interview Questions***

Thank you for agreeing to be a Key Informant. KeyGroup is conducting multiple needs assessments so the information you share will be part of a larger SPA 2 Community Health Needs Assessment Report as well as part of some specific hospital reports if your services are provided within their hospital service areas.

1. What are the most significant health problems in the community you serve? What ages and ethnic groups are affected by the issue?
2. What are the most significant educational/environmental & socio-economic factors affecting the community? What ages and ethnic groups are impacted?
3. What are the riskiest behaviors affecting the community? What age groups most impacted?
4. What other problems or concerns affect the health of your clients/patients/people you serve? What age and ethnic group is most impacted?
5. What are the common concerns/issues you and/or your staff hear from your patients/clients?
6. If you could prioritize the issues in your community, what are the top 5 issues? Please rank the issues 1 being the most important and 5 being the least important.
7. You have shared a list of concerns, what are some of the community resources/assets that you are aware of that could help address the issues identified as a health need?
8. What are some of the barriers to accessing care?
9. What solutions would you like to share to address the identified community needs?
10. Thank you for participating as a key informant. Do you have any final health needs and or solutions you would like to offer?

## Appendix D 1: Focus Group Questionnaire

### *Focus Group Questions*

#### **Problems and concerns**

1. What are the most significant health problems in the community? What ages and ethnicities are most affected by the issue?
2. What is the most significant educational/environmental/socio-economic factors affecting the community? Who is most impacted?
3. What are the riskiest health behaviors affecting the community? What age and ethnicity is most impacted?
4. What other problems or concerns are affecting the community?

#### **Resources and Barriers**

1. Reviewing the list of problems you mentioned, what are some the existing community resources to support the community to address the issues?
2. What are some of the barriers to accessing these resources?

#### **Solutions**

1. Suggest some possible solutions to the issues

#### **Prioritization**

1. Again reviewing the list, what are some of your suggestions for prioritization of the concerns/solutions listed?
2. Suggest methods for prioritization of issues?
3. What can be realistically accomplished?
4. Please prioritize the top 10 issues and concerns that you think need immediate attention.



## Appendix D 2: Community Survey Questionnaire (English version)



September, 2019

Sherman Oaks Hospital has engaged KEYGROUP to gather information about day-to-day living habits that may affect your health and some questions about the care that is provided in the community you live. Your participation is voluntary. The survey will only take about 15-20 minutes and your answers will be kept strictly confidential.

This information will be very important to determine which services are provided and assess the health needs of your community. We are grateful for your time and co-operation.

If you have any questions, please contact **Tricia Ercoli** at (818) 995-5000.

Thank You.

#### GENERAL INFORMATION

1. What zip code do you live in?

2. How long have you lived in the community?

- ☐ Less than one year
- ☐ 1 to 5 years
- ☐ 6 to 10 years
- ☐ 11 to 20 years
- ☐ More than 20 years

3. Do you own or rent your residence?

- ☐ Own
- ☐ Rent
- ☐ Other (please specify)

4. What is your age bracket?

- ☐ Under 18
- ☐ 18 – 24
- ☐ 25 – 34
- ☐ 35 – 44
- ☐ 45 – 54
- ☐ 55 – 64
- ☐ Over 65

5. How would you describe yourself? (Choose one or more from the following racial groups)

- ☐ American Indian or Alaska Native
- ☐ Asian
- ☐ Black or African American
- ☐ Hispanic or Latino
- ☐ Native Hawaiian or Other Pacific Islander
- ☐ White (non-Hispanic)

1. Are you female or male?

- ☐ Male
- ☐ Female

2. Are you currently employed?

- ☐ Yes
- ☐ No
- ☐ Full-time Student
- ☐ Other (please specify)

3. What are your income and your total household income?

*Your income*

- ☐ Under \$10,000
- ☐ \$10,000 to \$24,999
- ☐ \$25,000 to \$49,999
- ☐ \$50,000 to \$74,999
- ☐ \$75,000 to \$99,999
- ☐ \$100,000 to \$199,999
- ☐ \$200,000 to \$249,999
- ☐ Over \$250,000

*Total household*

- ☐ Under \$10,000
- ☐ \$10,000 to \$24,999
- ☐ \$25,000 to \$49,999
- ☐ \$50,000 to \$74,999
- ☐ \$75,000 to \$99,999
- ☐ \$100,000 to \$199,999
- ☐ \$200,000 to \$249,999
- ☐ Over \$250,000

4. Do you currently have health insurance?

- ☐ Yes
- ☐ No (Skip to Question 11)

5. Who pays for your health insurance (Check all that apply)?

- ☐ Current employer (HMO, PPO)
- ☐ Former employer (COBRA)
- ☐ State government (Medi-Cal)
- ☐ National government (Medicare, Medicaid)
- ☐ Local government
- ☐ Self funded
- ☐ Other (please specify)

6. Why do you currently not have health insurance (Check all that apply)?

- ☐ Cannot afford insurance
- ☐ Lost employment
- ☐ Insurance company refused coverage for health reasons
- ☐ Employer does not pay for insurance
- ☐ Not eligible for employer-paid insurance
- ☐ Do not believe in insurance
- ☐ Do not need insurance
- ☐ Dissatisfied with previous insurance plan or provider
- ☐ Other (please specify)

## HEALTH HABITS

7. In the past 12 months, have you had a (fill in all that apply):

*General Health Exam*

- ☐ Yes
- ☐ No
- ☐ Do not know

*Blood Pressure Check*

- ☐ Yes
- ☐ No
- ☐ Do not know

*Cholesterol Check*

- ☐ Yes
- ☐ No
- ☐ Do not know

*Flu Shot*

- ☐ Yes
- ☐ No
- ☐ Do not know

*Blood Stool Test*

- ☐ Yes
- ☐ No
- ☐ Do not know

*Dental Exam/Teeth Cleaned*

- ☐ Yes
- ☐ No
- ☐ Do not know

*IF FEMALE: Pap Test*

- ☐ Yes
- ☐ No
- ☐ Do not know

*IF FEMALE: Breast Exam by a Health Care Provider*

- ☐ Yes
- ☐ No
- ☐ Do not know

*IF FEMALE: Breast X-Ray or Mammogram*

- ☐ Yes
- ☐ No
- ☐ Do not know

8. In the past 5 years, have you had a (fill in all that apply):

*Hearing Test*

- ☐ Yes
- ☐ No
- ☐ Do not know

*Eye Exam*

- ☐ Yes
- ☐ No
- ☐ Do not know

*Diabetes Check*

- ☐ Yes
- ☐ No
- ☐ Do not know

*Skin Cancer Screen*

- ☐ Yes
- ☐ No
- ☐ Do not know

*Pneumonia Shot*

- ☐ Yes
- ☐ No
- ☐ Do not know

*IF AGE 40 or OLDER: Rectal Exam*

- ☐ Yes
- ☐ No
- ☐ Do not know

*IF AGE 50 or OLDER: A Colonoscopy*

- ☐ Yes
- ☐ No
- ☐ Do not know

*IF MALE and AGE 40 or OLDER: A Prostate Cancer Screen/PSA*

- ☐ Yes
- ☐ No
- ☐ Do not know

9. In the past 12 months, have you had problems getting needed health care?

- ☐ Yes
- ☐ No

10. If yes, please provide the reason(s) for the difficulty in getting healthcare.

- ☐ Lack of insurance
- ☐ Health care provider would not accept your insurance
- ☐ Insurance would not approve<sup>1</sup> pay for care
- ☐ Cannot afford co-pay
- ☐ Lack of transportation
- ☐ Language barriers
- ☐ Travel distance to provider too great
- ☐ Cannot understand my doctor

11. How many times a week do you exercise?

- ☐ 0
- ☐ 1-2
- ☐ 2-4
- ☐ 4-7

12. For about how long do you exercise?

- ☐ Less than 30 minutes
- ☐ 30 minutes
- ☐ 1 hour
- ☐ Over 1 hour

13. How many days per week do you eat at least 5 servings of fruits and/or vegetables?

- ☐ 0 days a week
- ☐ 1-2 days a week
- ☐ 3-4 days a week
- ☐ Over 5 days a week

14. Are you on any medications?

- ☐ Yes
- ☐ No

15. If Yes, how many?

- ☐ Just one
- ☐ 1 to 2
- ☐ 2 to 4
- ☐ Over 5



16. How would you describe your weight?

- ☐ Very underweight
- ☐ Slightly underweight
- ☐ About right
- ☐ Slightly overweight
- ☐ Very Overweight

17. Which of the following are you trying to do about your weight?

- ☐ Lose weight
- ☐ Gain weight
- ☐ Stay the same weight
- ☐ I am not trying to do anything about my weight

18. During the past 30 days, did you (Check all that apply):

- ☐ Diet to lose weight or to keep from gaining weight
- ☐ Exercise to lose weight or to keep from gaining weight
- ☐ Vomit, or take laxatives to lose weight or to keep from gaining weight
- ☐ Take diet pills to lose weight or to keep from gaining weight

### **COMMUNITY INFORMATION**

19. How could you rate our community's overall health status?

- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

20. How would you rate your own health status?

- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

21. How would you rate our community's overall quality of life?

- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

22. How would you rate your own quality of life?

- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

23. What do you see as the greatest health problems in our community?

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24. Which four diseases/conditions do you believe are the most common in our community?

- ☐ Cancer-general
- ☐ Breast Cancer
- ☐ Respiratory diseases-adults
- ☐ Asthma-children
- ☐ Diabetes
- ☐ Heart disease
- ☐ High Blood Pressure
- ☐ Poor Nutrition
- ☐ Lack of physical activity
- ☐ Obesity
- ☐ Smoking
- ☐ Stroke
- ☐ Substance abuse- alcohol
- ☐ Substance abuse-drugs
- ☐ Mental Health Disorders
- ☐ Dental Problems
- ☐ Immunizations- children
- ☐ Immunizations- adults
- ☐ Other (please specify)

25. Which three behavioral risk factors are the most common in our community?

- ☐ Access to affordable health care
- ☐ Access to physicians
- ☐ Inadequate transportation
- ☐ Lack of grocery stores
- ☐ Access to fresh, healthy food
- ☐ Wearing seatbelts
- ☐ Lack of safe places for physical activity
- ☐ High number of uninsured people
- ☐ Poverty
- ☐ Unemployment
- ☐ Illiteracy

☐ Other (please specify)

26. Who in our community does a good job of promoting health?

27. Who in our community does not promote good health?

28. How well does Sherman Oaks Hospital promote good health?

- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor
- ☐ Very Poor

29. What could Sherman Oaks Hospital do better to promote good health?

30. If you were in charge of improving health in our community, what would you do first?

31. What is the most pressing health care related need for you, your family or our community?

## References

- Alzheimer's Association, 2019
- American Cancer Society, Cancer Facts and Figures, 2018
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